

| | | |
|---|---|---|
|  | <p>Journal Homepage: - www.journalijar.com</p> <p>INTERNATIONAL JOURNAL OF ADVANCED RESEARCH (IJAR)</p> <p>Article DOI: 10.21474/IJAR01/5310 DOI URL: http://dx.doi.org/10.21474/IJAR01/5310</p> |  |
|---|---|---|

RESEARCH ARTICLE

NOBLE METAL NANOPARTICLES IN CANCER THERAPY: PROPERTIES CHALLENGES AND CLINICAL APPLICATIONS.

M. raja, amutha gnana arasi, m. gopal rao and b. anandhi.

Department of pharmaceutics, college of pharmacy, Sri Ramakrishna Institute of Paramedical Sciences, Coimbatore, 641044. Tamil nadu, India.

Manuscript Info

Manuscript History

Received: 02 July 2017

Final Accepted: 04 August 2017

Published: September 2017

Key words:-

Nanoparticles, Gold, Silver, Cancer Diagnosis, Cancer Therapy.

Abstract

Cancer is still one of the most dangerous diseases worldwide. The application of nanotechnology in medicine, known as nano medicine, has paved a way for introduction of nanoparticles in treating serious disease such as cancer. Nanotechnology differentiates cancer cells from normal cells by active and passive targeting which is essential in cancer treatment. Metal nanoparticle find application in cancer diagnosis, treatment and monitoring all in a single product enhance patient compliance and minimising potential adverse effects. Gold and silver are known as noble metals and the nanoparticles fabricated from these noble metals find number of applications in cancer imaging, photodiode therapy, hyperthermia and tissue targeting and they enable clinicians in early diagnosis and treatment of various cancer. The safety issues mainly toxicity on long time usages of this noble metal nanoparticles are to be addressed. This review highlights the unique properties, clinical applications of noble metal nanoparticles and its challenges.

Copy Right, IJAR, 2017,. All rights reserved.

Introduction:-

Cancer, a disease categorized by the uncontrolled growth and spread of abnormal cells. The global burden is expected to grow to 21.7 million new cancer cases and 13 million cancer deaths. According to American cancer society, about 1,668,780 new cancer cases are expected to be diagnosed in 2017. Surgery, radiation, chemotherapy and novel methods such as hormone therapy, photodynamic therapy (PDT) treatments using nanoparticles and eventually combinations of lasers and nanoparticles are the current treatment practices of cancer⁽¹⁾. Indian Council of Medical Research (ICMR) is projected in 2016 the total number of new cancer cases is expected to be around 14.5 lakh and the figure is likely to reach nearly 17.3 lakh new cases in 2020. Many cancer can be avoided by regular good habits such as non-smoking, healthy diet and healthy lifestyle, but Nonetheless, several cancers cannot be avoided by simple behavioural changes and require technological innovation to improve outcomes⁽²⁾.

In spite of many research works in oncology, cancer is still one of the most dangerous diseases in the world. The need for an advanced technology to play a significant role in treating cancer is clearly evident in the statistics indicating that cancer incidence, prevalence, and mortality remain at exceedingly high levels⁽³⁾. The primary aim in treating cancer should focus on increasing the treatment efficacy as well as minimising the side effects. This can be achieved through nanotechnology where it has got potential advantage targeting cancer cells. Nanotechnology is a smart technology which produces systems. Those systems are known as nanoparticles (NPs) comprised many materials such as lipids, virus and metals or devices such as carbon nanotubes and nanowires⁽⁴⁾. Nanotechnology distinguishes malignant

Corresponding Author:- M. Raja.

Address:- Department of pharmaceutics, college of pharmacy, Sri Ramakrishna Institute of Paramedical Sciences, Coimbatore, 641044. Tamil nadu, India.

cells from non-malignant cells by active and passive targeting which is essential in cancer treatment. Enhanced permeability and retention (EPR) effect and increasing concentration of nanoparticles (NPs) in the tumor are possible by passive targeting ⁽⁵⁾. Active targeting ⁽⁶⁾ will involve selective molecular recognition of antigens, often proteins, that are re-expressed on the cancer cells surface so as to localize NPs to malignant cells or, on the other hand, exploits biochemical properties linked with malignancy such as matrix metalloproteinase secretion. Passive and active targeting may be deployed independently, or the two approaches may be combined.

The characteristic properties of nanoparticles include smaller size and larger surface to volume ratio, tunability of physical and chemical properties based on the requirement of size and shape, target binding. Nanoparticles morphology is the main cause for their properties ⁽⁷⁾. In general, nanoparticles used in the field of biotechnology range in particle size between 10 and 500 nm, seldom exceeding 700 nm. Nanoparticles contain fluorophore, due to this property it finds more application in diagnosis of cancer. Molecular fluorophores make them ideal for bio diagnostic applications.

