CORRELATION BETWEEN TOXIC STRESS BY HEAVY METAL TOXICANTS AND PERIPHYTIC
PROTOZOAN COLONIZATION RATES.

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Introduction: -
The term “heavy metals” is used by ecotoxicologists and environmental scientists for those metals which have
highly toxic properties and deleterious impacts on organisms. Amongst all the heavy metals Mercury (Hg),
Cadmium (Cd), Copper (Cu) and Lead (Pb) are considered of prime concern because of their very high toxicological
properties and irreversible effects on environment and living beings owing to their high accumulation tendencies
(Patricia et.al., 2013 and Gupta et al, 2010).

Abstract

Metal pollution is considered hazardous to biological systems because of their toxic and carcinogenic potential. The behavioral,
morphological and physiological changes have been prominently used in toxicity assessment studies in unicellular organisms. Recent studies
have demonstrated that ciliates and flagellates play an important trophic role in periphytic communities and as bioindicator organisms
for pollution degree in aquatic ecosystems. The present research was carried out to assess the correlation of toxic stress and deleterious
impact of heavy metals (Copper, Cadmium, Zinc and Lead) on population densities of fresh water protozoans. Toxicity of four metals
Cu²⁺ (CuSO₄·5H₂O), Cd²⁺ (CdCl₂), Zn²⁺(ZnSO₄) and Pb²⁺ (Pb(NO₃)₂) were studied at three different concentrations 50μg/ L, 100 μg/ L and
150 μg/ L each. Direct count method was employed for enumerating the population densities and toxic stress responses were seen
quantitatively as well as qualitatively. Colonization rates expressed by the species number over time obtained depicted a geometric
regression of the average number of protozoans with increasing concentration of metals as compared with controls. Irregular beating
of flagella and cilia and erratic and spinning movements of ciliates along with blebbing, stress egestions were observed in presence of
these toxic metals. Copper was found to be least toxic followed by Cadmium, Zinc and Lead in terms of increasing toxicity. Pb and Cd
form organometallic complexes, the toxicological properties of which can be more toxic than individual ions due to their high
bioaccumulation tendencies. With significant metal uptake tendencies, protozoans can have a potential use in bioremediation of polluted
waters.

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Inputs of metals to the environment take place as a result of anthropogenic activities such as from erosion of rocks, wind blowing dusts, volcanic activity and forest fires etc. Release of toxic metals to aquatic environment also occurs because of mining operations, combustion of fuels by industrial, urban and agricultural practices (Depledge et al., 1998 and Rang et al., 1985). The characteristics and intensity of damage depend upon the nature and concentration of the metal.

The main purpose of biomonitoring of heavy metal concentrations is to determine toxicological threat posed to living beings including health risks to humans. Protozoans are an important component of food webs in the aquatic ecosystems and exhibit significant characteristics in defining structure and functioning of ecosystems and play a pivotal role as nutrient releasers from bacterial biomass on phytoplanktons of pond water. The advantage of using protozoans is because they are unicellular organisms in close contact to the surrounding environment and show high sensitivity to wide range of xenobiotics and intoxicants found in diverse ambient aquatic habitats due to their simple construction, small individual size, low relative surfaces and weak self-protection. Because of very short generation time and high reproductive potential, short life cycles, it is feasible to evaluate the effects of toxicants on the growth, reproduction, metabolism and other biochemical processes of several generations of protozoans in short time, which takes several days, months, and even years for superior animal assays (Tsui et al., 2004). Cd and Pb form organometallic complexes, the toxicological properties of which can be more toxic than individual ions because of their high bioaccumulation tendencies. Microorganisms have ability to grow in presence of heavy metals. With significant metal uptake tendencies, protozoans can have potential use in bioremediation of polluted waters (Valvanidis, A. and Vlachogianni, T., 2010) and ciliates have been especially utilized as biotrace indicator organisms for bioaccumulation of metals in food chain (Gupta and Shukla, 1996). The present study was thus undertaken to decipher the impact of toxic stress by heavy metals on population densities of fresh water protozoans.

**Materials and Methods:**

Simple experimental devices and convenient sampling equipments are required for protozoa assay to act as perfect bio indicators for aquatic pollution. For enumerating protozoa, a direct count method as suggested and described by Finley et al. (1979) was followed. The water samples were collected in a wide mouth glass jar, brought to laboratory within an hour and fresh live samples were analyzed on the same day. At the time of collection, disturbance and shock to protozoans was kept to minimal. Samples were transferred into beakers and allowed to adapt for 30 minutes. While studying, cultures were stored in areas of moderate light and temperature of 19-22°C. These were kept covered with muslin to ensure air supply (Jens Boenigk et al, 2005).

Toxicity of four metals Cu^{2+} (CuSO_{4}. 5H_{2}O), Cd^{2+} (CdCl_{2}), Zn^{2+} (ZnSO_{4}) and Pb^{2+} (Pb(NO_{3})_{2}) were studied. For each toxic metal, toxicity was observed at three different concentrations E1 (50μg/ L), E2 (100 μg/ L) and E3 (150 μg/ L) as compared to controls in which no toxic elements were added. Using a micropipette, a drop of 5μL volume of pond water was delivered into a series of drops on a glass slide and at a magnification of 40X, the most of area covered by each drop remained within the field of view. The number of protozoans observed and identified in each 5μL were noted as n_{1}, n_{2}, n_{3}, n_{4}......n_{20} (Gasol J M, 1993). Variations due to different observers and to replicate series of counts were not significant. According to integrated density method the mean value of populations were taken (n=20).

\[ \text{Mean} = \frac{n_{1}+ n_{2}+ n_{3}+ n_{4}+......+n_{20}}{n} \]

The time interval between the addition of toxic substance and the first visible reaction was noted for all the observed individuals. Cell death was noted whenever possible. In addition toxic stress responses were investigated qualitatively for several protozoans of different taxonomic groups. Growth rates were calculated and tested by two way analysis of variance (ANOVA) to find the level of significance within permitted limits.
Fig 1: Population densities of protozoans at different concentration of Cu, Cd, Zn and Pb.

