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### RESEARCH ARTICLE

#### THE IMPROVEMENT OF BIOCOMPATIBILITY OF THE DENTAL TITANIUM ALLOY IMPLANTS WITH DLC COATING: *IN VITRO* AND *IN VIVO* STUDY.

**Sidqui M<sup>2</sup>, Slimani F<sup>1</sup>, Marzak J<sup>2</sup>, Hassar G<sup>2</sup>, Bouzoubaa M<sup>2</sup>, Chadly B<sup>3</sup>, Elazhari M<sup>3</sup>, Dersi N<sup>3</sup>, Bourjilat FZ<sup>3</sup>, Chekkoury El Idrissi A<sup>1</sup> and Aboussaouira T<sup>4</sup>.**

1. Department of Oral Maxillofacial Surgery, Faculty of Medicine and pharmacy, Casablanca, Morocco.
2. Consultations and Dental Emergency Services, Prosthetic joint, Faculty of Dentistry, Casablanca. Hassan II University of Casablanca. Morocco.
3. Bacteriology and Cytogenetic Services, Pasteur Institute, Casablanca, Morocco.
4. Cell Culture Unit, Centre for Research and Training in Health Sciences, Faculty of Medicine and Pharmacy, Casablanca, Morocco.

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Titanium Alloy (Ti6A14V) -  
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#### Abstract

Titanium alloys (Ti6A14V) are biomaterials of choice in dentistry, due to their resistance to the biological constraints of the environment. Their use still causes in a number of cases, problems of osseointegration that urge us to raise again the question of the interface of titanium alloys with mineralized tissues in particular. The purpose of this study is first to evaluate the biocompatibility of these implants in the biological medium while offering alternative proposals for improving the osseointegration of these implants. Two studies were first conducted for this evaluation: *in vitro* study on human fibroblast cell cultures and bacterial colonization in the presence of four bacterial strains (*Escherichia coli*, *Klebsiella pneumoniae*, *Staphylococcus aureus*, *Haemolytic streptococcus*) with and without implants, *in vivo* study on Wistar rats (n = 35) which consists in the implantation of the biomaterial at the gingival sulcus and the renal capsule; procurement of target organs of the cytotoxicity (sulcus, kidney and liver) and their morphological study with an optical microscope. Our results showed that the implants of titanium alloy (Ti6A14V) indeed disrupt the cellular structure of the organs studied compared to controls. The proliferation of bacterial strains studied was substantially similar in culture plates with and without implants. The proliferation of human fibroblasts in cell culture showed no significant change between the implants pits and the control pits. We concluded that the implants of titanium alloy (Ti6A14V) were biocompatible *in vitro* but cause some problems *in vivo*. This could explain the negative impact of these implants on osseointegration. The surface of implants could be a limiting factor for the biocompatibility and the osseointegration of titanium alloys (Ti6A14V). We have then showed, with a similar histopathological study, that the coating of the implants of titanium

**Corresponding Author:- Sidqui M.**

Address:- Consultations and Dental Emergency Services, Prosthetic joint, Faculty of Dentistry, Casablanca. Hassan II University of Casablanca. Morocco.

alloy with Diamond-Like Carbon (DLC) reduce completely the observed effects in the kidney and the liver rat.

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## Introduction:-

Titanium alloys (Ti6Al4V) are choice biomaterials used in implant and maxillofacial surgery, given their resistance to the biological constraints of the environment. Titanium is an excellent biomaterial whose integration is done by plastic deformation of the bone-implant interface. The metal is permanently incorporated into the bone [1, 2, 3]. The success of osseointegration depends on the existence of multiple factors: biocompatibility of the biomaterial implant-bone interface, the surface of the implant, the impact of the chemical fluids on the material, the adhesion and proliferation of bacteria in the oral cavity on the surface of the implant, and finally the prosthetic imperatives [4, 5, 6, 7, 8, 9, 10, 11, 12]. However, although these biomaterials are already in use, their use still causes problems in a number of cases, that is what led us to raise the question of bio-reactivity interface of titanium alloys with mineralized tissues in particular [6, 7, 13]. To improve the biocompatibility of these implants, the coating by Diamond-Like Carbon (DLC) is often suggested for its good biocompatibility in the oral cavity [14, 15]. In this research, we first reassessed the biocompatibility of titanium alloy implants (Ti6Al4V) by two types of study, with an in vitro human fibroblasts culture and a colonization test with four bacterial strains, and with an in vivo study on Wistar rats by implantation of biomaterial at the level of the lower gingival sulcus and in the renal capsule. Then, in order to improve osseointegration of the titanium alloy implants (Ti6Al4V), we proceeded with the coating of the titanium alloy implants by Diamond-Like Carbon (DLC) already tested biocompatible and not cytotoxic in stomatology.

