



### RESEARCH ARTICLE

## ANALYSIS OF BIOACTIVE COMPOUNDS FROM AMARANTHUS HYBRIDUS STEM BY GAS CHROMATOGRAPHY AND MASS SPECTROSCOPY

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### Abstract

The main objective of the present study was to characterize the phytochemicals from the stem of *Amaranthus hybridus*. The shade dried stem were powdered and subjected to Soxhlet extraction with n-hexane. The extract obtained was characterized by Gas chromatography–Mass spectrometry. Results revealed that different types of high and low molecular weight chemical entities with varying quantities present in the extracts. The most prevailing compounds were identified as Glycerol 1-myristate, Heneicosane, Cyclohexadecane, Hexadecane, Malonic acid, 3-methylpentyl undecyl ester 2-Methylhexacosane, Eicosane, -(+)-Ascorbic acid 2,6-dihexadecanoate, Octacosane trans-13-Octadecenoic acid, 9,12-Octadecadienoic acid methyl ester, and Palmitic acid. These chemical compounds are considered biologically and pharmacologically important. It is concluded that the hexane extract of *Amaranthus hybridus* stem possess medicinal value as well as pharmacological activities.

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### Introduction:-

Plants are the traditional sources for many chemicals and they are used as pharmaceuticals, fragrances, food colors and flavors in different countries and in India. Herbal medicines and their derivative products were prepared from crude plant extracts, which contain a complex mixture of different phytochemical constituents. The chemical properties of these phytoconstituents differ considerably among different species [1]. It is been proved the potential of phenolic compounds as chemo preventive agents against chronic diseases associated to oxidative stress through an array of actions including anti-oxidant, anti-inflammatory, anti-hypertensive and anti-atherosclerotic activities [2]. *Amaranthus* is a common name for any flowering plant with blossoms that do not readily fade when picked and it belongs to the family *Amaranthaceae*. Most of the *Amaranthus* are found in tropics and it is cultivated in many parts of the world. They are herbs of shrubs with simple leaves and flowers in heads or spikes [3]. *Amaranthus* plants (*Amaranthaceae*) are spread throughout the world, growing under a wide range of climatic conditions and they are known to produce useful feed and food products. The leaves of amaranth constitute rich source of protein, carotenoids, vitamin C, and dietary fiber minerals like calcium, iron, zinc, magnesium and Phosphorus [4]. *Amaranthus* spp. are a group of versatile food crops that consist of 60 species, of which three species are grown for edible grains and 17 species are grown for edible leaves. *Amaranthus* leaves are used in many countries from Africa, where they are consumed in the form of infusions, salads, soups, sauces and they are mixed with other vegetables or legumes [5]. The color of *Amaranthus* leaf and stalk varies from red to green, and that of the seed ranges from black to white. Highly pigmented vegetables or fruits such as anthocyanin-rich vegetables usually have higher nutritional value compared to other species of the same plant as found by [6]. *Amaranthus* seeds have 30% protein content

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which is higher than rice, rye and sorghum [7]. It is a rich source of essential amino acids [8]. Amaranth flour is suitable for patients with gluten allergy and plasma lipid profile positively affected after amaranth consumption [9]. Amaranthus seeds are used as an important source of natural antioxidants due to the presence of betacyanins. Also in amaranth seed the inhibitory peptides against dipeptidyl peptidase IV (DPPIV) activity have been identified by [10]. Furthermore, hypocholesterolaemic properties also reported in amaranth seeds due to the presence of squalene, an unsaturated hydrocarbon [11]. Vegetable amaranth is a good source of minerals, vitamins, phenolics, and carotenoids; it also contains betalains, a nitrogen containing group of natural pigments, as well as proteins and fibers. Those secondary metabolites or natural antioxidants are involved in defenses against several diseases like cancer, atherosclerosis, arthritis, cataracts, emphysema, and retinopathy, neuro-degenerative and cardiovascular diseases [12]. It was reported that the content of polyphenols in different amaranth seed varieties were influenced by many factors including genotype, climatic and environmental conditions, experimental sites and seasons [13]. Amaranthaceae are mostly distributed in tropical but also in temperate regions. About 18 genera and over 50 species have been reported from India [14]. However, the bio active peptide constituents of most species remain largely unexplored. In traditional medicine crude extracts from natural plants have been used to treat various ailments. One of them is Amaranthus spp. though its complete therapeutic uses are still unexplored. Recently scientific reports revealed the nutraceutical properties, composition, antioxidant properties, applications, and processing of Amaranth spp. which indicating the increasing scientific interest to know the health promoting benefits of Amaranthus spp. [15]. The present study was carried out to identify the phytochemicals in stem of Amaranthus hybridus native to India. A. hybridus contains some quality of alkaloids and the edible part is used in the treatment of intestinal bleeding, diarrhea and excessive menstruation.

