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RESEARCH ARTICLE

Anti carcinogenic activity of Methanolic Extract of *Balanites aegyptiaca* against breast, colon, and liver cancer cells.

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Abstract

Balanites aegyptiaca is a widely distributed African plant of medicinal interest containing a number of cytotoxic and cytostatic compounds. The studies reported here have attempted to further characterize the anticancer activity. The current study has further indicated that its antiproliferative effects by inducing apoptotic cell death.

To study the anticarcinogenic activity of *Balanites aegyptiaca* in MCF-7 (Human breast cancer cell line), HePG-2 (human hepatocellular carcinoma cell line), and HCT 116 (colon carcinoma cell line). *Balanites aegyptiaca* extracts were prepared by Soxhlet extraction method using methanol as a solvent. The cytotoxicity activity of the plant extracts were determined using sulphodiamine-B assay (SRB assay), Detremenation of proteins in cancer cells line by SDS polyacylamide gel electrophoresis, DNA fragmentation induced by the plant extracts was evaluated through DNA extraction using agarose gel electrophoresis. RNA extraction to evaluate the expression of genes P53 and Bax genes using Semi-quantitave RT-PCR analysis. **Results & Discussion:** SRB assay results showed that MCF7 cells were inhibited by all the extracts with IC₅₀ 2.3±.03 while IC₅₀ of HEPG-2 is 12.0±.01 and IC₅₀ of HCT116 is 69.3±.1µg/ml. SDS polyacylamide gel electrophoresis showed clear variation between different classes of treated and nontreated cancer cells. DNA extracted from treated cells showed fragmentation of the DNA was observed between treated and non treated (control) cancer cells suggesting the occurrence of apoptosis. RT-PCR analysis showed increase in expression of genes P53 and Bax genes.

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INTRODUCTION

Balanites aegyptiaca is a widely distributed african plant of medicinal interest. **Speroni et al., 2005.** It is a small spinescent evergreen savanna tree with a dark brown stem which usually attains a height of 4.5-6 m. **Koko et al., 2000.** In Egyptian folk medicine, the fruits are used as an oral hypoglycemic and as an anthelmintic . **Kamel et al., 1998.** and an anti-diabetic. **Sarker et al., 2000.** An aqueous extract of the fruit mesocarp is used in Sudanese folk medicine in the treatment of jaundice **Sarker et al., 2000.** The plant is used as a purge to remove intestinal parasites with the root, branches, bark, fruit and kernel extracts shown to be lethal to the miracidia and cercariae of *Shistosoma mansoni* and to *Fasciola gigantica* . **Koko et al., 2005.**

Balanites aegyptiaca is a widely distributed african plant of medicinal interest. **Speroni et al., 2005**. It is a small spinescent evergreen savanna tree with a dark brown stem which usually attains a height of 4.5-6 m. **Koko et al., 2000**. In Egyptian folk medicine, the fruits are used as an oral hypoglycemic and as an anthelmintic. **Kamel et al., 1998**. and an anti-diabetic. **Sarker et al., 2000**. An aqueous extract of the fruit mesocarp is used in Sudanese folk medicine in the treatment of jaundice **Sarker et al., 2000**. The plant is used as a purge to remove intestinal parasites with the root, branches, bark, fruit and kernel extracts shown to be lethal to the miracidia and cercariae of *Shistosoma mansoni* and to *Fasciola gigantica*. **Koko et al., 2005**.

Additionally extracts of the tree display abortive and antiseptic properties. **Koko et al., 2000**. *Balanites aegyptiaca* contains a number of alkaloids such as N-trans-feruloyltyramine and N-cisferuloyltyramine and common phenolic compounds such as vanillic acid, syringic acid and 3-hydroxy-1-(4-hydroxy-3-methoxyphenyl)-1-propanone. **Sarker et al., 2000**. The roots and bark also contain numerous steroidal saponins and yamogenin or diosgenin glycosides. **Speroni et al., 2005**. *Balanites aegyptiaca* is a medicinal interest containing a mixture of steroidal saponins: balanitin-6 (28%) and balanitin-7 (72%) isolated from *Balanites aegyptiaca* have anticancer activity **Morsy, 2008**. Also, the importance of *Balanites aegyptiaca* is back to presence of a steroidal saponin compound named diosgenin which is useful in pharmaceutical industries as a natural source of steroidal hormones. **Speroni et al., 2005**. Recently saponins proved to have wide range of uses, including protection of crops from mealy bugs **Patil et al., 2010**, antitumor effects **Gnoulia et al., 2008**, Studies have also revealed that diosgenin produces changes in the lipoxygenase activity of human erythroleukemia cells and is responsible for morphological and biochemical changes in megakaryocyte cells **Beneytout et al., 1995**, **Nappez et al., 1995**. *Balanites aegyptiaca* protected the livers of treated mice against paracetamol. It hepatotoxicity as evidenced by a significant improvement of liver function tests. Also,

