



### REVIEWER'S REPORT

Manuscript No.: IJAR-50457

Date: 01-03-2025

**Title: Review of sushrutokta agadayogas in kalpastana as anjana in the management of akshi vikara**

**Recommendation:**

- Accept as it is.....**YES**.....
- Accept after minor revision.....
- Accept after major revision .....
- Do not accept (*Reasons below*) .....

Rating	Excel.	Good	Fair	Poor
Originality	√			
Techn. Quality		√		
Clarity		√		
Significance			√	

**Reviewer's Name:** Khursheed Sultan

**Reviewer's Decision about Paper:**      **Recommended for Publication.**

**Comments** (*Use additional pages, if required*)

### Reviewer's Comment / Report

The study titled "Review of Sushrutokta Agadayogas in Kalpastana as Anjana in the Management of Akshi Vikara" presents a comprehensive review of various formulations mentioned in Sushruta Samhita for ocular disorders. The research effectively compiles and analyzes Ayurvedic principles related to visha (poison), anjana therapy, and its role in treating eye diseases.

**Strengths:**

1. **Conceptual Clarity:** The study begins with a precise definition of visha and its impact on bodily functions, particularly in relation to ocular diseases. The differentiation of visha into

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sthavara, jangama, and kritrima, along with its ten attributes, provides a strong foundation for understanding the pathology of poison-induced eye disorders.

- 2. Comprehensive Literature Review:** The paper successfully collates references from both samhitas and online literature, making it a well-rounded review. The mention of anjana formulations in vishachikitsa adds historical and clinical relevance.
- 3. Structured Presentation:** The research is methodically organized, covering the indications, formulations, and pharmacodynamics of various drugs used in anjana therapy. The inclusion of a tabulated list of drugs with rasa, guna, veerya, vipaka, and karma enhances clarity and ease of understanding.
- 4. Pharmacological Insights:** The study effectively highlights the pharmacological actions of various ingredients like Meshashringi, Varuna, Bhallatakpushpa, and Sanjeevani Agada. The explanation of their dosha-balancing properties further strengthens their applicability in akshi vikara management.
- 5. Scientific Correlation:** The discussion section provides a valuable correlation between ancient Ayurvedic anjana therapy and modern topical ocular drug administration methods. The comparison with collyrium and modern eye medications is particularly insightful.
- 6. Clinical Applicability:** The research suggests that these formulations are useful both for external application and internal detoxification, emphasizing their dual therapeutic role. The connection to netra kriyakalpa and topical ocular treatments enhances the practical significance of the study.

### Conclusion:

The study effectively consolidates and analyzes anjana formulations described in Sushruta Samhita, particularly in vishachikitsa. It provides valuable insights into the role of Ayurvedic ophthalmic treatments in managing akshi vikara. The detailed categorization of drugs, their properties, and mechanisms of action contribute to the authenticity and relevance of the research. The paper serves as a significant resource for future explorations into Ayurvedic ocular therapies and their potential integration with contemporary ophthalmology.