RESEARCH ARTICLE

AZYGOS VEINS VARIATIONS IN VIEW OF THEIR DEVELOPMENTAL BASIS: CASE REPORT.

Samy Ismail Ahmed1* and Tahir Osman Ali2.

1. Department of Anatomy, Faculty of Medicine, Najran University, Saudi Arabia.
2. Faculty of Graduate Studies & Scientific Research, National Ribat University, Sudan.

Abstract

Introduction:- The azygos system of veins anatomical variations are usually explained on the basis of their embryological development. These variations are deserves to be highlighted and reported. Because, for its clinical importance as it acts as a collateral circulation and an alternative pathway in the case of vena caval obstructions, and it is essential for radiographic imaging and avoiding posterior mediastinum surgical complications for optimal patient’s outcome.

Material and method:- A dissection of posterior mediastinum of the adult two male cadavers in our anatomy department, showed multiple abnormalities of the azygos venous system.

Result:- In case (1), the azygos vein, formed by the right subcostal vein only, with an absence of the right ascending lumbar vein. The hemiazygos vein was found to be formed by the union between the left subcostal and the left eleventh posterior intercostal veins. While, the 6th and 7th left posterior intercostal veins conjugated and formed a single root which in turn received the accessory hemiazygos vein that appear to be formed by the 3rd, 4th and 5th left posterior intercostal veins. In case (2), the left azygos venous line was ill defined and the lower eight left posterior intercostal veins were opening independently into the azygos vein by three venous connections. We discussed these variations in view of their embryological developmental basis.

Conclusion:- Obstruction of the cardinal veins normal developmental manner can result in azygos veins abnormalities.

Introduction:- The complex embryologic development of the azygos system of veins makes it susceptible to wide variations that may affect its normal origin, course, termination as well as its normal drainage [1].

These variations may misdiagnose as vascular diseases or other abnormalities. Therefore, knowledge of such anomalies and their embryological basis are very important specially during the posterior mediastinal computed tomography and magnetic resonance imaging reports, and surgery of large vessels to avoid their injuries and unnecessary bleeding [2], [3], [4].

Corresponding Author:- Samy Ismail Ahmed.
Address:- Department of Anatomy, Faculty of Medicine, Najran University, Saudi Arabia.
The azygos vein drains the posterior walls of the thorax and abdomen by many tributaries, including the eight lower right intercostal veins, the right superior intercostal vein, the superior and inferior hemiazygos veins, and numerous mediastinal veins \(^8\). It is usually formed by the union of the right ascending lumbar vein and the right subcostal vein anterior to the twelfth thoracic vertebral body. It passes through the aortic opening of the diaphragm and ascends in the posterior mediastinum on the right side of the thoracic aorta to the level of the fifth thoracic vertebra. Here it arches forward above the root of the right lung to empty into the posterior surface of the superior vena cava \(^6\). The hemiazygos vein is usually formed by the union of the left ascending lumbar vein and the left subcostal vein, receive the lower left three posterior intercostal veins and join the azygos at the level of 8\(^{th}\) thoracic vertebra. The accessory hemiazygos receive the 5\(^{th}\), 6\(^{th}\), 7\(^{th}\) and 8\(^{th}\) left posterior intercostal veins and empty into the azygos at the level of 7\(^{th}\) thoracic vertebra. Subsequently, the azygos veins act as a collateral circulation and an alternative pathway in case of caval vein occlusion, portal hypertension and liver cirrhosis \(^7, 8\).

**Material and Method:**
A dissection of posterior mediastinum of the adult two male cadavers in our anatomy department, showed multiple abnormalities of the azygos venous system. The results are illustrated in Figures (1, 2 & 3).

**Case (1):**
The azygos vein was appearing to be formed by the right subcostal vein only, without any contribution from the right renal vein, inferior vena cava or ascending lumbar veins (Figure 1). It receive the hemiazygos at the level of 8\(^{th}\) thoracic vertebra and the accessory hemiazygos at level of 6\(^{th}\) thoracic vertebra. After it receives the hemiazygos vein, the azygos vein lies in the midline.