Balanites aegyptiaca had a relatively modest hepatoprotective activity. **Ali et al., 2001**. *Balanites aegyptiaca* was known to be an all purpose tree with various uses and values. However, the most important valued part is its fruits. **National Research Council, 2008**. Fruit from *Balanites aegyptiaca* known as desert date (common) and lalobe (Arabic) is widely used for food, fodder and traditional medicine. **Elfeel and Warrag, 2011**. The fruit is a drupe, pubescent when green, becoming yellow and glabrous, after ripening. **Arbonnier, 2004**. It contains four layers (the outer skin called epicarp, the fleshy pulp called mesocarp, the woody shell called endocarp and the inner seed called kernel). The fleshy pulp of the fruit contains a large amount of carbohydrates. The kernel produces a high quality oil that can be used in human food **Obidah et al., 2009**, medicine **Hanan et al., 2010** or biodiesel production **Gutti et al., 2012**, **Chapagain et al., 2009**.

The present study evaluated the efficacy of *Balanites aegyptiaca* methanolic extract as an agent with an antitumor activity in cancer cells.

2. Materials and methods:

2.1. Preparation of methanolic *Balanites aegyptiaca*.

Extracts were prepared by soxhlet apparatus for 10 hours according to the Association of Official Analytical Chemists (AOAC, 1970) procedure using methanol as a solvent fifty grams of dried sample were poured into a 200 ml of methanol. The heat given to the solvent was just to evaporate it slowly. Then crude extract was left at room temperature to dry.

2.2. Cell lines and culture maintenance.

Human breast cancer cell line (MCF-7), human hepatocellular carcinoma cell line (HePG-2), and colon carcinoma cell line (HCT116) were obtained from VACSERA - Cell Culture Unit, Cairo, Egypt. This cell lines originally obtained from the American Type Culture Collection (ATCC). The cell count was done and the cell viability was tested by trypan blue using haemocytometer. Cells were cultured in RPMI medium (Gibco, Glasgow, UK) supplemented with 10% fetal bovine serum, 1% penicillin-streptomycin, 1% non-essential amino acids in tissue culture flasks and incubated in a CO₂ incubator in a 5% CO₂ and 95% humidity atmosphere. Once the cells attained confluent growth, the cells were trypsinized using Trypsin-EDTA for carrying out various assays. **Freshney, R.I. (2000)**.

2.3. Measurements of cytotoxicity by sulphodiamine-B assay (SRB)

The cytotoxic assay was performed at the Center of Genetic Engineering at Al-Azhar university, using the sulforhodamine B assay. **Vichai, et al., 2006**. The stock cells maintained in 75 cm² polystyrene flasks (Falcon) with minimal essential medium containing 10% fetal bovine serum, penicillin 100 IU/mL and streptomycin 100 IU/mL. in a humidified atmosphere of 5% CO₂ at 37 °C. The cells were dissociated with 0.2% trypsin (Sigma) in phosphate-buffered saline (PBS) solution (Sigma). Cell lines in exponential growth phase were washed with PBS solution and trypsinized and resuspended in complete culture media. Cells were equal to 20,000 cells /well and were plated in 96-well plates for 24 hours before treatment to allow attachment of the cells to the wall of the plate. After incubation, the cells were exposed to various concentrations. The plant extracts were added to the cells at serial concentrations of 100, 10, 1, 0.1 and 0.01 µg/ml. The control well received only maintenance of medium

(negative control). Triplicate wells were prepared for each individual concentration. The monolayer cells in the plates were incubated at 37°C in a humidified incubator with 5% CO₂ for 48 hours, the cells were fixed with 10% trichloroacetic acid for one hour, washed, and stained with sulforhodamine B stain. Excess stain was washed off with acetic acid, and the attached stain was recovered with 50 µl/well of 10 mM tris base (PH 7.4) for 5 min. on a shaker at 1600 rpm. The optical density (OD) of each well will be measured spectrophotometrically at 570 nm with an ELISA microplate reader. The relationship between the surviving fraction and the drug concentration was plotted to determine inhibitory concentrations (IC₅₀) for each tumor cell line. The IC₅₀ values will be calculated using sigmoidal concentration response curve fitting models (Sigmoidplot software).

2.4. SDS polyacrylamide Gel Electrophoresis. Laemmli, 1970;

Stegemann et al., 1988.