## Materials and Methods:-

### Biomaterials:-

Implants made of titanium alloy Ti6Al4V (80% titanium, 6% Aluminum, 14% vanadium) were made by using a disk placed on a mandrel carried by a hand-piece, in several samples of 2mm length and 3.75 mm width. Implants were disinfected (by Hexanios G + R, Anios Laboratory) for 15 minutes then sterilized by moist autoclave (Tau Clave 3000, Vacuum) 120° C for 30 min.

### Coating technique:-

The deposition of carbon layers has been made in the laboratory of Condensed Matter Physics of the Faculty of Sciences of Amiens, using the technique of plasma enhanced chemical vapor deposition described by Bharat Bhushan and [7]. Initially, an etching was made at a pressure of 3Pa, power voltage of 250W-770V, subsequently, the amorphous carbon layers were deposited using the following parameters: 1Pa, 250W - 454V for 95min.

### Cell culture:-

The cells used are from a primary culture of human fibroblasts from a gingival biopsy performed during the extraction of a healthy 3rd lower molar imposed by orthodontic indication with the patient's consent. The culture medium used is the HAM'S whose composition is 10% fetal calf serum (Eurobio), 1% L-glutamine (Eurobio), 0.5% penicillin-streptomycin (Eurobio), 5% of the Ultrosor G (Biosepra), 0.5% Fungizone (Sigma). Once they become confluent, the cells were trypsinized, samples of Ti6Al4V titanium implants were placed in culture plates of 12 pits, and cells were seeded at a concentration of  $1 \times 10^5$  cells per ml. Control pits were prepared in the same conditions without implants. All cell cultures were observed daily for a week, using an optical microscope with an inverted stand (Swift Instruments International SA). The cell density was assessed by cell counting in a Malassez's cell according to the exclusion principle of Trypan blue.

### Bacteriological study:-

Four bacterial strains related to the oral cavity and referenced at the Pasteur Institute of Morocco were used for this study (*Escherichia coli*, *Klebsiella pneumoniae*, *Staphylococcus aureus*, *Streptococcus β-Haemolytic*). The culture medium used is the Muller Hinton agar for *Escherichia coli*, *Klebsiella pneumoniae*, *Staphylococcus aureus* and Muller Hinton blood for *β-Hemolytic Streptococcus*. Samples of Ti6Al4V titanium implants were placed on the surface of agar plates previously seeded with the four bacterial strains at a concentration of  $1 \times 10^8$  bacteria / ml. The experiment was performed three times for each bacterial strain. The negative control plates were prepared in the same conditions without the implant. The total period of incubation lasted seven days. The bacterial growth was observed daily to the naked eye and with the use of a binocular magnifying glass (Olympus VMZ, Japan).

**Histopathological Study:-**

The study was conducted on 25 Wistar Wistar rats, adult male and female, body weight of 250 to 350 g, from the Centre for Research and Training of the Faculty of Medicine and Pharmacy in Casablanca. The rats were divided into 3 groups: 10 rats implanted in the sulcus, 10 rats at the left kidney capsule and 5 control rats. The animals were anesthetized intraperitoneally with a solution of 1 g of thiopental (Sandoz GmbH, Kundl, Austria) dissolved in 100 ml of NaCl 9‰ at 1.5 to 2 ml of this solution. No antibiotic therapy was administered in particular. Daily for one month, the side effects: vomiting, diarrhea, hair condition have been observed and identified. Each week, the presence or absence of inflammation and gingival bleeding was noted. The sacrifice of animals was performed 30 days after implantation. Each animal was first anesthetized as described above and samples of liver, kidney and implanted para-symphyseal mucosa were performed. A macroscopic study was performed before fixation in formalin 10%. The samples were embedded in paraffin and cut on a microtome (4µm). A color standard in hematein-eosin was performed and microscopic slides were observed under an optical microscope (Olympus, Japan).

Statistical study

Statistical study was performed by using Epi Info using the Chi-square test for qualitative data.

**Results:-****Cell culture:-**

Cells grown in the presence of titanium alloy implants showed a similar cell proliferation in all wells with or without titanium implants throughout the experimental period. Variances compared to controls were not significant ( $p > 0.05$ ). The morphology and cell behavior were similar in control and experimental pits (Figures 1 and 2c et d).

**Bacteriological study:-**

The proliferation of the four bacterial strains (*Escherichia coli*, *Klebsiella pneumoniae*, *Staphylococcus aureus*, *Streptococcus β-haemolytic*) studied with different culture media chosen was similar in both culture dishes witnesses in culture dishes in the presence of implant titanium alloy (Ti6Al4V) ( $p = 0,057$ ). However, observations of various boxes of bacterial cultures with a dissecting microscope and found that bacterial growth is important at the periphery of several boxes and decreases gradually up to the implant, with an area of reduced growth below 0.5 mm around the implant. In the remaining boxes, bacterial growth is normal as well as around the periphery of the implant (Figure 2).

