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RESEARCH ARTICLE

PHYTOCHEMICAL, ANTIFUNGAL AND ANTIOXIDANT PROPERTIES OF LEAF EXTRACTS OF THULASIVETILA AN INDIGENOUS CULTIVAR OF *PIPER BETLE* L. IN KERALA.

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Abstract

In the present study, a fine systematic investigation of antioxidant potential of Thulasivettilla cultivar of *Piper betle* L. in Kerala region has been carried out. The results clearly showed chloroform and methanol leaf extracts of this cultivar recorded significant antifungal activity. Phytochemical analysis revealed that phenols, flavonoids, alkaloids, tannins, terpenoids, glycosides are present in Hexane, Chloroform, and Methanol extracts. The antioxidant property of Hexane, Chloroform, and Methanol extracts of Thulasivettilla were evaluated by Diphenyl picrylhydrazyl (DPPH) assay. The extracts of the plant at concentrations of 12.5, 25, 50, 100, and 200 µg/mL were studied. The Chloroform extract clearly indicate the antioxidant activity of the plant compared with other extracts. The IC₅₀ values were calculated and compared with standard ascorbic acid. The results indicated that the chloroform extract exhibited good scavenging capacity.

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Introduction:-

The Betel (*Piper betle* L.) is the leaf of a vine belonging to the Piperaceae family. It is a dioecious creeper mainly cultivated in hotter and damper parts of India, Srilanka, Myanmar, Thailand, and Vietnam. More than 100 local cultivars of betel vine are being cultivated in India and are often named after the locality or village where they are grown. The vine is raised by vegetative propagation from the cuttings. Leaves possess activity like carminative, antibiotic, aphrodisiac, expectorant. (Agarwal *et al.* 2012) The main Ayurvedic preparations of *Piper betle* plant are Lokantha Rasa, Puspadhava Rasa, Brhat sarwajwarahara, lanha, laghubhutaseknara Rasa. In Ayurveda, betel leaf juice is commonly consumed as an adjuvant and combined with different other medicines. In Susrta Samhita, tambool leaves have been described as aromatic, sharp, hot, acrid and valuable for voice, laxative, appetizer (Kumar, 1999). In Kerala the most prevalent cultivars are *Thulasivettilla*, *Venmony*, *Arikodi*, *Kalkodi*, *Karilanchi*, *Thirur*, *Amaravila*, *Cheelanthikarpuram*, *Pramuttan*. Many of these are land races specific to different regions of Kerala rather than district varieties. *P. betle* is cultivated in all districts of Kerala except Idukki, with total area of 349 ha, out of this 183 ha is in Malappuram (FIB, 2014). 'Thulasivettilla' is not usually cultivated for commercial purposes as its chewing quality is poor because of its very stringent taste. However, these Thulasivettilla has been traditionally used for medicinal purposes and religious and is grown as a household plant.

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Materials and Methods:-

Plant materials:-

The plant leaves were collected from Thiruvananthapuram district, Kerala. Healthy and well grown young greenish leaves were collected in sterile polythene bags and transported to the laboratory. The leaves were washed alternatively with tap water, distilled water and shade dried at room temperature.

Preparation of plant extracts:-

Dried leaves were homogenized into a fine powder by using mixer-grinder. Three different solvents viz., Hexane, Chloroform, and Methanol were used as solvents to extract the bioactive compounds from the sample. About 50 gram of powdered samples were filled in the thimble and extracted exhaustively in a Soxhlet apparatus with 250ml of respective solvent separately and extracted for about 8 hours. The extraction was continued until the extractive become colourless. Finally all the successive were evaporated in rotary vacuum evaporator at 40°C. The crude extract thus obtained were transferred into glass vials and stored at 4°C until it is required.

Phytochemical analysis:-

The leaf extracts of '*Thulasivettala*' was screened for the presence of various bioactive compounds such as alkaloids, phenols, flavanoids, tannin and glycosides by using standard methods (Harborne, 1998).

Alkaloids (Dragendorff's method):-

The extract was warmed with 10 ml of 2% sulphuric acid for 2 minutes. A known quantity of sample was treated with a few drops of Dragendorff's reagent. (Glacial acetic acid in a solution of bismuth nitrate and potassium iodide) orange –brown precipitate indicates the presence of alkaloids.

Phenols (Lead acetate test):-

Alcoholic extract was diluted to 5 ml with distilled water and to this few drops of 1% aqueous solution of lead acetate was added. A yellow precipitate was formed, which indicates the presence of Phenols.