The cells were precipitated and lysed directly utilizing 150 µl of lysis buffer and heated for 10 min at 100°C. Each sample was separated in 12% SDS polyacrylamide gel. The separating gel was inserted between the glass plates and allowed to polymerize for 15-30 min at room temperature. The stacking gel was inserted on top of the separating gel and a comb was inserted to form wells. After polymerization, the comb was removed carefully to avoid tearing the edges of the wells before polymerization. The slab gel apparatus chamber was filled with running buffer. 15 µl of the prepared samples were loaded into each well. The power supply was connected to the gel electrophoresis tank at a constant voltage (100-volt) until the tracking dye reached the bottom of the gel and the current was switched off. The gel was removed by prying the glass plates apart gently, and then the separated protein gel was stained by using Coomassie blue stain overnight. After gel staining, the gel was transferred to a destaining solution which was changed several times. The destaining solution removed the background dye from the gel leaving stained proteins as visible blue bands. The protein pattern in terms of molecular weight, band matching and band density was analyzed using gel documentation system.

2.5. Determination of DNA fragmentation according to kit of Promega (England).

The characteristic of DNA breakage was analyzed by 1% agarose gel. Cancer cells were placed in a flask at a concentration of 5×10^5 cell/mL. The cells were treated with IC₅₀ concentration and were further incubated for 48 h. The DNA was isolated and electrophoretically analyzed on 1% agarose gel containing 10 µL ethidium bromide. **Lerman and Frisch, 1982; Lumpkin and Zimm, 1982; Stellwagen, 1983.**

2.6. RNA Extraction from HePG-2, HCT 116 and MCF7 Cell line

Cancer cells were placed in a flask at a concentration of 5×10^5 cell/mL. The cells were treated with IC₅₀ concentration and were incubated for 48 h. 1 ml trizol was added to the cells pellet. The cells pellet was lysed with trizol by vortex. The cells were incubated for 5 min. at R.T. and 200 µl of chloroform was added. Vortex was performed for 15 sec. and cells were incubated at R.T. for 3 min. The cells were spun at 13000 rpm. For 15 min. at 4°C. Upper aqueous phase -colorless- containing RNA was transferred in a new tube and an equal volume of ice-cold isopropanol was added. The tube was vortexed briefly 3 sec. The tube was incubated at R.T. for 10 min. & spun 13000 rpm at 10 min. at 4°C. The pellet was washed with 1 ml cold 75% ethanol & spun 7500 rpm. 10 min. The pellet was dissolved in 20 µl DEPC water. Store at -80°C. The RNA was isolated and electrophoretically analyzed on 1% agarose gel containing 10 µL ethidium bromide. **Lerman, 1982; and Lumpkin 1982.**

2.7. RT-PCR (semiquantitative reverse transcriptase polymerase chain reaction)

RT-PCR reaction was done using two steps RT-PCR Kit. RT-PCR program started while the PCR tubes still in an ice bath. Annealing temperature is 55°C for all genes. The number of cycles was 35 cycles. After PCR amplification, 10 µl of samples was loaded in the gel to detect the precise size of PCR products. The gel was run at 100 volts for 20-30 min. using a submarine unit.

Results

The present study aimed to evaluate the anticancer effect of *Balanites aegyptiaca*. The evaluation parameters include cell viability, protein analysis, DNA damage and analysis of expression of some relevant genes by RT-PCR.

1.1. Morphological changes

Morphological changes were obvious where treated cells started showing gradual cell shrinkage, cell rounding and detaching from the surface of tissue culture flasks, finally followed by cell swelling and rupture (the morphological features give an indicator of cell apoptosis).