Metal nanoparticles:-

Nanoparticles are characterized new versatile agents in treating cancer. Metal nanoparticles are obtained from metal precursors. Among several applications, metal nanoparticles (composed of high-Z atoms) were used as selective tumor or cell radio sensitizers. ⁽⁸⁾ Metal nanoparticles thus potential increase radiotherapy efficiency is influenced by metal nanoparticles with the minimisation of its side effects. The word metal nanoparticle describes nanosized metals of size 1-100nm.

Metal nanoparticles find application in cancer diagnosis, treatment and monitoring all in a single product enhance patient compliance and minimising potential adverse effects. In this review article we discuss about the properties of nanoparticles which make them ideal candidates for cancer diagnosis and treatment and their recent applications.

Metal nanoparticles in cancer diagnosis and treatment:-

Since gold and silver exhibit strong absorption and plasmon resonance light scattering, they have wide applications in cell imaging and DNA hybridization detection, proteins interaction and radiation therapy. Unique optical properties, facile surface chemistry, and appropriate size scale of silver and gold nanoparticles draw an appeal of its usage in diagnosis of cancer and its treatment. These silver and gold nanoparticles widely used as anti-tumor agents by diagnosing tumors as well as in therapy by conjugating them with specific ligands and biomarkers. These nanoparticles are administered topically, by intravascular route or intra operatively.

Due to reduced agglomerating tendency, tendency to mask against immune system and biocompatibility of Poly Ethylene Glycol (PEG) coating, PEG coated silver or gold nanoparticles are also employed as carrier in anticancer chemotherapeutics. This intravenously administered PEG coated gold or silver nanoparticles retain a longer duration in solid tumors, then this nanoparticles enhanced can be ablated selectively by NIR irradiation. Molecular specific imaging and treatment of cancer is easily achieved by the synthetic conjugation of the nanoparticles with antibodies targeted to receptors overexpressed on the cancer cells.

Silver-based nanostructured materials can be used as bio imaging labels for human lung cancer H1299 cells as reported. ⁽⁹⁾

Silver:-

Silver is a soft, white, lustrous transition metal possessing high electrical and thermal conductivity. It has been known longer than the recorded history due to its medical and therapeutic benefits before the realization that microbes are agents for infections.

Silver nanoparticles (SNPs) are of special interest of remarkable antimicrobial and localized surface plasmon resonance properties, due to which they have got properties such as broad-spectrum antimicrobial, surface-enhanced Raman spectroscopy (SERS), chemical /biological sensors and biomedicine materials, biomarker ⁽¹⁰⁾ and soon.

The factors which influence the biological activity of SNPs are size, size distribution, surface chemistry, shape, particle composition, particle morphology, coating/capping, particle reactivity in solution, agglomeration, and dissolution rate, efficiency of ion release, and cell type, and the type of reducing agents used for the synthesis of SNPs are a crucial factor for the determination of cytotoxicity ⁽¹¹⁾.

The scattering, absorption cross section, extinction, and quadrupolar coupling of different silver nanoparticles examined reveal that the optical properties depend on the size of the nanoparticles.⁽¹²⁾

Dermal toxicity tests conducted in mice and guinea pigs revealed that short-term exposure to the colloidal SNPs is nontoxic in oral, ocular but at the same time and long-term toxicity studies are necessary for the safe use of the colloidal SNP.⁽¹³⁾ Silver-based nanostructured materials can be used as bio imaging labels for human lung cancer H1299 cells as already reported. In fact, the surface plasmon resonance and large effective scattering cross-section of individual silver nanoparticles make them ideal candidates for molecular labeling. Thus many targeted silver oxide nanoparticles are currently being developed.

SNPs not only induce apoptosis but also sensitize cancer cells and programmed cell death was concentration-dependent under conditions.⁽¹⁴⁾ The anticancer property of starch-coated SNPs was studied in normal human lung fibroblast cells (IMR-90) and human glioblastoma cells (U251). SNPs induced changes in cell morphology, decreased cell viability and metabolic activity, and increased oxidative stress leading to mitochondrial damage and increased production of reactive oxygen species (ROS), ending with DNA damage. Among these two cell types, U251 cells showed more sensitivity than IMR-90]. Cellular uptake of SNPs occurred mainly through endocytosis.

Multifunctional silver-embedded magnetic nanoparticles consisting of a thick silica shell with silver having an average size of 16 nm; produce strong surface-enhanced Raman scattering (SERS) signals and have magnetic properties, and these two significant properties were used for targeting breast-cancer cells (SKBR3) and floating leukaemia cells (SP2/O). The antineoplastic activities of protein-conjugated silver sulfide nano-crystals are size dependent in human hepatocellular carcinoma Bel-7402 and C6 glioma cells⁽¹⁵⁾. Chitosan as a carrier molecule for the delivery of silver to the cancer cells. For example, Chitosan-based nanocarrier (NC) delivery of SNPs induces apoptosis at very low concentrations. Lower concentrations of nanocarrier with SNPs showed better inhibitory results than SNPs alone. Chitosan-coated silver nanotriangles (Chit-AgNTs) show an increased cell mortality rate⁽¹⁶⁾ cytotoxic effect of various sizes of SNPs was significant in acute myeloid leukemia (AML) cells.