Flavanoids (Shinoda test):-

The extract was dissolved in methanol and a few pinch of magnesium turnings followed by the addition of concentrated hydrochloric acid drop. Presence of pink colour indicates the presence of flavonoids.

Tannins (Ferric Chloride test)

To 1-2 ml of aqueous extract, few drops of 5% aqueous FeCl₃ solution were added. A bluish –black colour, which disappears in addition of a few ml of H₂SO₄, there is formation of the yellowish brown precipitate confirmed the presence of tannins.

Terpenoids (Liebermann-Burchard method):-

A little of the extract was dissolved in dry chloroform and added three drops of acetic anhydride followed by the addition of two to three drops of concentrated sulphuric acid. The appearance of green colour indicates the presence of terpenoids.

Glycosides (Keller-Killani test):-

The extracts was dissolved in distilled water and added with 2 ml of glacial acetic acid containing one drop of ferric chloride solution followed by 1 ml of concentrated sulphuric acid along the side of the test tube. The brown ring at the interface represents glycosides.

Antifungal studies:-

The antifungal activity was determined by Agar well diffusion method. Potato Dextrose agar plates were prepared and overnight grown species of fungus, *Aspergillus niger* and *Candida albicans* was swabbed. Wells of approximately 10mm was bored using a well cutter and samples of different concentration was added; the zone of inhibition was measured after overnight incubation and compared with that of standard is Clotrimazole (Murray et.al. 1995)

Antioxidant assay:-**DPPH assay:-**

DPPH free radical scavenging assay was measured using the method of (Blois,1958/0..Different volumes (12.5-200µg/ml) of plant extracts were made up to 40 µl with DMSO and 2.96 ml DPPH (0.1mM) solution was added. The reaction mixture incubated in dark condition at room temperature for 20 minutes. After 20 minutes, the absorbance of the mixture was read at 517nm. 3ml of DPPH was taken as control. Ascorbic acid (10mg/ml DMSO) was used as a standard.

Results and Discussion:-

Phytochemical composition is a significant factor in determining the antioxidant potential of a plant. Production of free radicals and other reactive species in cells and body tissues has been linked to ageing and several diseases in human being (Rashid H A 2010). Phytochemical studies were conducted to estimate the phytochemical composition of the plant material and antioxidant, antifungal potential also studied.

The results of phytochemical analysis on the three different leaf extracts of the plant revealed the presence of constituents such as alkaloids, phenols, flavonoids, tannins, terpinodes and glycosides(Table.1).The results obtained confirm the earlier reports of some of the phytochemical constituents found in the leaf extract of *Piper betle* L. (Sita kumara *et.al* 2014).

Table 1:- Phytochemical screening of different extracts of “Thulasivettala” cultivar of *Piper betle*.L

Phytochemical Constituents	Hexane Extract	Cloroform Extract	Methanol Extract
Alkaloids	+	+	+
Phenols	+	+	+
Flavanoids	+	+	+
Tannins	+	+	+
Terpenoids	+	+	+

+ =Presence of phytoconstituents, - =Absence of phytoconstituent.

Many plants produce antimicrobial compounds mainly as a defense mechanism against stresses, pathogen attack,etc Taiz and Zeiger,(1991).The activity of the hexane,Chloroform,Methanol leaf extracts of *Piper betle* against *Aspergillus niger* and *Candida albicans* is depicted in Table 2 . The chloroform leaf extract showed a significant activity against *Aspergillus niger* the plant system itself.

Fig 1:- shows the antifungal activity of the hexanae, chloroform and methanolic extract of *P.betle cv thulasi* against *Aspergillus niger* and *Candida albicans*. The activity of the extract against the microorganisms is visible as clear zone of inhibition that can be measured in millimeter. The chloroform extract showed maximum zone of inhibition at 100µg in 23mm against *Aspergillus niger* and 16mm in 100 µg against *Candida albicans* while the methanolic leaf extract showed activity against *Aspergillus niger* 21mm at 100µg and 15mm at 100µg against *Candida albicans*. In Hexane extract showed maximum zone of inhibition at 100µg in 19mm against *Aspergillus niger* and 14mm in 100 µg against *Candida albicans*.