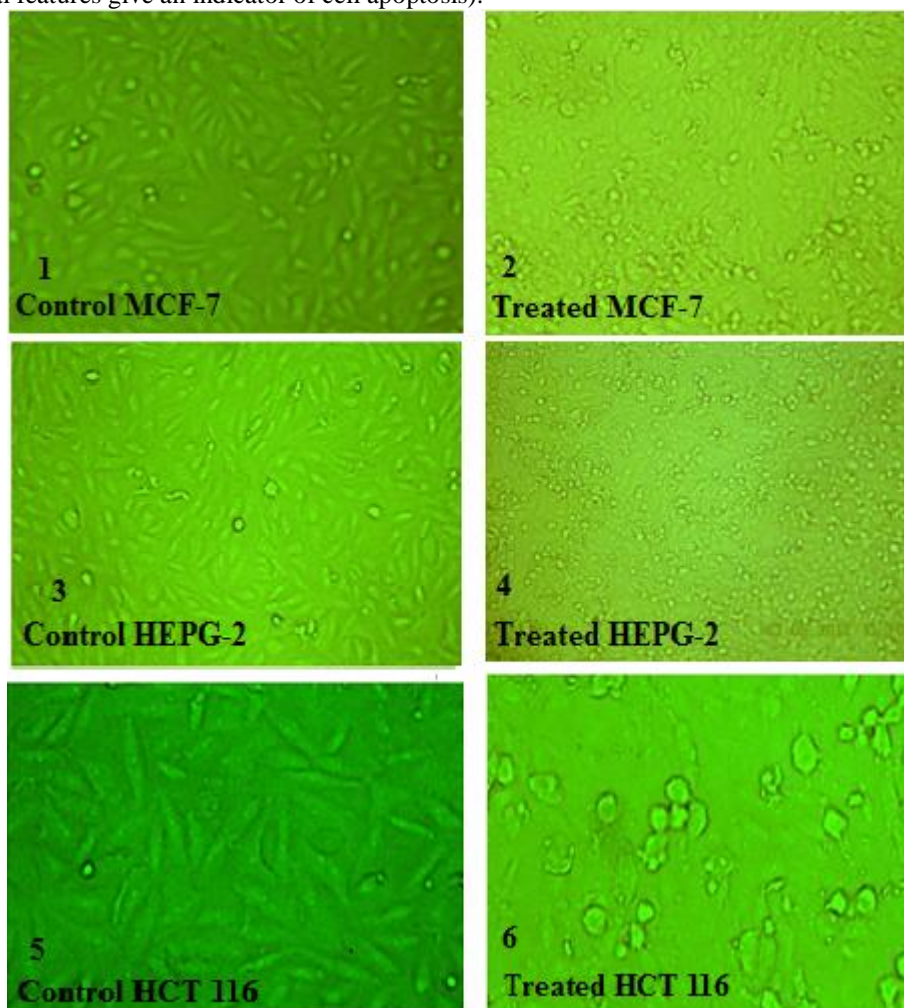


Figure (1): (1)MCF-7 cells (control) , (2) MCF-7 cells treated with *Balanites aegyptiaca*, (3) HEPG-2 cells (control) , (4) HEPG-2 cells treated with *Balanites aegyptiaca*, (5) HCT116 cells (control) and (6) HCT116 cells treated with *Balanites aegyptiaca*

1.2. Measurement of cytotoxicity to cells by (SRB assay)

The survival fraction (% viability) was used as indicator for cell cytotoxicity HEPG-2, MCF-7, HCT116 cells were treated with different serial concentrations of *Balanites aegyptiaca* extracts for 48 hrs. Surviving fraction at each concentration and the inhibition concentration (**IC50**) which is the concentration of treatment was determined and calculated by using sigma plot program, were calculated in tables (1).

Table(1): The surviving fraction (% viability) of HEPG-2, MCF 7, HCT 116 cells post treatment with different concentrations of *Balanites aegyptiaca*.

Concentrations µg/ml	Surviving fraction%± SE		
	HEPG-2	MCF-7	HCT116
0.00 (control)	100	100	100
0.01	91.5±0.09	80.1±0.09	95.3±0.06
0.1	89.7±0.06	78.0±0.05	92.3±0.1
1	81.3±0.3	75.4±0.05	91.8±0.09

