



## RESEARCH ARTICLE

### ENCAPSULATING MECONIUM PERITONITIS : ABOUT A CASE

**Benchidmi Sara, Dibi Asmae, Ilham El Ouardighi and Amina Barkat**

National Reference Center in Neonatology and Nutrition, Children's Hospital of Rabat, Morocco.

#### Manuscript Info

##### Manuscript History

Received: 05 July 2023

Final Accepted: 09 August 2023

Published: September 2023

##### Key words:-

Morocco, Peritonis, Meconium, Abdominal Distension

#### Abstract

Encapsulating meconium peritonitis is a very rare digestive pathology. It is a peritoneal fibrosis that can evolve into a peritoneal shell, enveloping some or all of the intestinal loops and forming the cocoon. This peritonitis is caused by meconium leaking into the peritoneal cavity following perforation of the fetal intestine. It can be diagnosed antenatally. Definitive treatment is based on dissection and excision of the abdominal cocoon. We report a case of a newborn patient, admitted to the National Reference Center of Neonatology and Nutrition (NRCN) for an encapsulating meconium peritonitis secondary to perforation of the small bowel, who benefited from conservative treatment and whose evolution was marked by the onset of malabsorption syndrome and exudative enteropathy, then complicated by a severe sepsis.

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#### Introduction:-

Encapsulating peritonitis is a peritoneal fibrosis that can evolve into a veritable sclerosis, or even a peritoneal shell, enveloping the intestinal loops and forming the cocoon.

This is a rare digestive pathology, first described in 1868 by Cleland [I], and since then only around forty cases have been described.

Encapsulating meconium peritonitis is caused by meconium leaking into the peritoneal cavity, secondary to perforation of the fetal intestine. The passage of meconium and digestive enzymes into the peritoneum induces an inflammatory reaction in the serous membranes.

Diagnosis can be made antenatally, thanks to advances in obstetric ultrasound.

It can be associated with a high neonatal mortality rate of 50% to 60%, and often requires surgical treatment [II - III] in the postnatal period.

#### Case Report:

A 3000 g baby boy was delivered via spontaneous vaginal delivery at term, in the university hospital of Rabat, to a 33 years old mother. The baby was diagnosed with encapsulating meconium peritonitis based on an antenatal ultra sound.

From birth, our patient presented with severe abdominal distension and vomiting. The newborn underwent surgery on the third day of life. Surgery revealed encapsulating peritonitis with a shell encompassing all the intestinal coves, treatment was limited to peritoneal cleansing with double drainage. Then the patient was discharged after a full recovery.

The medium-term outcome was unfavorable. The patient was readmitted to the National Reference Center of Neonatology and Nutrition (NRCN) in Rabat, on the forty-seventh day of life for malabsorption syndrome due to exudative enteropathy caused by congenital intestinal malrotation. His condition had deteriorated following severe sepsis.

### Discussion:-

Encapsulating peritonitis is a particular variety of peritonitis, in which the intestine is progressively surrounded (imprisoned) by a pseudomembrane, which is not the peritoneum, and appears smooth, colorless and sometimes very thick. This pseudomembrane is a major obstacle to organ transplantation (e.g. liver transplantation), especially as it usually progresses to peritoneal fibrosis and/or repeated episodes of intestinal obstruction.

It may be acquired, secondary to autoimmune disease (such as systemic lupus erythematosus), granulomatous disease or peritoneal dialysis, tumors or foreign bodies. [II- IV-V]

Or congenital, according to several studies the false membrane or cocoon may be derived from the yolk bladder during the twelfth week of amenorrhea. [VI]

In this case, we think that the abdominal cocoon formation is due to meconium peritonitis.

There are 3 types of abdominal cocoon:

- Type I: the shell covers part of the intestine
- Type II: the shell encloses the entire intestine
- Type III: the entire intestine and other viscera are enclosed within the shell. [IV]

In this case, it is type II.

The symptoms in newborns are not specific and are represented by abdominal distension, vomiting and non-effective transit, suggesting several etiologies. In our case, the diagnosis was antenatal.

The treatment is essentially surgical, and may be conservative, as in the case of our patient who underwent simple peritoneal lavage, or definitive, based on dissection and excision of the shell [II-VII]. Some authors recommend combining the operation with appendectomy [VII].

By comparing our case, which benefited from a conservative treatment, with that described by S. Ahmad in Pakistan, who underwent a complete cure [VIII], the outcome was similar: both patients succumbed to severe sepsis in the postoperative period.

### Conclusion:-

Encapsulating meconium peritonitis is a very rare pathology, making it difficult to provide a clear information and advice to the parents as soon as it is suspected. Diagnosis must be made antenatally, so that close monitoring can be adopted, marked by close collaboration between the various perinatal care professionals involved.

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