Table 2:- Antifungal activity of different extracts of Betel Vine (*Piper betle* L.) cultivar ‘Thulasivettala’

Fungal strains	Standard: Clotrimazole	Zone of inhibition(mm)								
		Hexane			Chloroform			Methanol		
		25µg	50 µg	100 µg	25µg	50 µg	100 µg	25µg	50 µg	100 µg
<i>Aspergillus niger</i>	25 mm	12	16	19	16	19	23	15	17	21
<i>Candida albicans</i>	20 mm	-	12	14	10	12	16	11	13	15

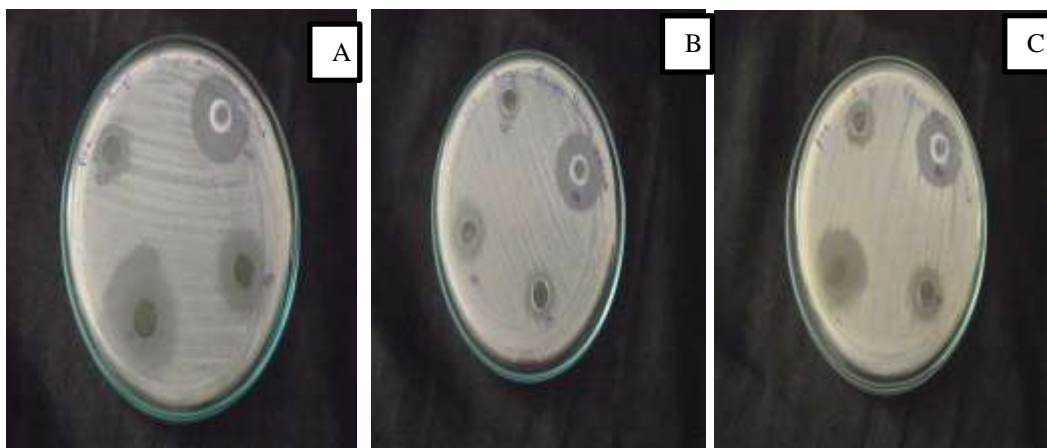


Fig. 1:- Antifungal activity of different extracts of *Piper betle* L.cv “Thulasivettila” against *Aspergillus niger*. a) Hexane extract b) Chloroform extract c) Methanol extract.

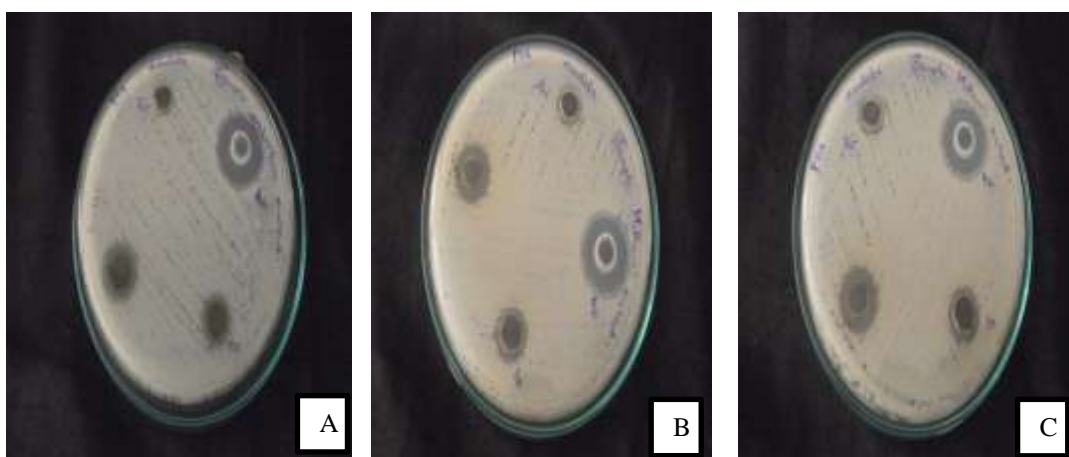


Fig. 2:- Antifungal activity of different extracts of *Piper betle* L.cv “Thulasivettila” against *Candida albicans*. a) Hexane extract b) Chloroform extract c) Methanol extract.