10	57.5±0.3	20.6±0.005	89.6±0.1
100	17.4±0.04	18.2±0.06	40.4±0.15
(IC50)	12.0±.01	2.3±.03	69.3±.1

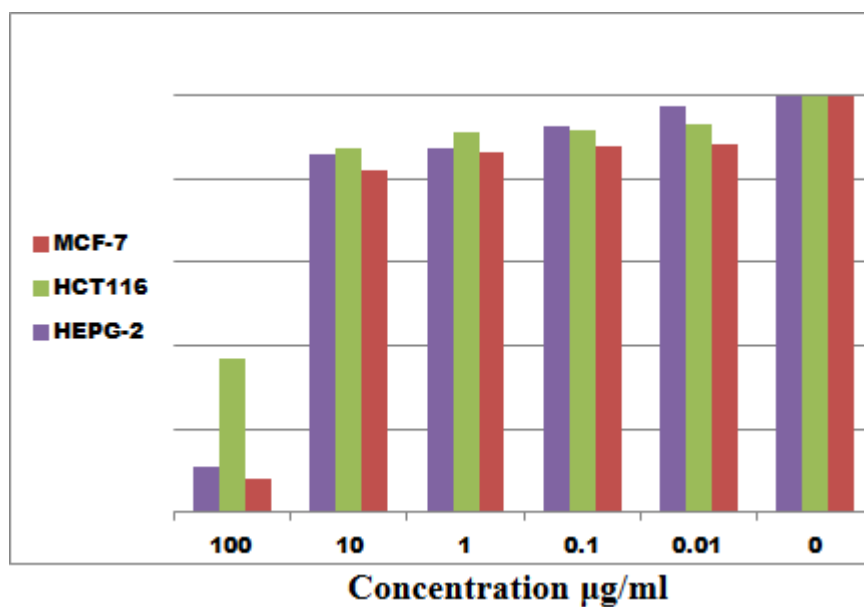


Figure (2): The surviving fraction (% viability) of HEPG-2, MCF 7, HCT116 cells post treatment with different concentrations of *Balanites aegyptiaca*.

2.3.SDS polyacrylamide Gel Electrophoresis.

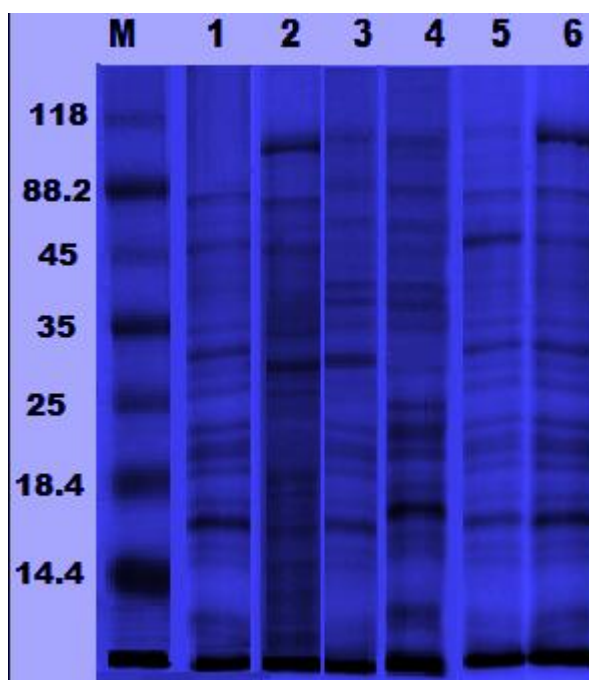


Figure (3): Effect of *Balanites aegyptiaca* on protein pattern.

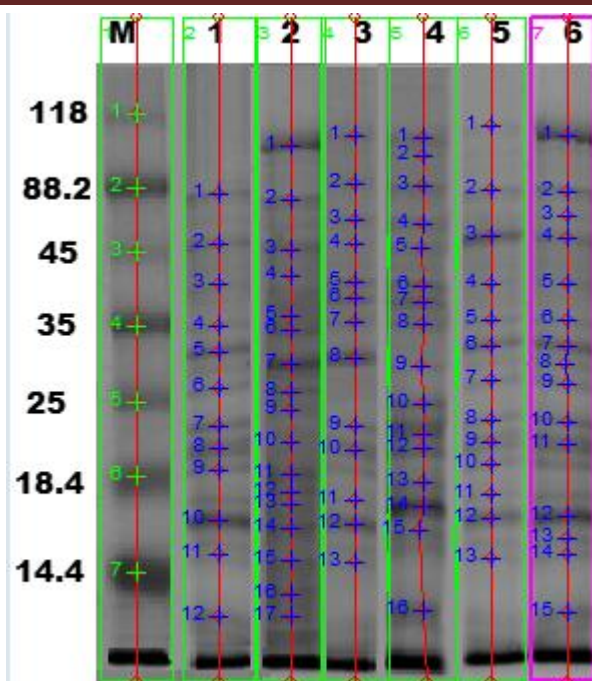


Figure (4): Sodium Dodecyl Sulphate polyacrylamid Gel electrophoresis (SDS-PAGE) of total proteins in HEPG-2, MCF-7 and HCT116 cells line treated for 48 hrs. (M) marker , (1) MCF-7 cells (control) , (2) MCF-7 cells treated with *Balanites aegyptiaca*, (3) HEPG-2 cells (control) , (4) HEPG-2 cells treated with *Balanites aegyptiaca*, (5) HCT116 cells (control) and (6) HCT116 cells treated with *Balanites aegyptiaca*.

The results of scanning of the SDS-PAGE (SDS-poly acrylamide gel electrophoresis) of HEPG-2, MCF-7 and HCT116 cells in response to the treatment with *Balanites aegyptiaca* were expressed as variations in molecular weights (Mw), number of bands, bands area, bands distance , bands width and bands highest were recorded in tables (2,3 and 4) .