## Materials and Methods:-

### Plant material:

The plant Amaranthus hybridus was collected from vegetable market, Coimbatore, Tamil Nadu, India. It was authenticated by the Botanical Survey of India, Coimbatore Tamil Nadu, India. . The voucher number is BSI/SRC/5/23/2019/Tech/3062.

### Preparation of extract:

Plant was washed with distilled water and it was shade dried in darkness at room temperature. Stem part from the Amaranthus hybridus was collected for the study. Dried Stem parts were cut into small pieces and blended into uniform dry powder. About 20g of stem powder was mixed with 200 ml of Hexane. The mixture was kept on the Soxhlet apparatus at 40 °C for 72 hrs. The concentrated stem extract was stored in an airtight container and kept in a cool, dark and dry place. These samples were employed for GC/ MS analysis

### Gas chromatography and Mass spectroscopic (GC-MS) Analysis:

GC-MS analysis was carried out on a GC CLARUS SQ 8 C Perkin Elmer system comprising a gas chromatograph interfaced to a mass spectrometer (GC-MS) instrument employing the following conditions: operating in electron impact mode at 70 eV; Helium (99.999%) was used as carrier gas at a constant flow of 1ml / min and an injection volume of 1 microlitre was employed. The identification of the phytoconstituents was based on comparison of mass spectra, the retention index, and National Institute of Standards and Technology Library (NIST).

## Results and Discussion:-

Vegetables and fruits are very important for human health because they are rich in nutrients. Leafy vegetables are not only good sources of minerals but also they are source of vitamins, antioxidants and pigments [16]. The analysis and extraction of plant material play an important role in the development, modernization and quality control of herbal formulations. Extraction is an important step in the discovery of bioactive components from plant material. Selection of the analytical strategy for extracting secondary metabolites in plant materials depends on the nature of the sample and the analyte [17]. Solvent extractions are the most commonly used procedures to prepare extracts from plant materials. There are different methods for extracting compounds from fresh vegetable foods. Conventional solvents as methanol and hexane are recognized for providing high extraction yields [18]. In the present study bioactive compounds present in hexane extract of A. Hybridus stem was evaluated by Gas chromatography and Mass spectrometry. GC-MS method used for the analysis of the obtained extracts can be an interesting tool for testing the amount of some active principles in herbs used in cosmetic, drugs, pharmaceutical or food industry [1]. The mass spectrometer analyzed the compounds eluted at different times to identify the nature and structure of the compounds. The large compound fragments into smaller compounds giving rise to appearance of

peaks at different  $m/z$  ratios. These mass spectra are fingerprint of compounds which can be identified from the data library. The gas chromatogram shows the relative concentrations of various compounds getting eluted as a function of retention time in minutes while the relative concentrations of the components present in the extract is indicated by the peak heights. [19]. The active principles with their % peak area and biological activity in hexane extract of stem of *A. hybridus* are shown in table 2 and figure 1. Forty compounds have been identified in the hexane extract of *Amaranthus hybridus* stem based on library data (NIST and WILEY) of corresponding compounds. The most prevailing compounds were identified as, Glycerol 1-myristate, Heneicosane, Cyclohexadecane, Hexadecane, Malonic acid, 3-methylpentyl undecyl ester, 2-Methylhexacosane, Eicosane, -(+)-Ascorbic acid 2,6-dihexadecanoate, Octacosane trans-13-Octadecenoic acid, 9,12-Octadecadienoic acid methyl ester, Palmitic Acid, Phthalic acid, di (2 - propyl pentyl) ester, Docosyl penta fluoro propionate. Previous studies revealed that *Amaranthus hybridus* are rich in phenolic compounds whose biological activities are well established. Amaranth oil is an effective natural antioxidant supplement since it contains high content of unsaturated fatty acids and squalene [20]. Also it is known that *Amaranthus* spp. is a promising source of valuable nutritional components. The seeds of *Amaranthus* spp are a good substitute for cereals since they contain highly unsaturated oil, squalene, tocopherols and gluten-free proteins. The leafy vegetables are rich in dietary antioxidants and other micro constituents. The leaves of amaranth possess high antioxidant activity comparing with many other traditional green leafy vegetables, they are also a good source of iron and provitamin A [13]. The presence of palmitic and linoleic acids in amaranthus spp.(*A. hybridus* and *A. hypochondriacus* cvs Cristalina and Nutrisol) was reported in previous studies. Linoleic ethyl esters was present only in *A. hybridus* and *A. hypochondriacus* cvs Cristalina and Nutrisol, while oleic acid ethyl ester was only present in *A. hypochondriacus* cvs Cristalina and Nutrisol. Butyl ester of palmitic and stearic acid were detected in all samples analyzed. Stigmasterol, an important phytosterol, was detected in higher abundance in the wild species *A. powellii*, followed by *A. hypochondriacus* cvs Cristalina, and *A. hybridus*. Squalene, an unsaturated hydrocarbon, was detected in all samples but interestingly the highest abundance was detected in *A. cruentus*. [11]. In the present study hexane extract of *A. hybridus* stem screened for phytochemicals and the results showed (Table 1) the presence of phytochemicals namely alkaloids, flavonoids and phenols. It was reported that compounds such as flavonoids are responsible for the radical scavenging effects of most plants. Phenolic compounds have also been known as antioxidant agents, which act as free radical terminators and have shown medicinal activity as well as exhibiting physiological functions [21].