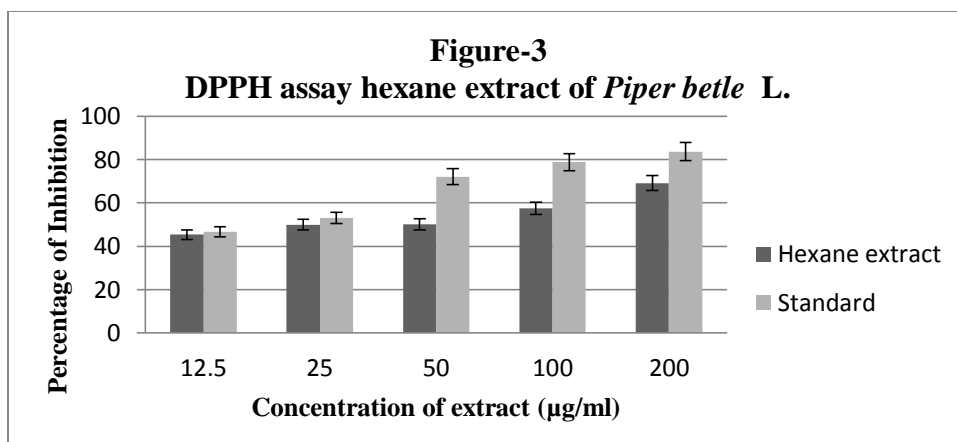
In vitro antioxidant studies by DPPH:-

Three different leaf extracts Hexane, chloroform, methanol of Thulasivettila cultivar of *Piper betle* ranging from 12.5 -200 µg/ml was taken respectively was tested for their free radical scavenging potential of the plant extract. The study shows that chloroform leaf extract shows the maximum significant activities compare to standard ascorbic acid is higher than the other two hexane and methanol leaf extracts (Table3).

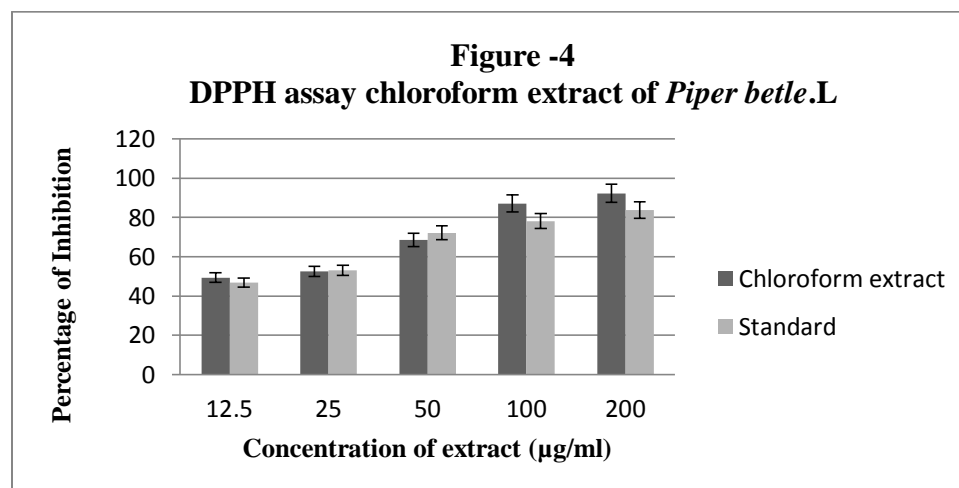
Table 3:- In –vitro antioxidant studies of Thulasivettila cultivar of *Piper betle* by DPPH assay.

Concentration of extracts (µg/ml)	Percentage of Inhibition			
	Hexane extract	Chloroform extract	Methanol extract	Standard (Ascorbic acid)
12.5	45.35	49.33	44.88	46.80
25	49.99	52.48	51.95	53.11
50	50.13	68.57	64.69	72.17
100	57.52	87.11	88.22	78.94
200	69.14	92.25	90.94	83.67

