

1 NATURAL TERPENES PROMOTE STRUTURAL STABILIZATION TO THE 2 SPIKE GLYCOPROTEIN OF SARS-COV-2

3 4 5 HIGHLIGHTS:

- 6 • **Antiviral Potential of Terpenes Against SARS-CoV-2:** This study
7 explores the antiviral activity of four natural terpenes — α -bisabolol,
8 citral, cis-jasmone, and eucalyptol — using molecular docking
9 simulations, focusing on their interaction with the SARS-CoV-2 spike
10 glycoprotein.
- 11 • **Terpene-Spike Glycoprotein Interaction and Molecular Stabilization:**
12 The results indicate that the terpenes form stable complexes with the
13 spike glycoprotein, suggesting a potential mechanism for blocking viral
14 entry by disrupting the interaction between the virus and host cell
15 receptors.
- 16 • **Implications for Antiviral Therapeutic Development:** These findings
17 provide valuable insights for the design of novel antiviral agents,
18 highlighting the potential of terpenes as viral entry inhibitors and
19 promising candidates for therapeutic strategies against COVID-19.

20 21 ABSTRACT

22 Compounds exhibiting potent antiviral activity against the novel coronavirus
23 remain insufficiently understood, posing significant challenges in the
24 development of effective therapeutic interventions. Among various classes of
25 bioactive molecules, terpenes represent a promising group of natural

26 compounds with diverse and extensive antiviral properties. This study aims to
27 explore, through advanced in silico approaches, the antiviral potential of four
28 specific terpenes— α -bisabolol, citral, cis-jasmone, and eucalyptol—against the
29 spike glycoprotein of the SARS-CoV-2 virus. To this end, molecular docking
30 simulations were employed to assess the interaction between these terpenes
31 and the spike protein, with the goal of determining the capacity of these
32 compounds to form stable complexes that might interfere with the viral entry
33 process. The results from this computational analysis, encompassing chemical,
34 spatial, and energetic data, indicate that these four terpenes possess the ability
35 to bind effectively to the spike glycoprotein, thereby potentially stabilizing this
36 crucial protein. Such stabilization could impair the virus's ability to interact with
37 host cell receptors, providing a molecular mechanism by which these terpenes
38 may hinder viral entry. These findings support the hypothesis that the
39 complexation of terpenes with the spike glycoprotein serves as a promising
40 strategy to obstruct the virus's capacity to invade host cells, offering valuable
41 insights for the design of novel antiviral agents targeting SARS-CoV-2.

42 **Keywords:** SARS-CoV-2; COVID19; Terpenes; Spike-glycoprotein; docking.

43

44 1. INTRODUCTION

45 Nidovirus is a large order of RNA viruses that consists of many genera
46 and species, including the Coronaviridae family (UCCELLINI et al., 2014).
47 These viruses are known to infect mainly mammals, but the infection in birds
48 (coronavirus) was already detected (PASTERNAK et al., 2006). Coronaviruses
49 (CoVs) are positive-enveloped viruses and possess a single-stranded RNA.

50 These viruses cause a variety of diseases, ranging from asymptomatic cases to
51 a fatal infection (PASTERNAK et al., 2006).

52 The first cases of the new coronavirus pneumonia (COVID-19) occurred
53 in Wuhan, China, in December 2019 (LI et al., 2020a) and the number of
54 COVID-19 cases confirmed in the worldwide has exceeded 166,352,00 with 3
55 449,189 deaths, according to Weekly epidemiological update (WHO et al.,
56 2021). The SARS-CoV-2 is highly contagious and the transmission occurs
57 presumably via airborne droplets and fecal-oral route (DU et al., 2020).

58 The SARS-CoV-2 spike protein (S) is the main molecule present at the
59 surface of the virion (WRAPP et al., 2020). This large glycoprotein assembles in
60 trimers that form a structure crown-like on the envelope, which gives the name
61 to this virus family (SIGRIST et al., 2020). The SARS-CoV-2 spike glycoprotein
62 RGD (tripeptide of Arginine, Glycine, and Aspartate) lies in the receptor binding
63 domain (amino acids 319 to 541) at the border of the subdomain (amino acids
64 437 to 508) that is specifically involved in the binding to human ACE2 (LI et al.,
65 2020b; XIAO et al., 2003).

66 Although the SARS-CoV-2 antiviral activity is still poorly understood,
67 terpenes are an interesting group of natural agents with specific and far-
68 reaching antiviral activities that can be used to improve the therapeutic
69 effectiveness of standard antiviral therapy (PADUCH et al., 2007).