Table (2): Show distance, width, height, area, and molecular weight of bands of non treated MCF-7 cells (control) and treated with *Balanites aegyptiaca*.

Bands	Control MCF-7					Treated MCF-7				
	Dist	Width	Height	Area	Mol. weight	Dist	Width	Height	Area	Mol. weight
1	90	12	35	287	84.15	66	18	65	800	105.11
2	115	12	35	357	50.4	93	10	46	368	80.1
3	135	25	30	689	40.68	118	12	45	482	46.35
4	156	10	29	253	35	131	9	37	330	41.76
5	169	14	44	441	31.58	151	18	52	850	36.35
6	187	11	31	244	26.84	158	12	53	583	34.47
7	206	15	40	390	22.86	175	16	67	870	30
8	217	14	44	525	20.9	189	9	52	421	26.32
9	228	11	37	312	18.94	198	13	48	549	24.29
10	253	18	66	798	16.57	214	12	46	503	21.43
11	270	10	28	254	15.15	230	11	54	556	18.58
12	301	18	41	462	12.26	239	8	54	390	17.73
13	-					245	7	52	341	17.23
14	-					257	14	57	712	16.23
15						273	11	53	523	14.9
16						290	11	56	562	13.42

17						301	8	52	396	12.14
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Table (3): Show distance, width, height, area, and molecular weight of bands of non treated HEPG-2 cells (control) and treated with *Balanites aegyptiaca*.

Bands	Control HEPG-2					Treated HEPG-2				
	Dist	Width	Height	Area	Mol. weight	Dist	Width	Height	Area	Mol. weight
1	61	9	46	376	109.14	62	11	17	147	108.34
2	85	12	43	438	89.81	71	8	7	25	101.09
3	103	13	40	453	66.6	86	10	6	27	89.01
4	115	10	36	346	50.4	105	12	8	42	63.9
5	134	11	49	466	40.95	117	11	6	34	47.7
6	142	10	52	436	38.78	136	8	13	53	40.41
7	154	8	43	315	35.54	144	9	15	72	38.24
8	172	16	63	728	30.79	155	14	2	5	35.27
9	206	11	42	359	22.86	176	11	4	12	29.74
10	218	18	44	688	20.72	195	8	12	48	24.82
11	243	14	33	418	17.4	210	16	23	202	22.15
12	255	16	58	679	16.4	217	10	18	117	20.9
13	274	11	35	339	14.82	234	10	7	33	18.15
14	-					246	16	28	212	17.15
15	-					258	14	4	43	16.15
						298	22	21	243	12.93

Table (4): Show distance, width, height, area, and molecular weight of bands of non treated HCT116 cells (control) and treated with *Balanites aegyptiaca*.

Bands	Control HCT116					Treated HCT116				
	Dist	Width	Height	Area	Mol. weight	Dist	Width	Height	Area	Mol. weight
1	56	12	28	251	113.17	61	16	60	640	109.14
2	88	13	27	253	86.85	89	12	29	219	85.5
3	111	14	51	502	55.8	101	11	17	152	69.3
4	135	7	27	169	40.68	112	12	22	215	54.45
5	153	9	26	185	35.81	135	10	17	142	40.68
6	166	14	39	342	32.37	153	12	14	129	35.81
7	183	13	19	176	27.89	166	15	28	237	32.37
8	203	7	24	142	23.39	175	9	12	78	30
9	214	15	30	357	21.43	185	13	13	79	27.37
10	225	10	23	171	19.47	204	13	28	193	23.22
11	240	9	20	141	17.65	215	13	25	247	21.25
12	252	17	45	481	16.65	251	16	45	410	16.73
13	272	12	21	185	14.98	262	9	8	45	15.82
14	-					270	10	3	6	15.15
15	-					299	16	26	256	12.48

2.4. DNA Fragmentation

DNA fragmentation is a characteristic feature of apoptosis. Increased DNA fragmentation was apparent in MCF-7, HEPG-2 and CHT 116 cells after treatment with IC50 values of *Balanites aegyptiaca* for 48 h. (Fig. 9).