Bacterial SNP and fungal extract-produced SNP exhibited anticancer property in human breast cancer MDA-MB-231 cells. Both biologically produced SNPs exhibited significant cytotoxicity. Plant extract-mediated synthesis of SNPs showed more significant toxic effect in human lung carcinoma cells (A549) than non-cancer cells like human lung cells, indicating that SNPs could target cell-specific toxicity, which could be the lower level of pH in the cancer cells.

Multifunctional nanocomposites with polymeric nanoparticles (PNPs) containing alisertib (Ali) and SNPs. PNPs conjugated with a chlorotoxin (Ali@PNPs-Cltx) showed a nonlinear dose-effect relationship, whereas the toxicity of Ali@PNPs-Cltx remained stable.⁽¹⁷⁾ Biologically synthesized SNPs exhibited significant toxicity in MCF7 and T47D cancer cells by higher endocytic activity than MCF10-A normal breast cell line. Only 40% cell inhibition against human breast cancer cells (MDA-MB-231) was observed using silver nanoparticles synthesized from *Acalypha indica*⁽¹⁸⁾. SNP (protein lipid nanoparticles) obtained from seed extract of *Sterculia foetida* (L.) exhibited cellular DNA fragmentation against HeLa cancer cell lines⁽¹⁹⁾. *Datura innoxia*-SNPs inhibited 50% proliferation of human breast cancer cell line MCF7 at 20 µg/mL after 24 h incubation by suppressing its growth, arresting the cell cycle phases, and reducing DNA synthesis to induce apoptosis. At a concentration of 25 µg/mL, *Chrysanthemum indicum*-SNPs exhibited no toxicity against 3T3 mouse embryo fibroblast cells. The differences in their level of anticancer activity against A375 skin melanoma cells was noticed for the SNPs synthesized using the ethanolic extracts of *Phytolacca decandra*, *Gelsemium sempervirens*, *Hydrastis canadensis*, and *Thuja occidentalis*.

SNPs synthesized from *Ficus religiosa* was effective at a dose 50 µg/mL against the DAL induced mice model (30–35 g). Silver nanoparticles produced using *Origanum vulgare* exhibited dose dependent response for human lung cancer A549 cell line (LD50–100 µg/mL)⁽²⁰⁾. The complete apoptosis (95%) was observed at 25 µL/mL of *Alternanthera sessilis*-assisted SNPs for prostate cancer cell (PC3), whereas 99% growth inhibition was obtained for breast cancer cells (MCF-7)⁽²¹⁾. Like these many silver nanoparticle against cancer from herbal source were reported⁽²²⁾.

It is reported that SPs are capable to kill osteosarcoma cells independently from their actual p53 status and induce p53-independent cancer cell apoptosis. This feature renders SNPs attractive candidates for novel chemotherapeutic approaches. And then found that SNPs significantly suppressed the H1299 tumor growth in a xenograft severe combined immune deficient (SCID) mouse model. The results revealed that the anticancer activities of SNPs, suggest

sting that they may act as potential beneficial molecules in lung cancer chemoprevention and chemotherapy, especially for early-stage intervention. Reports on *in vivo* antitumor activity of SNPs are also very limited. It is demonstrated the efficacy of biologically synthesized SNPs as potential anticancer molecules that were shown to have a potent inhibitory activity on disease progression and a potent restorative effect in a Dalton's lymphoma ascites tumor-bearing mouse model. Intramuscular administration of silver and SNPs significantly increased mice survival at day 35 (70% and 60% survival, respectively) in L5178Y-R tumor-bearing mouse model.⁽²³⁾ This finding indicated that SNPs showed anticancer activity *in vivo*. Though SNPs as an antitumor agent can provide new opportunity for medical science, more studies are still needed to advance to clinical translation. When molecular mechanisms, signal pathways, and especially *in vivo* anticancer efficiency, are better understood, the applications of SNPs can be expected to expand further. The SNPs possess several features such as simple synthesis route, high surface to volume ratio, adequate and tunable morphology, intracellular delivery system, characteristic, a large plasmon field area.

Preparation of SNPs:-

SNPs have been prepared by two methods known as physical and chemical methods. Evaporation-condensation using a tube furnace, spark discharging and pyrolysis are physical methods. Merits of physical method are speed, radiation used as reducing agents, and no hazardous chemicals involved, but it produces low yield and high energy consumption, solvent contamination, and lack of uniform distribution at atmospheric pressure.