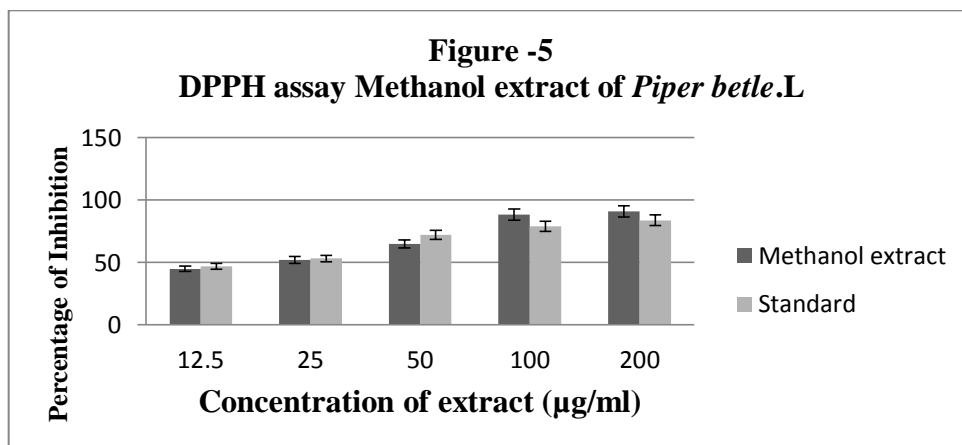
µg/ml- Microgram per Millilitre



The DPPH radical scavenging activity of the hexane leaf extract at 200 µg/ml was 69.14% and the standard ascorbic acid was 83.67% (Table1 and Figure3). The results shows that the hexane extract exhibited moderate DPPH scavenging ability (IC_{50} value of 50 µg/ml) than the ascorbic acid (IC_{50} value of 20 µg/ml) in (Figure 6).

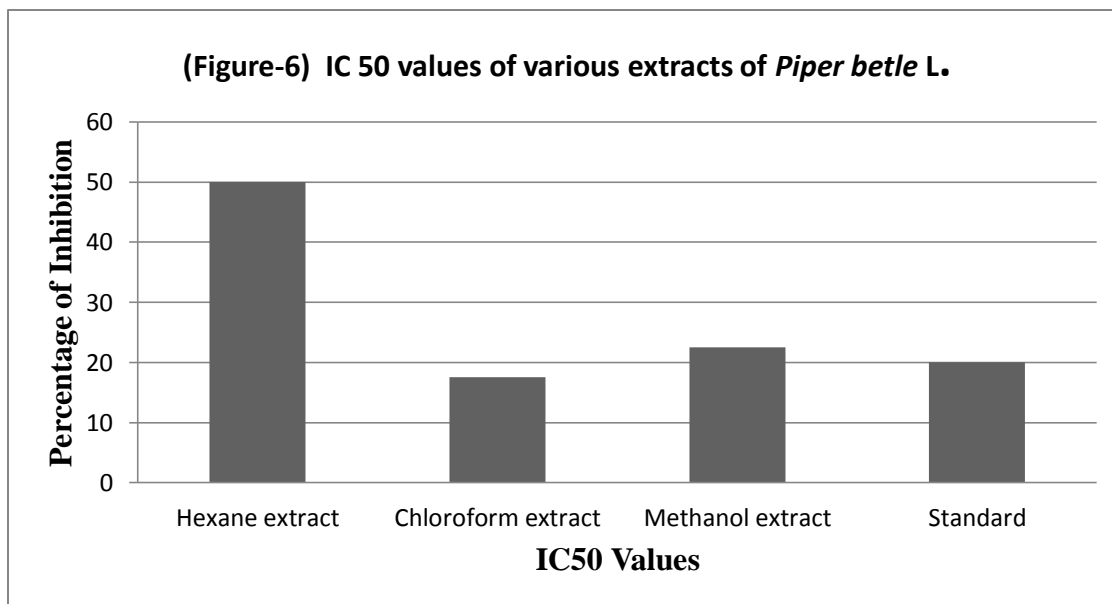


In Chloroform leaf extract at 200 µg/ml was 92.25% and that of the standard ascorbic acid was 83.67% (Table1 and Figure4). The results shows that the chloroform extract exhibited maximum DPPH scavenging ability (IC_{50} value of 17.5 µg/ml) than the ascorbic acid (IC_{50} value of 20 µg/ml) in (Figure 6).



In methanol leaf extract, at 200 µg/ml inhibition was 90.94% and that of the standard ascorbic acid was 83.67% (Table1 and Figure3). The results shows that the methanol extract exhibited significant scavenging ability (IC_{50} value

of 22.5 µg/ml) than the ascorbic acid (IC₅₀ value of 20 µg/ml) in (Figure 6). This result confirmed that the strong free radical scavenging ability was observed in chloroform extract of the *Piper betle* L. cv Thulasivettila.



Conclusions:-

The present study showed that the free radical scavenging potential of the '*thulasivettila*' a domestic cultivar of *P. betle*. The Chloroform leaf extract of "*Thulasivettila*" *P. betle* showed more antioxidant activity and may be due to the presence of phytochemical constituents in this extract compared with other extracts. Due to its high potential it may be used as an effective antioxidant agent for developing new medicines in the coming years. More studies are needed to determine the major roles of these phytochemical constituents present in '*Thulasivettila*' a cultivar of *Piper betle* L.

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