### Conclusion:-

The present study demonstrates the identification of phytocompounds from the *A. hybridus* stem. GC-MS results revealed the presence of forty different compounds including Ascorbic acid. It could be concluded that inclusion of *A. hybridus* into the diet may help overcoming various nutritional problems. However, further studies are needed to be carried out for compound isolation and their pharmacological action.

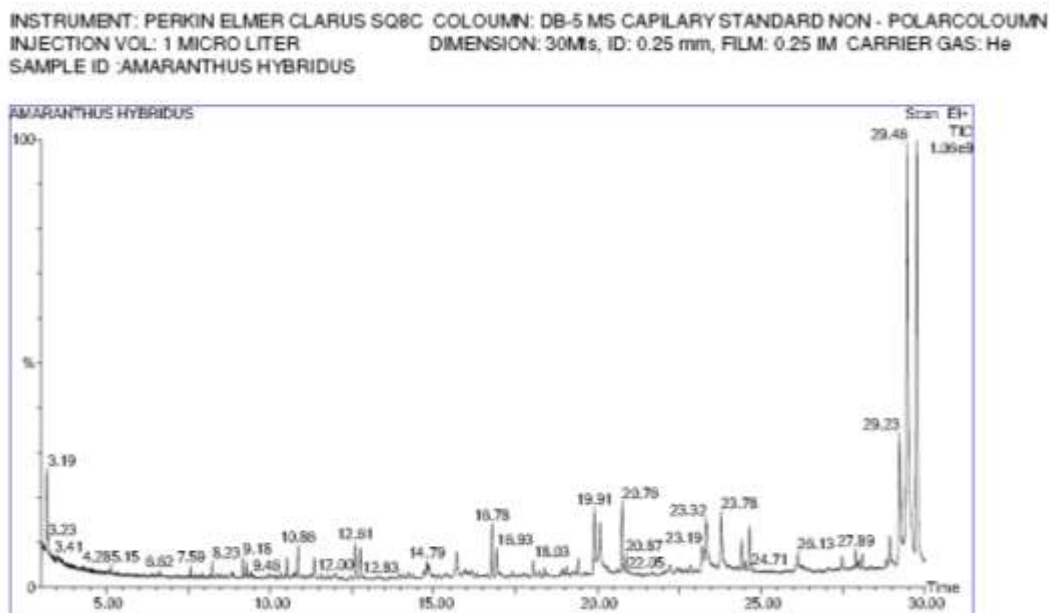


Figure 1:- GC-MS Chromatogram of Hexane extract of *Amaranthus hybridus* Stem.

**Table 1:-** Phytochemical screening from hexane extract of *Amaranthus hybridus* stem.

Phytochemicals	Hexane extract
Alkaloids	+
Flavonoids	+
Phenols	+
Anthraquinones	=
Steroids	=
Terpenoids	=
Tannins	=
Saponins	=