Chemical methods include usage of water or organic solvents to synthesize the silver nanoparticles. This process usually employs three main components, such as metal precursors, reducing agents, and stabilizing/capping agents. Recently, researches synthesize SNP by green chemistry approach which avoids all demerits of chemical methods.⁽²⁴⁾

Characterization of SNPs:-

Characterization of SNPs have been performed by a variety of analytical methods such as UV-vis spectroscopy, Fourier transform infrared spectroscopy (FTIR), X-ray diffractometry (XRD), X-ray photoelectron spectroscopy (XPS), Scanning electron microscopy (SEM), transmission electron microscopy (TEM), dynamic light scattering (DLS), and atomic force microscopy (AFM).⁽²⁵⁾

Challenges in cancer treatment using SNPs:-

In spite of several nanoparticles developed various methods; the main challenge is the heterogeneity of the tumor and its stroma in targeting cancer cells. Even though nanoparticles is the single platform which address the issues related to achieving higher specificity, minimizing toxicity, biocompatibility, safety, better efficacy, overcoming the pitfalls of the conventional chemotherapy, the field of nanoparticles in cancer treatment need to address several challenges; these include variability of nanoparticles, physiological barriers, enhanced permeability and retention effect, limited carrying capacity, and regulatory and manufacturing issues.⁽²⁶⁾

Gold:-

Gold nanoparticles (GNP) contain colloidal gold which differs in properties that of bulk gold. Due to optical properties with light as suggested by Michael Faraday, these particles are in red color for size less than 100nm or yellowish color for larger sizes. Metal nanoparticles contain free electrons oscillate with respect to the metal lattice in oscillating electromagnetic field of the light⁽²⁷⁾. This process is resonant at a particular frequency of the light and is the localized surface plasmon resonance (LSPR). After absorption, the surface plasmon decays radiatively causes light scattering or nonradiatively by converting the absorbed light into heat. Due to this reason gold nanospheres of 10 nm in diameter have a strong absorption maximum around 520 nm in aqueous solution due to their LSPR.

The shape of the colloidal nanoparticle has got significant role in its properties. Due to their two resonances such as plasmon oscillation along the nanorod short axis and plasmon oscillation along the long axis the color of the particle solution is more vivid for rods than spheres. Since rod shaped particles have absorption peak on transversely as well as longitudinally their anisotropy affects its assembly, they are much used in biological imaging, electronics etc. The less hazardous nature due to their chemical stability, simple and direct synthesis, biocompatibility, non interfering with biomarkers are major reasons for the extensive use of GNP for the diagnosis of cancer⁽²⁸⁾. In animal experiments, GNPs were preferentially sequestered by tumors and, upon irradiation, locally enhanced the dose by emitting showers of Auger electrons.

Among different nanostructures gold nanoparticles are the most appropriate candidate in photothermal sensitizing for the following reasons: they powerfully absorb laser light, are nontoxic, easily conjugates with proteins and antibodies and have tuneable optical properties⁽²⁹⁾.

GNP Preparation:-

Gold nanoparticle of specific application has been developed for spherical and non-spherical shapes⁽³⁰⁾ synthesised spherical GNP and later that refined the processing (1973). By this method hydrogen tetrachloroaurate (HAuCl_4) gold salts have been reduced chemically. Citrate serves as a reducing agent in this reduction process and produced GNP of 10-20 nm in diameter. Breown and Natan synthesised GNP of *via* seeding of Au^{3+} by hydroxylamine.⁽³¹⁾ Subsequent research led to the modification of the shape of these gold nanoparticles resulting in rod, triangular, polygonal rods, and spherical particles.⁽³²⁾ These gold nanoparticles have proved a high surface area to volume ratio with unique properties. They have conjugation capacity with ligands. Due to this the GNP has wider application in imaging and diagnosis of various disease states.

EI syaed used GNP in cancer imaging by selectively transporting GNPs into cancer cell nucleus by conjugating arginine-glycine-aspartic acid peptide (RGD) to enable cancer-cell-specific targeting and a nuclear localization signal peptide (NLS) will exhibit cancer cell nucleus specific targeting to a 30-nm GNPs *via* PEG⁽³³⁾. Gold-based spherical nanoparticle nucleic acid [Bcl2L12 siRNA] delivery crossed BBB and accumulated in human glioma tumors in mice to silence target gene and reduce tumor burden. Gold and silica nanoparticles containing endothelial growth factor [VEGF]-targeted nanoshells for thermal ablation and vessel disruption in mouse glioma model and it is in clinical trials for head and neck cancer and primary and/or metastatic lung tumors.⁽³⁴⁾

Current research field present a variety of nanoparticles, and each has its own unique properties and applications such as nanorings, nanoshells, nanorods, nanopores and nanowires, etc.