**Histopathological study in animal model:-**

During the implantation period, no animal has shown the sought side effects. However, the observation of sections by optical microscope indicated some cytotoxicity in the gum and kidney and manifested by a slight enlargement of the gingival epithelial cells and kidney with low chromatin condensation in renal cell. It also reflected a stimulation of cell proliferation in vivo ( $p = 0,0037$ ). Liver cells and lobular veins and centrilobular hypertrophy are significant in comparison to the control cells ( $p = 0,13$ ) and indicated a cardiovascular failure that is induced by chronic cytotoxicity due to the implant (Figures 3). Observation of sections of the gingiva revealed no difference between control rats and implanted rats.

**Discussion:-**

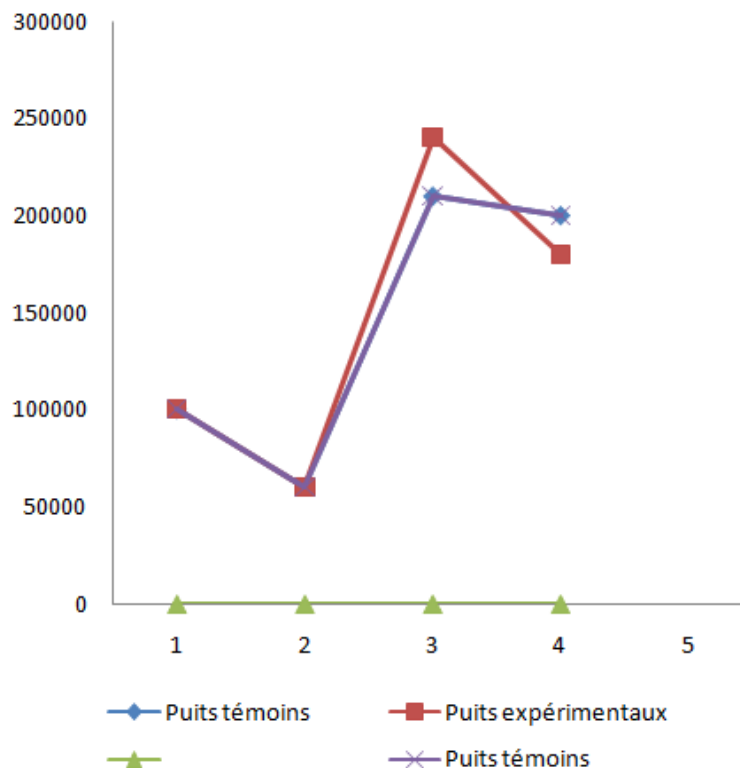
The in vitro study in cultured human fibroblasts of the oral cavity and bacterial colonization has shown that titanium implants Ti6Al4V show no cytotoxicity. However, the in vivo study shows some cytotoxicity of implants in the animal model used. This could be explained by the multiple interactions of the biological environment on the biomaterial that promote low failure rate of osseointegration implantology. Indeed, the topography of the implant promotes contact between cell components and molecular bio-guests and the surface of the implant during osseointegration [2, 16, 17, 18]. According to J. Sternad [9,10,13, 19, 20], roughness, surface chemistry and surface treatment of implants has a great impact on the bone-implant interface. Many current research focuses on changes of surface topography of implant materials to improve osseointegration [2, 3, 18]. The exact role of the surface topography of implants on the early stages of osseointegration of dental implants remains poorly understood. In addition, comparative clinical studies with different implant surfaces are rarely performed [13,20]. The originality of this study is that it is carried by two types of studies in vitro and in vivo for the first assessment bioreactivity and cytotoxicity of titanium alloy implants (Ti6Al4V), which pose still some problems osseointegration and then to improve osseointegration of titanium alloy implants with a coating of Diamond - Like Carbon (DLC).

The results of cell culture and colonization of the four bacterial strains does not confirm this cytotoxicity. This prompted us to consider further studies in vitro assays of enzymes and oxidative stress factors involved. We also used to assess the fibroblasts of titanium alloys, but it might be wiser to work on osteoblasts that are involved in the mechanisms of osseointegration. The fibroblasts, however, have the advantage of being more accessible and widely distributed in all the body. Our results of in vivo studies have shown that implants made of titanium alloy (Ti6A14V) more or less disturb the cellular structure of organs studied compared to controls. We concluded that implants made of titanium alloy (Ti6A14V) are biocompatible in vitro but pose some problems biorectivity vivo. This could explain, at least in part, the impact of those implants osseointegration and mineralized tissues in particular. The surface of implants, would by most authors, the limiting factor of this biorectivity (C, D, E).