**Table 2:-** Phytochemicals identified from the hexane extract of *Amaranthus hybridus* stem.

S.No	RT	Name of the Compound	Mol.Wt	Mol. Formula	Peak area %
1	3.043	n-Hexane	86	C <sub>6</sub> H <sub>14</sub>	2.769
2	3.193	N,N'-Bis(2,6-dimethyl-6-nitrosohept-2-en-4-one)	169	C <sub>18</sub> H <sub>30</sub> N <sub>2</sub> O <sub>4</sub>	6.693
3	3.389	Pentane, 3-methyl-	86	C <sub>6</sub> H <sub>14</sub>	0.754
4	3.439	Glycerol 1-myristate	302	C <sub>17</sub> H <sub>34</sub> O <sub>4</sub>	0.426
5	3.514	Cyclobutylcarboxamide, N-methyl-	139	C <sub>8</sub> H <sub>13</sub> NO	3.733
6	3.794	Furan, tetrahydro-2-methyl-	160	CH <sub>3</sub> C <sub>4</sub> H <sub>7</sub> O	0.477
7	3.814	Levulinic acid, 5-bromo-3,3-dimethyl	258	C <sub>7</sub> H <sub>11</sub>	0.517
8	3.874	Tetrahydropyran	86	C <sub>5</sub> H <sub>10</sub> O	0.636
9	3.984	2-Propanone, methylhydrazone	86	C <sub>4</sub> H <sub>10</sub> N <sub>2</sub>	0.766
10	10.526	1-Iodo-2-methylundecane	296	C <sub>12</sub> H <sub>25</sub> I	0.440
11	10.857	2,4-Di-tert-butylphenol	206	C <sub>14</sub> H <sub>22</sub> O	0.674
12	11.357	Heneicosane	296	C <sub>21</sub> H <sub>44</sub>	0.578
13	12.607	Cyclohexadecane	224	C <sub>12</sub> H <sub>24</sub> O <sub>2</sub>	0.931
14	12.767	Hexadecane	226	C <sub>16</sub> H <sub>34</sub>	0.775
15	14.793	Dodecane, 2,6,11-trimethyl-	156	C <sub>15</sub> H <sub>32</sub>	0.474
16	14.858	Malonic acid, 3-methylpentyl undecyl ester	200	C <sub>12</sub> H <sub>24</sub> O <sub>2</sub>	0.397
17	15.708	2-Methylhexacosane	351	C <sub>27</sub> H <sub>56</sub>	0.991
18	16.789	3-Eicosene, (E)-	210	C <sub>20</sub> H <sub>40</sub>	1.463
19	16.929	Eicosane	343	C <sub>20</sub> H <sub>42</sub>	0.759
20	18.049	1,2-Benzenedicarboxylic acid, bis(2-methylpropyl) ester	278	C <sub>16</sub> H <sub>22</sub> O <sub>4</sub>	0.414
21	19.065	Heptadecane, 9-octyl-	352	C <sub>25</sub> H <sub>52</sub>	0.301
22	19.410	Cyclopropanecarboxylic acid, 2-[[[2-[(2-pentylcyclopropyl)methyl] cyclopropyl]methyl]cyclopropyl]methyl]-, methyl ester	374	C <sub>25</sub> H <sub>42</sub> O <sub>2</sub>	0.463
23	19.905	Sulfabenzamide	276	C <sub>13</sub> H <sub>12</sub> N <sub>2</sub> O <sub>3</sub> S	1.525
24	20.080	l-(+)-Ascorbic acid 2,6-dihexadecanoate	652	C <sub>38</sub> H <sub>68</sub> O <sub>8</sub>	1.645
25	20.760	1-Docosene	308	C <sub>22</sub> H <sub>44</sub>	1.902
26	20.871	Octacosane	394	C <sub>28</sub> H <sub>58</sub>	0.405
27	22.226	Behenic alcohol	326	C <sub>22</sub> H <sub>46</sub> O	0.464
28	23.206	9,12-Octadecadienoic acid, methyl ester, (E,E)-	294	C <sub>19</sub> H <sub>34</sub> O <sub>2</sub>	1.100
29	23.327	trans-13-Octadecenoic acid	282	C <sub>18</sub> H <sub>34</sub> O <sub>2</sub>	2.682
30	23.782	Octadecanoic acid, 2-(2-hydroxyethoxy)ethyl ester	372	C <sub>22</sub> H <sub>44</sub> O <sub>4</sub>	2.128
31	24.412	10-Heneicosene (c,t)	294	C <sub>21</sub> H <sub>42</sub>	0.883
32	24.652	Tricosyl acetate	382	C <sub>25</sub> H <sub>50</sub> O <sub>2</sub>	1.329
33	26.128	Eicosanoic acid, 2-hydroxy-1-(hydroxymethyl)ethyl ester	386	C <sub>23</sub> H <sub>46</sub> O <sub>4</sub>	0.891
34	27.473	Disulfide, di-tert-dodecyl	402	C <sub>24</sub> H <sub>50</sub> S <sub>2</sub>	0.446
35	27.898	Docosylpentafluoropropionate	332	C <sub>15</sub> H <sub>25</sub> F <sub>5</sub> O <sub>2</sub>	0.477

36	28.093	Acetic acid n-octadecyl ester	312	C <sub>20</sub> H <sub>40</sub> O <sub>2</sub>	0.423
37	28.934	3,7,11,15,19-Pentaoxa-2,20-disilaheneicosane, 2, 2,20,20-tetramethyl-	296	C <sub>20</sub> H <sub>40</sub> O	0.950
38	29.229	Palmitic Acid, TMS derivative	328	C <sub>19</sub> H <sub>40</sub> O <sub>2</sub> Si	4.171
39	29.464	Palmitic anhydride	494	C <sub>32</sub> H <sub>62</sub> O <sub>3</sub>	16.084
40	29.759	Phthalic acid, di ( 2 - propyl pentyl) ester	390	C <sub>24</sub> H <sub>38</sub> O <sub>4</sub>	12.821

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