Nanoprobes:-

Tumor-targeted gold nanoparticles were developed as a probe for Raman scattering *in vivo*. These GNP were coded with a Raman reporter and further encapsulated with a thiol-modified PEG coat. The results obtained by Qian and coworkers suggest the highly specific recognition and detection of human cancer cells, as well as active targeting of EGFR-positive tumor xenografts in animal models can be made using SERS.

Nanorods:-

Moreover, the use of gold nanorods as photothermal agents sets them apart from all nanoprobes. The heat is the actual method of therapy that kills the targeted cells. One of the biggest recent successes in photothermal therapy is the use of gold nanoparticles. The peak absorptions of spherical GNP have been limited to 520 nm for 10 nm diameter and Moreover, skin, tissues, and haemoglobin have a transmission window from 650 up to 900 nm.

Gold nanorods by Murphy and Coworkers, who were able to tune the absorption peak of these nanoparticles, which can also be tuned from 550 nm up to 1 μm just by altering its aspect ratio of the nanorods. Hence, for the rod-shaped gold nanoparticles with the absorption in the IR region, when selectively accumulated in tumors when bathed in laser light (in the IR region), the surrounding tissue is barely warmed, but the nanorods convert light to heat, killing the malignant cells⁽³⁵⁾.

Nanoshells:-

Nanoshells are optically tuneable core/shell nanoparticles that can be prepared to strongly absorb in the near-infrared (NIR) region where light transmits deeply into tissue. As these particles enhance the enhanced permeability and retention (EPR) effect, they accumulate in the tumor and induce photothermal ablation of the tumor when irradiated with an NIR laser. Tumor specificity is enhanced via functionalizing the nanoshell surface with tumor-targeting moieties. Nanoshells can also be fabricated to strongly scatter light and therefore can be used in various imaging techniques such as such as optical coherence tomography (OCT) and dark-field microscopy.

It is reported the usage of near-infrared resonant nanoshells for whole-blood immunoassays. Multifunctional magnetic gold nanoshells (Mag-GNS) were developed with utilizing Fe_3O_4 nanoparticles as the magnetic core. The Fe_3O_4 nanoparticles allow MRI for diagnosis, and the gold nanoshells enable photothermal therapy. By attaching an antibody to the Mag-GNS by a PEG linker, cancer cells can be targeted. Once localized, these particles enable the detection of cancer using MRI, whereas the photothermal therapy can be used to get rid of cancer cells⁽³⁶⁾.

Nano cages:-

Nanocages are hollow GNP absorbs in the near infrared range Xia and Co-workers first developed that by reacting silver nanoparticles with chloroauric acid (HAuCl_4) in boiling water.⁽³⁷⁾ Their LSPR peaks can also be tuned to the near infrared region by controlling the thickness and porosity of the walls., they have found applications in drug delivery and/or controlled drug release as that of nanoshells and the hollow interiors can host small objects such as magnetic nanoparticles to construct multifunctional hybrid nanostructures diagnostic imaging and therapy.

Nanoclusters:-

In current years, photoluminescent gold nanoclusters have gained considerable interest in both fundamental biomedical research and practical applications. Salient features of nanoclusters such as their unique molecule-like optical properties, ultra small size, and facile synthesis gold nanoclusters have been considered very promising photoluminescent agents for bio sensing, bio imaging, and targeted therapy. The cellular uptake and cytotoxicity of Au NCs along with intracellular generation of reactive oxygen species in MCF-7 and MDA-MB-231 breast cancer cells D Gold ethanesulfonic acid nanocluster showed exposure time-dependent high cytotoxicity and higher reactivity in breast cancer cells ,which led increased generation of reactive oxygen species⁽³⁸⁾.

Nanostars:-

In recent year a new type of nanoparticle developed which is known as "nanostars," which accumulate in tumor cells and scatter light, thus tumors become easily seen with the help of a special camera. The particles are in the size about are each about 140 nm across, and consist of eight-point gold stars that are surrounded by a layer of dye and encased in a sphere of silica and a polymer.

Gold Nanostars characterised as a star-shaped gold core, a Raman reporter resonant in the near-infrared spectrum, and a primer-free silication method. In genetically engineered mouse models of breast cancer, pancreatic cancer, prostate cancer, and sarcoma, and in one human sarcoma xenograft model, nanostars enabled accurate detection of macroscopic malignant lesions, as well as microscopic disease, without the need for a targeting moiety. The sensitivity (1.5 fM limit of detection) of surface-enhanced resonance Raman scattering nanostars permitted imaging of premalignant lesions of pancreatic and prostatic neoplasias. High sensitivity and broad applicability, in conjunction with their inert gold-silica composition, render SERRS nanostars a promising imaging agent for more precise cancer imaging and resection.⁽³⁹⁾

The plasmonic heating response of nanostar serves as a signature of nanoparticle internalization in cells, bringing the ultimate goal of nanoparticle-mediated photothermal therapy a step closer. Gold nanostars can be used for simultaneous photoacoustic imaging and photothermal therapy in living cancer cell.⁽⁴⁰⁾

Characterization of GNPs:-**UV-Vis Spectrophotometry:-**

The optical properties of the gold colloidal solution were monitored in UV spectrophotometer in the range of 300–700 nm.