The hemiazygos vein was found to be formed by the union between the left subcostal and the left eleventh posterior intercostal veins (Figure 2). The hemiazygos vein appeared pendulous and receives the 10\(^{th}\), 9\(^{th}\) and 8\(^{th}\) left posterior intercostal veins (Figure 2). The 6\(^{th}\) and 7\(^{th}\) left posterior intercostal veins conjugated and formed a single root which in turn received the accessory hemiazygos vein that appear to be formed by the 3\(^{rd}\), 4\(^{th}\) and 5\(^{th}\) left posterior intercostal veins.

**Case (2):**
This case showed complete absence of the hemiazygos veins, and the lower eight posterior intercostal veins drained bilaterally to the azygos vein (Figure 3). The left 12\(^{th}\) and 11\(^{th}\) posterior intercostals vein united together and joined the azygos vein at the level of 11\(^{th}\) thoracic vertebra. Left 10\(^{th}\), 9\(^{th}\) and 8\(^{th}\) posterior intercostals veins conjugated and opened to the azygos vein at the level of 8\(^{th}\) thoracic vertebra after forming one single root (Figure 3). While the 5\(^{th}\) and 6\(^{th}\) joined the 7\(^{th}\) left posterior intercostal vein which drained into the azygos vein at the level of 7\(^{th}\) thoracic vertebra (Figure 3).

**Figure 1:** Showed: Azygos vein; AV, Rt subcostal vein; SV, (4 - 11), Rt posterior intercostal veins.
Discussion:
Azygos venous system formation depends primarily on various modifications during the development of the
cardinal venous complex that constitutes the main venous drainage system of the embryo which appears in the third
week of intrauterine life [9]. The complicated development of these veins accounts for the fact that deviations from
the normal pattern are common.

Although the azygos system developmental origin is somewhat controversial, the azygos vein is often formed by the
right supracardinal vein and the terminal part of the right posterior cardinal vein (right azygos line). Whereas, the
hemiazygos and accessory hemiazygos veins are formed by supracardinal vein the terminal part of the left posterior
cardinal vein (left azygos line). The transverse anastomosis between the azygos and hemiazygos veins is formed by
the persistence of the embryological subcentral anastomosis between right and left supracardinal veins [10, 11].

In our case (1), formation of the azygos vein by the right subcostal vein only was also reported by Alves, E. C et al
[7] and the formation of the hemiazygos vein by the union of the left subcostal and 11th posterior intercostal veins
was seldom reported [6]. Such varieties might be due to the undeveloped or atrophied abdominal part of the right
supracardinal vein which forms the right ascending lumbar vein with the absence of the left supra - subcardinal
anastomosis which forms the lumbar azygos vein [12-14].

The accessory hemiazygos vein normally receives the 5th - 8th intercostal veins but, in the present case (1), this vein
received the 3th - 5th left and joined the common trunk that formed by 6th and 7th posterior intercostal veins. This
drainage pattern was reported by Srijit Das and Shipra Paul [15]. This explained by unusual appearance and
disappearance of some parts of the left supracardinal vein.
In our case (2), the absence of the hemiazygos veins with independent left lower eight posterior intercostal veins drained into the azygos vein through three venous connections was supported by Pyrozowski J., et al.\textsuperscript{[16]} and Quraishi MB, et al.\textsuperscript{[17]} This thought to be formed by undeveloped left supracardinal vein with persistent of three extraordinary intersegment anastomosis.

**Conclusion:**
Obstruction of the cardinal veins normal developmental manner can result in azygos veins abnormalities. Knowledge of azygos system of veins variations is of utmost important to identify, especially for radiologist who may misdiagnosed these anomalies as an aneurysm, tumor or enlarged lymph node in computed tomography and magnetic resonance imaging scans. Hemorrhage is the most troublesome intra-operative hazard which can be caused by accidental injury to such developmental anomalies. Therefore, pre-operative awareness to such anomalies are of great value for surgeons.

**References:**