Fig 2 a:-

Fig 2b:-
Fig. 2: Non-lethal concentration without irritation (a) and stressful reaction (b) protozoans attached to surfaces and feeding upon bacterial mass on scum (c).

Fig. 3: At highest concentration of toxic substances 150μg/ L (E3), (a) immediate cell bursting and blebbing (b) stress egestion, (c) exocytosis and (d) erratic spinning and movement of cilia.
Table 1: Population densities of Ciliates at three different concentrations of Cu, Cd, Zn and Pb

<table>
<thead>
<tr>
<th>Concentration</th>
<th>Cu (Number per drop of uniform size)</th>
<th>Cd</th>
<th>Zn</th>
<th>Pb</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control</td>
<td>224±5</td>
<td>218±6</td>
<td>212±3</td>
<td>215±4</td>
</tr>
<tr>
<td>E1 (50μg/L)</td>
<td>196±6</td>
<td>117±4</td>
<td>75±3</td>
<td>35±3</td>
</tr>
<tr>
<td>E2 (100μg/L)</td>
<td>38±2</td>
<td>21±3</td>
<td>24±2</td>
<td>17±2</td>
</tr>
<tr>
<td>E3 (150μg/L)</td>
<td>4±1</td>
<td>0</td>
<td>3±2</td>
<td>0</td>
</tr>
</tbody>
</table>

Results and Discussion:-

In the undisturbed samples of protozoa, after half an hour of transfer most flagellates were found attached to surfaces and feeding upon bacterial mass on scum taken in pond water samples. At a concentration of 50μg/ L (E1) four elements Cu$^{2+}$, Cd$^{2+}$, Zn$^{2+}$ and Pb$^{2+}$ were found to be non-lethal in comparison to their respective controls and protozoans showed no irritation and no stressful reaction initially (Fig 1). However, at this non-lethal concentration, the first visible reaction observed were irregular beating of flagella and cilia and erratic spinning movements followed by initial blebbing by stress egestion and distorted cell shapes and eventual death of the cells as concentration of intoxicants was increased (Fig. 1). The results are in accordance with previous work which demonstrated increased frequencies of these irregular processes with increased dose of toxic metals. (Fernandez and Novillo, 1995; Madhoni et al, 1992; Manik and Manik, 2015; Vazquez et al, 2010). At highest concentration of toxic substances 150μg/ L (E3), the cells burst immediately within minutes with stress egestion and loss of flagellum (Fig. 3). For these four elements Cu$^{2+}$, Cd$^{2+}$, Zn$^{2+}$ and Pb$^{2+}$ at a concentration of 100 μg/ L (E2), no living cells were observed after 24 hours in any of the treatments. The addition of these metals at E2 concentration significantly decreased growth rate of protozoans after 24 hours (Two way ANOVA, p< 0.001)

At 50μg/L (E1), maximum population density was found in Cu$^{2+}$ followed by Cd$^{2+}$, Zn$^{2+}$ and Pb$^{2+}$ indicating that Cu$^{2+}$ is the least toxic element and Pb$^{2+}$ being the most toxic element (Table 1). At 100 μg/L (E2), maximum population density was found in Cu$^{2+}$ followed by Cd$^{2+}$, Zn$^{2+}$ and Pb$^{2+}$ showing thereby Cu$^{2+}$ as least toxic element followed by Cd$^{2+}$, Zn$^{2+}$ and Pb$^{2+}$ in terms of increasing toxicity. At150 μg/L (E3), maximum population density was found for Cu$^{2+}$ followed by Zn$^{2+}$ and zero population density was found in Cd$^{2+}$ and Pb$^{2+}$. This showed Cu$^{2+}$ as least toxic followed by Zn$^{2+}$ whereas Cd$^{2+}$ and Pb$^{2+}$ are highly toxic elements at E3.

The percentage decrease in population density at E1, E2 and E3 for Cu$^{2+}$ recorded was 13, 83 and 98 respectively (Table 1). For Cd$^{2+}$ the percentage decrease at E1, E2 and E3 was 46, 90 and 100 and for Zn$^{2+}$ the values are 65, 89 and 98 respectively. For Pb$^{2+}$ the percentage decrease in population density was reported to be 84, 92 and 100 percent at E1, E2 and E3 respectively.

Colonization rates expressed by the species number over time depicted a geometric regression of the average number of protozoa with increasing concentration of metals as compared to controls.

The organometallic complexes formed by Pb and Cd can show more toxicological properties than individual ions due to their high bio accumulation tendencies (Fernandez and Herrero, 1999)

References:-

9. Jens Boenigk, Anneliese W, Karin,P. (2005) Heavy metal toxicity and bioavailability of dissolved nutrients to a bacterivorous flagellate are linked to suspended particle physical properties. Aquatic Toxicology. 71: 249-259