Transmission Electron Microscopy:-

Samples for TEM analysis were prepared by placing a drop of the gold colloidal solutions on carbon-coated copper TEM grids. The sample deposited on the grid was allowed to dry in air for a few minutes before analysis. The morphology and the size of the prepared gold nanoparticles were determined by transmission electron microscope.

Dynamic Light Scattering (DLS):-

Determination of particles' size distribution was carried out with Zetasizer by illuminating the gold colloidal solution with He-Ne Laser.

Toxicity:-

Nanoparticles will accumulate in various cells. But the size of the nanoparticle plays a significant role in avoidance in renal clearance and immune activation, resulting in enhanced circulation time of nanoparticles and availability for their effective treatment.⁽⁴¹⁾

Challenges:-

Challenges in gold nanoparticle include, factors influencing pharmacological properties are to be clarified, long term cytotoxic effects must be studied, inflammatory and immune response triggered by some polymer coating must be eliminated, cost of the therapy must be minimised.

Challenges for noble metal nanoparticles:-

A major drawback in translating gold and silver and other inorganic nanoparticles to clinical practice in targeting cancer cells is their non-biodegradable nature. And the next issue governs the size of the nanoparticle for body clearance. They are too large for body clearance in desirable time frames. This leads to issues related to accumulation and chronic toxicity of nanoparticle. Recent research reveals that nanoparticles of size less than 5, 5, nm are effectively eliminated by urinary excretion. But, plasmonic nanoparticles with resonances in the NIR region are at least 50 nm in size, and often > 100 nm, severely limiting their body clearance rates.⁽⁴²⁾

Conclusion and future prospective:-

Nanoparticles have gained immense interest as next generation therapeutic tool in cancer. These nanoparticles overcome several demerits of conventional chemotherapy, such as adverse effects and the development of resistance. They help clinicians not only in early diagnosis but also in monitoring the progress and success of therapy. Many studies have proved their potential in cancer therapy, and various formulations of noble metal nanoparticles are already in the preclinical and clinical stages of development. Despite the many proposed advantages of noble nanoparticles the aggregated or disintegrated nanoparticles can be toxic and attempt is required to make their desirable properties intact under physiological conditions. There are many potentially toxic effects linked with exposure to inorganic nanoparticles, such as the generation of reactive oxygen species, formation of apoptotic bodies, and impaired mitochondrial function. The evaluation of the safety of rigid nanoparticle, especially for long-term application, is a major challenge. The chronic toxicity and mechanisms related to metabolism of rigid nanoparticles in the body are to be discussed before potential clinical applications. Thus, it is vital to find standard guidelines/protocols for the toxicity determination of rigid nanoparticles *in vitro* and *in vivo*. The safety issues are currently taken into consideration and should gain more focus in future studies. However, there is no doubt that, once these issues are successfully addressed, noble metal nanoparticles will become an important clinical tool in cancer therapy.

References:-

1. Reza Fekrazad, Nafiseh Naghdi, Hanieh Nokhbatolfoghahaei, Hossein Bagheri, The Combination of Laser Therapy and Metal Nanoparticles in Cancer Treatment Originated From Epithelial Tissues: A Literature Review, *J Lasers Med Sci* 2016 Spring;7(2):62-75.
2. Barnard RJ. Prevention of cancer through lifestyle changes. *Evid. Based Complementary Altern. Med.* 2004;1:233-239.
3. Ferlay J, Shin HR, Bray F, Forman D, Mathers C, Parkin DM. Estimates of worldwide burden of cancer in 2008: GLOBOCAN 2008. *Int. J. Cancer.* 2010;127:2893-2917.
4. Choi, Young-Eun, Ju-won kwak, and Joon W Park "Nanotechnology for early cancer detection.: *Sensors* 10.1(2010);428-55.
5. Maeda H. Macromolecular therapeutics in cancer treatment: the EPR effect and beyond. *J. Control. Release.* 2012; 164:138-144.
6. Byrne JD, Betancourt T, Brannon-Peppas L. Active targeting schemes for nanoparticle systems in cancer therapeutics. *Adv. Drug Deliv. Rev.* 2008; 60:1615-1626.
7. Tapan K. Sau (International Institute of Information Technology, Hyderabad, India) and Andrey L. Rogach (City University of Hong Kong, Hong Kong), Wiley-VCH Verlag & Co KGaA, Weinheim, Germany, 2012, 582.
8. Retif, P.S. Pinel, M. Barberi-Heyob. 2015. Nanoparticles for radiation therapy -enhancement: the key parameters.. *Theranostics*.5:1030-1044.
9. Denisa Ficai, Anton Ficai and Ecaterina Andronescu, 2015. *Advances in Cancer Treatment: Role of Nanoparticles, Nanomaterials-Toxicity and Risk assessment*, 1-5.
10. Y. Bu, S. Lee, "Influence of dopamine concentration and surface coverage of Au shell on the optical properties of Au, Ag, and Ag-core-Au-shell nanoparticles", *ACS Appl. Mater. Interfaces* vol.4, pp. 3923-3931, 2012.
11. Carlson C., Hussain S.M., Schrand A.M., Braydich-Stolle L.K., Hess K.L., Jones R.L., Schlager J.J. Unique cellular interaction of silver nanoparticles: Size-dependent generation of reactive oxygen species. *J. Phys. Chem. B.* 2008;112:13608-13619. doi: 10.1021/jp712087m.
12. D. D. Evanoff Jr. and G. Chumanov, "Synthesis and optical properties of silver nanoparticles and arrays," *ChemPhysChem*, vol. 6, no. 7, pp. 1221-1231, 2005.

