

REVIEWER'S REPORT

Manuscript No.: IJAR-50454

Date: 01-03-2025

Title: Body Packing and Surgical Intensive Care: Analysis of Complications and Management Strategies

Recommendation:

Accept as it is.....**YES**.....
 Accept after minor revision.....
 Accept after major revision
 Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality	√			
Techn. Quality		√		
Clarity		√		
Significance			√	

Reviewer's Name: Dr Aamina

Reviewer's Decision about Paper: **Recommended for Publication.**

Comments (*Use additional pages, if required*)

Reviewer's Comment / Report

The article provides a comprehensive analysis of body packing as a method of illicit drug transport and its associated medical risks. The introduction effectively outlines the dangers of this practice, emphasizing the potential for severe gastrointestinal, cardiovascular, and respiratory complications. The discussion is well-supported with references to medical imaging techniques, particularly CT scanning, as a crucial tool in both diagnosis and treatment planning.

The case reports are detailed and well-structured, providing clear insights into the clinical presentation, diagnostic process, and management strategies employed. The inclusion of specific patient data, such as Glasgow Coma Scale (GCS) scores, vital signs, and imaging findings, strengthens the clinical relevance of the discussion. The first case highlights the catastrophic consequences of capsule rupture, leading to fatal cardiovascular collapse, while the second case illustrates the challenges of managing multiple ingested capsules and the associated risks of obstruction or toxicity.

The use of radiological images is a valuable addition, visually reinforcing the findings described in the text. The figures are appropriately referenced and contribute to the clarity of the medical discussion. Furthermore, the emphasis on multidisciplinary collaboration and the necessity of rigorous clinical monitoring aligns well with best practices in critical care management.

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The article successfully conveys the complexity of managing body packers, stressing the importance of early detection, preventive strategies, and careful clinical observation. The discussion on surgical indications and potential complications such as mesenteric ischemia and cardiovascular instability is particularly informative. The conclusion effectively reinforces the need for preventive protocols and underscores the significance of multidisciplinary approaches in minimizing health risks.