To improve the osseointegration of titanium alloys (Ti6A14V), we suggest lining or coating of titanium alloy implants by Diamond - Like Carbon (DLC) already tested biocompatible and not cytotoxic in dentistry [15, 24, 25]. Indeed, in vivo evaluation of titanium alloy coated with DLC carbon in our laboratory has demonstrated the disappearance biorectivity problems described in this study [preliminary results].

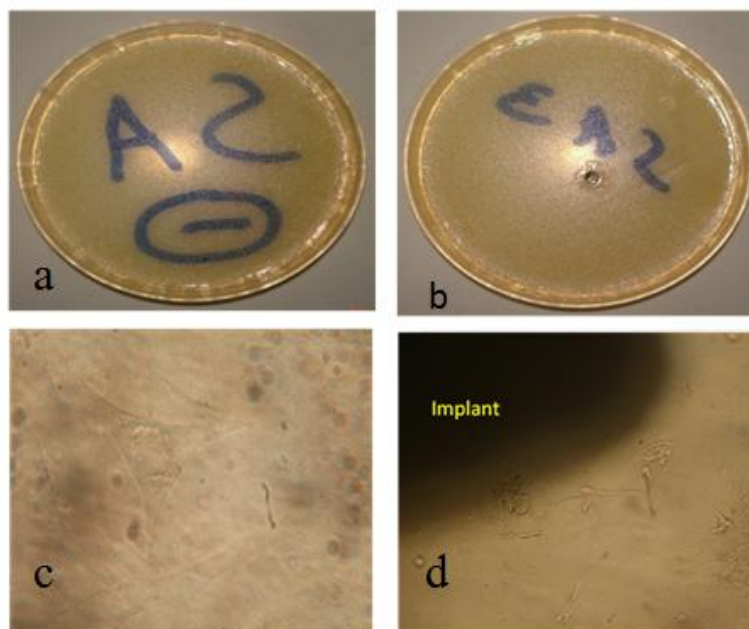
We concluded that the coating of titanium alloys by the diamond-like carbon could improve osteointegration of titanium alloy implants implantology.

**Cells number:**



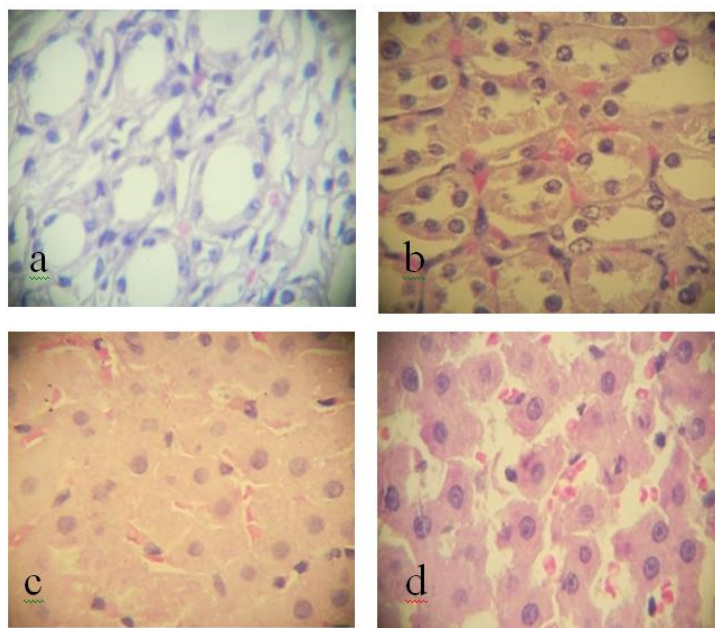
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**Figure 1:-**Proliferation of human fibroblasts from the oral cavity over time in the presence of titanium alloy implant Ti6A14V.



**Figure 2:-** in vitro study on human fibroblast cell cultures and bacterial colonization.

- Staphylococcus aureus* in the absence of titanium alloy (Ti6A14V).
- Staphylococcus aureus* in the presence of titanium alloy (Ti6A14V).
- Shadowing inverted microscope stand of the proliferation of human fibroblasts from the oral cavity without implant.
- Shadowing inverted microscope stand of the proliferation of human fibroblasts from the oral cavity with implant.



**Figure 3:-** Optical microscope observation of target organ cytotoxicity.

- Optical microscope observation of Control kidney (G = 400 x).
- Optical microscope observation of Kidney implanted titanium alloy Ti6A14V (G = 400x).
- Optical microscope observation of Liver control (G = 400 x).
- Optical microscope observation of Liver implanted titanium alloy Ti6A14V (G = 400 x).

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