13. N. R. Panyala, E. M. Pena~Mendez, and J. Havel, "Silver or silver nanoparticles: a hazardous threat to the environment and human health?" *Journal of Applied Biomedicine*, vol. 6, no. 3, pp. 117–129, 2008.
14. Gopinath P., Gogoi S.K., Chattopadhyay A., Ghosh S.S. Implications of silver nanoparticle induced cell apoptosis for in vitro gene therapy. *Nanotechnology*. 2008;19:075104. doi: 10.1088/0957-4484/19/7/075104.
15. Wang H.J., Yang L., Yang H.Y., Wang K., Yao W.G., Jiang K., Huang X.L., Zheng Z. Antineoplastic activities of protein-conjugated silver sulfide nano-crystals with different shapes. *J. Inorg. Biochem.* 2010;104:87–91. doi: 10.1016/j.jinorgbio.2009.10.015.
16. Sanpui P., Chattopadhyay A., Ghosh S.S. Induction of apoptosis in cancer cells at low silver nanoparticle concentrations using chitosan nanocarrier. *ACS Appl. Mater. Interfaces*. 2011;3:218–228. doi: 10.1021/am100840c.
17. Locatelli E., Naddaka M., Ubaldi C., Loudos G., Fragozeorgi E., Molinari V., Pucci A., Tsotakos T., Psimadas D., Ponti J., et al. Targeted delivery of silver nanoparticles and alisertib: In vitro and in vivo synergistic effect against glioblastoma. *Nanomedicine*. 2014;9:839–849. doi: 10.2217/nnm.14.1.
18. C. Krishnaraj, P. Muthukumar, R. Ramachandran, M. Balakumaran, and P. Kalai chelvan, "Acalypha indica Linn: biogenic synthesis of silver and gold nanoparticles and their cytotoxic effects against MDA-MB-231, human breast cancer cells," *Biotechnology Reports*, vol. 4, pp. 42–49, 2014.
19. P. Rajasekharreddy and P. U. Rani, "Biofabrication of Ag nanoparticles using Sterculia foetida L. seed extract and their toxic potential against mosquito vectors and HeLa cancer cells," *Materials Science and Engineering C*, vol. 39, no. 1, pp. 203–212, 2014.
20. R. Sankar, A. Karthik, A. Prabu, S. Karthik, K. S. Shivashangari, and V. Ravikumar, "Origanum vulgare mediated biosynthesis of silver nanoparticles for its antibacterial and anticancer activity," *Colloids and Surfaces B: Biointerfaces*, vol. 108, pp. 80–84, 2013.
21. M. J. Firdhouse and P. Lalitha, "Biosynthesis of silver nanoparticles using the extract of *Alternanthera sessilis*—antiproliferative effect against prostate cancer cells," *Cancer Nanotechnology*, vol.4, no. 6, pp. 137–143, 2013.
22. R. Govender, A. Phulukdaree, R. M. Gengan, K. Anand, and A.A. Chuturgoon, "Silver nanoparticles of *Albizia adianthifolia*: the induction of apoptosis in human lung carcinoma cell line," *Journal of Nanobiotechnology*, vol. 11, no. 1, article 5, 2013.
23. Sriram MI, Kanth SB, Kalishwaralal K, Gurunathan S. Antitumor activity of silver nanoparticles in Dalton's lymphoma ascites tumor model. *Int J Nanomed*. 2010;5(1):753–762.
24. Gurunathan S, Lee KJ, Kalishwaralal K, Sheikpranbabu S, Vaidyanathan R, Eom SH. Antiangiogenic properties of silver nanoparticles. *Biomaterials*. 2009;30(31):6341–6350.
25. Xi-Feng Zhang,¹ Zhi-Guo Liu,¹ Wei Shen,² and Sangiliyandi Gurunathan³, Silver Nanoparticles: Synthesis, Characterization, Properties, Applications, and Therapeutic Approaches, *Int J Mol Sci*. 2016 Sep; 17(9): 1534, Published online 2016 Sep 13. doi: 10.3390/ijms17091534.
26. Wicki A., Witzigmann D., Balasubramanian V., Huwyler J. Nanomedicine in cancer therapy: Challenges, opportunities, and clinical applications. *J. Control. Release*. 2015;200:138–157. doi: 10.1016/j.jconrel.2014.12.030.
27. Link S, El-Sayed MA. Optical properties and ultrafast dynamics of metallic nanocrystals. *Annu Rev Phys Chem*. 2003;54:331–66.
28. L. J. Wang Yz Hb and X. J. Liang, "Current status of nanotechnology applied in biomedicine," *Acta Biophysica Sinica*, vol. 25, no. 3, pp. 168–174, 2009.
29. Raji V, Kumar J, Rejiya CS, Vibin M, Shenoi VN, Abraham A. Selective photothermal efficiency of citrate capped gold nanoparticles for destruction of cancer cells. *Exp Cell Res*. 2011;317(14):2052–2058. doi: 10.1016/j.yexcr.2011.04.010.
30. Turkevich J, Stevenson PC, Hillier J. A study of the nucleation and growth processes in the synthesis of colloidal gold. *Discuss Faraday Soc*. 1951;11:55–75.
31. Frens G. Controlled nucleation for regulation of particle size in monodisperse gold suspensions. *Na Phys Sci*. 1973;241:20–2.
32. Subrata K, Sudipa P, Snigdhamayee P, Soumen B, Sujit KG, Anjali P, et al. Anisotropic growth of gold clusters to gold nanocubes under UV irradiation. *Nanotechnology*. 2007;18:075712.
33. Kang B, Mackey MA, El-Sayed MA. Nuclear targeting of gold nanoparticles in cancer cells induces DNA damage, causing cytokinesis arrest and apoptosis. *J Am Chem Soc*. 2010;132:1517–9.
34. E.S. Day, L. Zhang, P.A. Thompson, J.A. Zawaski, C.C. Kaffes, M.W. Gaber, S.M. Blaney, J.L. West Vascular-targeted photothermal therapy of an orthotopic murine glioma model *Nanomedicine*, 7 (2012), pp. 1133–1148.
35. Busbee BD, Obare SO, Murphy CJ. An improved synthesis of high-aspect-ratio gold nanorods. *Adv Mater*.