70 At the moment there is no treatment and no vaccine available for the
71 population, only studies involving the possible benefit of chloroquine, a broadly
72 used antimalarial drug (COLSON et al., 2020; GAO et al., 2020). Therefore, our
73 research objective is to identify the antiviral activity of (-)- α -bisabolol, citral, *cis*-

74 jasnone and eucalyptol against coronavirus main protein: SARS-CoV-2 spike
75 protein.

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77 **2. MATERIAL AND METHODS**

78 The interaction between 4 terpenes and SARS-CoV-2 S protein was
79 analyzed *in silico* using molecular docking simulation. Redocking of the
80 cocrystallized ligand (spike glycoprotein-ACE2 complex) was realized to
81 validate the docking protocol (YAN et al., 2020).

82 The docking was performed using AutoDock Vina code (version 1.1.2),
83 using 3-way multithreading and Lamarckian Genetic Algorithm (TROTT et al.,
84 2019). Centralized throughout the receptor, the grid box was defined with
85 parameters of 100 Å x 100 Å x 100 Å, seeking all the possible binding sites
86 based on the energy of association between terpenes and the SARS-CoV-2 S
87 protein in certain positions.

88 The three-dimensional structures of 4 terpenes: (-)- α -bisabolol, citral, *cis*-
89 jasnone and eucalyptol and SARS-CoV-2 S protein were obtained in PubChem
90 and Protein Data Bank (1549992, 638011, 1549018, 2758 and 6VSB,
91 respectively). The provided data was analyzed using PyMol v1.4.7 (DELANO et
92 al., 2014), which allows a detailed investigation of the complexes formed:
93 energy of association, chemical binding, amino acid residues involved and
94 conformational nuances.

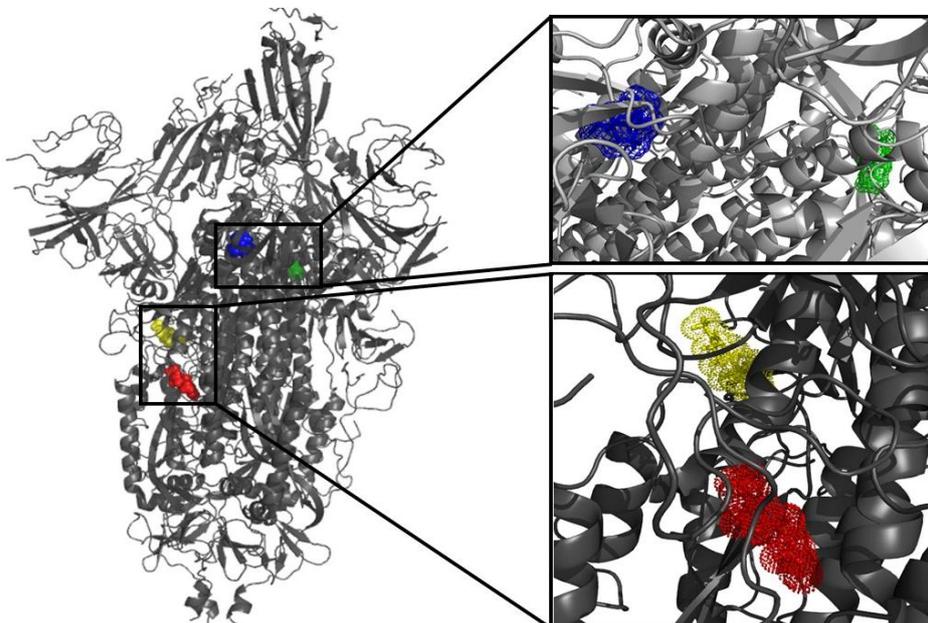
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96 **3. RESULTS AND DISCUSSION**

97 SARS-CoV-2 S protein endures viral activity which contributes in the
98 infection mechanism in human cells. Total 10 docked were performed for each

99 terpene on the whole protein 3-D structure of SARS-CoV-2 S protein which was
100 considered only the lowest free energy of docked complex with hydrogen
101 bonds. The most energetic cluster was investigated about its specificity in the
102 interaction (reproducibility), affinity (quantity of chemical bonds), stability (spatial
103 compatibility) and the structural stabilization capacity (complexing energy).

104 Based on the data obtained with the molecular docking of the 4 terpenes
105 [(-)- α -bisabolol, citral, *cis*-jasmone and eucalyptol] with the SARS-CoV-2 S
106 protein, it was observed that all had affinity for the viral protein, specifically in
107 two distinct domains: S1/S2 (protease cleavage site) and RBD (receptor binding
108 domain) down promoter (WRAPP et al., 2020). Interestingly the S1/S2
109 processing site exhibits different motifs among coronaviruses, with many of
110 them displaying cleavage after a basic residue. Therefore, the priming process
111 is likely to be ensured by different host cell proteases depending on the
112 sequence of the S1/S2 cleavage site (SIGRIST et al., 2020). The most
113 favorable interaction for each ligand occurred mainly in secondary alpha-helix
114 structures and without spatial impediments (Figure 1).