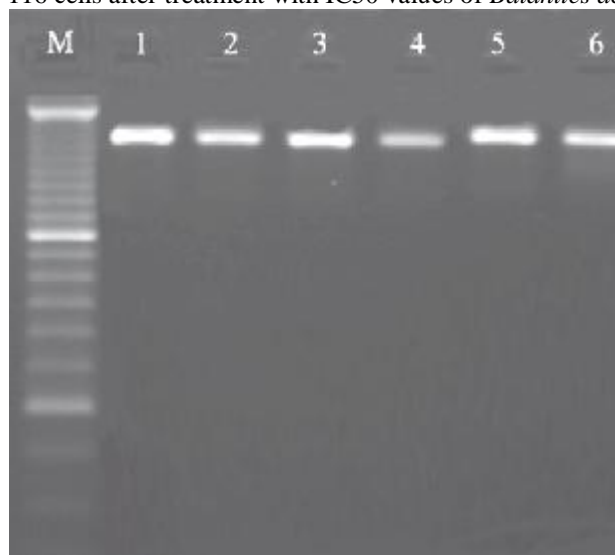


Figure (5): DNA fragmentation (M) Marker (1) non treated MCF-7 cells (control), (2) MCF-7 cells treated with *Balanites aegyptiaca*, (3) non treated HEPG-2 cells (control), (4) HEPG-2 cells treated with *Balanites aegyptiaca*, (5) non treated HCT116 cells (control) and (6) HCT116 cells treated with *Balanites aegyptiaca*.

2.5. Semi-quantitative RT-PCR analysis

The expression profile of MCF-7, HEP-2 and HCT 116 cells treated with IC50 values of *Balanites aegyptiaca* for 48 h. was examined by RT-PCR. RNA was extracted from the cells and the expression of genes; (P53 and Bax genes) were detected using semi-quantitative analysis RT-PCR (Figure 6, 7).

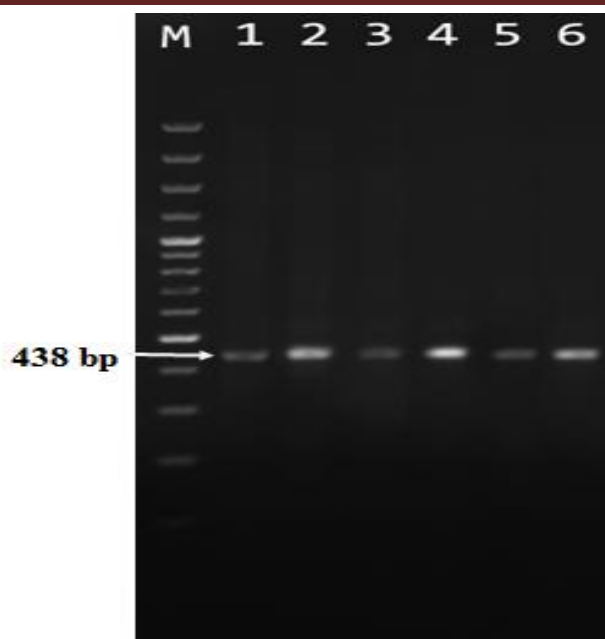


Figure (6): Expression level of P53 gene (M) Marker (1) non treated MCF-7 cells (control), (2) MCF-7 cells treated with *Balanites aegyptiaca*, (3) non treated HEPG-2 cells (control), (4) HEPG-2 cells treated with *Balanites aegyptiaca*, (5) non treated HCT116 cells (control) and (6) HCT116 cells treated with *Balanites aegyptiaca*.

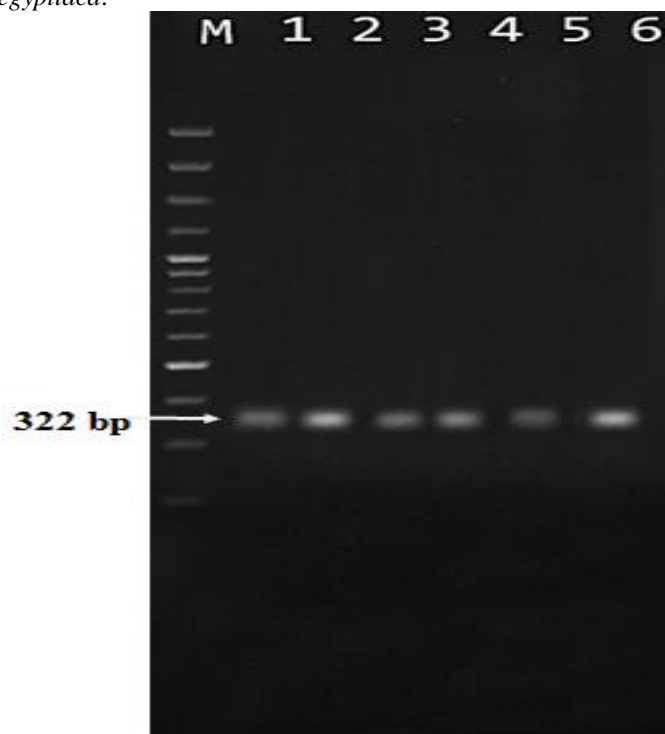


Figure (7) Expression level of bax gene (M) Marker (1) non treated MCF-7 cells (control) , (2) MCF-7 cells treated with *Balanites aegyptiaca*, (3) non treated HEPG-2 cells (control) , (4) HEPG-2 cells treated with *Balanites aegyptiaca*, (5) non treated HCT116 cells (control) and (6) HCT116 cells treated with *Balanites aegyptiaca*.