- 2003;15:414–6.
36. Kim J, Park S, Lee JE, Jin SM, Lee JH, Lee IS, et al. Designed fabrication of multifunctional magnetic gold nanoshells and their application to magnetic resonance imaging and photothermal therapy. *Angew Chem Int Ed Engl.* 2006;45:7754–8.
 37. Chen J, Saeki F, Wiley BJ, Cang H, Cobb MJ, Li ZY, et al. Gold nanocages: bioconjugation and their potential use as optical imaging contrast agents. *Nano Letters.* 2005;5:473–7.
 38. Marija Matulionyte, Dominyka Dapkute, Laima Budenaite, Greta Jarockyte and Ricardas Rotomskis, Photoluminescent Gold Nanoclusters in Cancer Cells: Cellular Uptake, Toxicity, and Generation of Reactive Oxygen Species, *Int. J. Mol. Sci.* 2017, 18, 378; doi:10.3390/ijms18020378.
 39. Harmsen S, Huang R, Wall MA, Karabeber H, Samii JM, Spaliviero M, White JR, Monette S, O'Connor R, Pitter KL, Sastra SA, Saborowski M, Holland EC, Singer S, Olive KP, Lowe SW, Blasberg RG, Kircher MF, Surface-enhanced resonance Raman scattering nanostars for high-precision cancer imaging, *Sci Transl Med.* 2015 Jan 21;7(271):271ra7. doi: 10.1126/scitranslmed.3010633.
 40. Xiao-Long Zhang Cheng Zheng Yun Zhang Huang-Hao Yang Xiaolong Liu Email author Jingfeng Liu, One-pot synthesis of gold nanostars using plant polyphenols for cancer photoacoustic imaging and photothermal therapy, *Journal of Nanoparticle Research*, July 2016, 18:174.
 41. João Conde,1,2 Gonçalo Doria,1 and Pedro Baptista1 Noble Metal Nanoparticles Applications in Cancer, *Journal of Drug Delivery*, Volume 2012 (2012), Article ID 751075, 12, doi.org/10.1155/2012/751075.
 42. Konstantin Sokolov, Jasmine Tam, Justina Tam, Kort Travis, Tim Larson, Jesse Aaron, Nathan Harrison, Stanislav Emelianov, and Keith Johnston, Cancer Imaging and Therapy with Metal Nanoparticles, 31st Annual International Conference of the IEEE EMBS Minneapolis, Minnesota, USA, September 2-6, 2009.