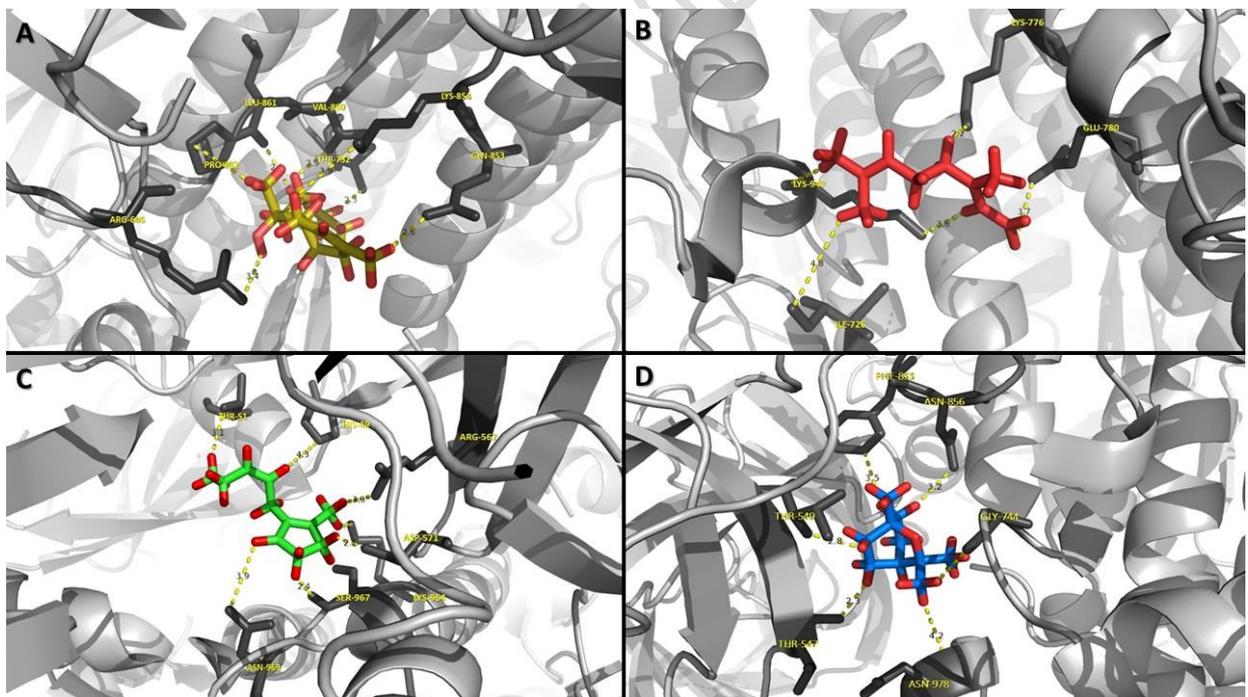


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116 **Figure 1:** Side view of Protein S of SARS-Cov-2 after complexing 4 terpenes - (-)- α -bisabolol
117 (yellow), citral (red), *cis*-jasmone (green) and eucalyptol (blue) indicating affinity of the ligands to
118 a responsible domain for protease cleavage (S2) and another responsible for binding to
119 receptors (RBD) - each domain was classified according to Wrapp et al. (2020).
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121 The terpenes used have low molecular weight: (-)- α -bisabolol (222.37
122 g/mol), citral (152.23 g/mol), *cis*-jasmone (164.24 g/mol) and eucalyptol (154.25
123 g/mol), which favors the formation of several chemical bonds. The association
124 of terpenes in different domains shows that small conformational nuances can
125 be determinant in the interaction between ligand-protein, allowing smaller
126 ligands to be able to: suffer less impediments, recruit a greater number of amino
127 acids and consequently establish more chemical bonds (Figure 2).

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130 **Figure 2:** Complex (-)- α -bisabolol-SARS-CoV-2 S protein, in which 6 amino acid residues
131 (Arg646, Thr782, Gln853, Lys854, Val860, Leu861, Pro862) were recruited, with chemical
132 bonds of 2.6 to 3.9 angstroms (A) ; Citral-SARS-CoV-2 S protein complex, in which 4 amino
133 acid residues (Ile726, Lys776, Glu780 and Lys947) were recruited, with chemical bonds of 2.2
134 to 4.8 angstroms (B); *cis*-jasmone-SARS-CoV-2 S protein complex, in which 7 amino acid
135 residues were recruited (His49, Thr51, Arg567, Asp571, Lys964, Ser967 and Asn969), with
136 chemical bonds of 2.1 to 4.3 angstroms (C); Eucalyptol-SARS-CoV-2 S protein complex, in
137 which 6 amino acid residues (Thr547, Gly744, Thr549, Phe855, Asn856 and Asn978) were