3-Discussion

The present study is aimed to evaluate anticarcinogenic activity of methanolic extract of *Balanites aegyptiaca* against MCF-7 (Human breast cancer cell line), HePG-2 (human hepatocellular carcinoma cell line), and HCT 116 (colon carcinoma cell line) cancer cells. Methanolic and butanol (BE) extracts and of two new saponins isolated from *Balanites aegyptiaca* showed significant anti-inflammatory, antinociceptive activity in the carrageenin-induced edema in the rat. **Speroni et al.; 2005**. It has been shown that saponins are cytotoxic and are associated with anti-cancer activity. **Sparg et al., 2004**. The diosgenyl saponins, which are steroidal glycosides and bear diosgenin as aglycone, are often found as the major components in traditional oriental medicines recently shown to exert cytotoxic activity against several human cancer cells. **Moalic et al., 2001**, exerting their anti-tumor effect by inducing apoptosis in cancer cells. **Cheung et al., 2005**. Our result illustrated activity of *Balanites aegyptiaca* as antitumor by evaluate IC50 of *Balanites aegyptiaca* and we observed that the effect of *Balanites aegyptiaca* in MCF-7 highly than HEPG-2 & HCT 116 and this showed in morphological changes in cells. The induction of apoptosis in tumor cells is considered very useful in the management therapy, as well as in the prevention of cancer. The effectiveness of radiotherapy and chemotherapy may rely on their abilities to induce apoptosis in tumor cells. **Atsushi et al., 2001**.

The apoptosis pathway is regulated by several factors such as p53 and members of the Bcl-2 protein family. Wild-type p53 protein physiologically acts as a DNA-binding transcription factor and may drive apoptosis as a result of DNA-damaging events. **Atsushi et al., 2001**. The previously mentioned data come in accordance to the result presented in the presented study determined the changes in P53 expression in response to treatment with *Balanites aegyptiaca*. In addition, we can also observe in our study DNA damage in cancer cells after treatment with *Balanites aegyptiaca*. Bax protein has been established as a tumor suppressor, because Bax inactivation leads to rapid tumor growth and to a decrease in the extent of spontaneous apoptosis of tumor cells. **Atsushi et al., 2001**. The Bax gene is localized in the cytoplasm of living cells after apoptotic stimulation, Bax translocates to the outer mitochondrial membrane where it oligomerizes and induces the formation of protein-conducting pores that release apoptogenic proteins. **Tsujimoto, 2003**. Bax gene proapoptotic member of the Bcl-2 family is the best characterized mediator of p53 dependent apoptosis. The Bax gene plays a direct role in increasing mitochondrial membrane permeability, leading to release of apoptogenic protein. Also Bax gene also may play important role in apoptosis. **Theodorakis et al., 2002**.

Here in this work the results indicated that, the expression of apoptotic gene Bax was investigated and the results demonstrated that, there is increasing in the expression of apoptotic gene Bax in MCF-7, HEPG-2, HCT 116 cells after treatment with *Balanites aegyptiaca*. Also appearance of proteins in treated cells with *Balanites aegyptiaca* is related to the excess of p53 & bax genes expression.

A mixture of steroidal saponins: balanitin-6 (28%) and balanitin-7 (72%), isolated from *B. aegyptiaca* demonstrated appreciable anticancer effects in human cancer cell lines in vitro by using against A549 lung cancer cells and U373 glioblastoma cell lines. A mixture displayed highly antiproliferative activity. It indicated that balanitin 6/7 mixture has anticancer activities. **Gnoula et al; 2008**. Steroidal saponins were reported to be involved in the induction of antiproliferative effect through release of apoptosis-inducing factor and modulation of caspase activity in different human cancer cells. These activities were reported to be mediated through reactive oxygen species production. **Corbiere et al., 2004; Huo et al., 2004**. It is reported that bark aqueous extract of *B. aegyptiaca* used in treatment of both AIDS and Leukemia. An oral administration of the aqueous extract (30% w/v given at 100 ml every 8 hours for 30 days) for the treatment of HIV patients have shown excellent results. The same was given to patients with leukemia and a good increase in platelets and a normal blood differential reading after one month was noted. **Hamid. et al; 2000**.

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