138 recruited, with chemical bonds of 2.3 to 4.2 angstroms (D). Chemical interactions are indicated
139 by yellow, dashed lines.
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141 The complexation between (-)- α -bisabolol and SARS-CoV-2 S protein
142 involved 6 amino acid residues (Arg646, Thr782, Gln853, Lys854, Val860,
143 Leu861, Pro862) with chemical bonds of 2.6 to 3.9 angstroms. In the citral-
144 SARS-CoV-2 S protein complex, 4 amino acid residues (Ile726, Lys776, Glu780
145 and Lys947) were recruited, with chemical bonds of 2.2 to 4.8 angstroms. *cis*-
146 jasmone-SARS-CoV-2 S protein complex recruited 7 amino acid residues
147 (His49, Thr51, Arg567, Asp571, Lys964, Ser967 and Asn969), with chemical
148 bonds of 2.1 to 4.3 angstroms and eucalyptol-SARS-CoV-2 S protein complex
149 recruited 6 amino acid residues (Thr547, Gly744, Thr549, Phe855, Asn856 and
150 Asn978), with chemical bonds of 2.3 to 4.2 angstroms. None of the terpenes
151 showed spatial compatibility with the main RBD (receptor binding domains) of
152 the viral protein, which includes amino acid residues between 319-541 of the
153 protein sequence (SIGRIST et al., 2020), but were compatible with other
154 domains that are also important in viral activity.

155 The association of terpenes in each interaction site, when recruiting more
156 than 4 amino acid residues, suggests that conformational stabilization (energy
157 loss) in that region can compromise the 3D folding and the flexibility of the
158 domain. It promotes efficiency in viral activity, which makes (-)- α -bisabolol (-
159 212.53 kcal/mol) and citral (-178.47 kcal/mol) two chemical agents that can be
160 associated with therapeutic strategies involving the SARS-CoV-2 S protein's
161 ability to cleave proteases. The same stabilization makes *cis*-jasmone (-192.95
162 kcal/mol) and eucalyptol (-132.56 kcal/mol) possible interference agents in the
163 three-dimensional ability to recognize receptors, by compromising more than 6

164 amino acid residues of the SARS-CoV-2 S protein. This structural change can
 165 be confirmed by looking at the complexing energy of each terpene when
 166 interacting with SARS-CoV-2 S protein (Table 1).

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174 **Table 1.** Binding energies between terpenes and SARS-CoV-2 S Protein (Etotal – Kcal/mol).

Cluster of SARS-CoV-2 spike glycoprotein	Etotal (Kcal/mol)			
	(-)- α -bisabolol	citral	cis-jasmone	eucalyptol
01	- 212.53	- 178.47	- 192.95	- 132.56
02	- 190.94	- 137.38	- 190.94	- 121.35
03	- 170.35	- 128.95	- 170.35	- 119.47
04	- 168.31	- 125.38	- 168.31	- 116.86
05	- 162.84	- 122.84	- 162.84	- 114.57
06	- 162.12	- 120.68	- 162.12	- 112.82
07	- 161.50	- 119.03	- 161.50	- 110.38
08	- 158.65	- 117.62	- 158.65	- 109.88
09	- 157.85	- 116.31	- 157.85	- 105.59
10	- 157.64	- 114.98	- 157.61	- 105.01

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177 **4. CONCLUSION**

178 Collectively, the chemical, spatial, and energetic evidence derived from
179 this study strongly suggests that the interaction of terpenes with the spike
180 glycoprotein of the SARS-CoV-2 virus may significantly inhibit the virus's ability
181 to enter host cells. These findings provide compelling support for the hypothesis
182 that the four terpenes under investigation— α -bisabolol, citral, cis-jasmone, and
183 eucalyptol—hold considerable promise as potential therapeutic agents. Given
184 their capacity to form stable complexes with the spike protein, these compounds
185 emerge as robust candidates for further investigation in both in vitro and in vivo
186 experimental models prior to any clinical trials. This is particularly encouraging,
187 as these natural substances are not only affordable and easily accessible, but
188 they also offer a potential avenue for combating the ongoing global COVID-19
189 pandemic caused by the SARS-CoV-2 virus. In the face of this worldwide public
190 health emergency, the low cost and widespread availability of these terpenes
191 render them highly attractive options for the rapid development of antiviral
192 interventions. Should subsequent studies confirm their efficacy, these terpenes
193 could represent a valuable, scalable addition to the arsenal of tools needed to
194 mitigate the impact of this acute viral disease.

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