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## REVIEWER'S REPORT

Manuscript No.: IJAR-50468

Date: 04-03-2025

**Title: Gold Standard Diagnostic Analysis And Management Of Shwasa Roga In Different Pathological Conditions**

### Recommendation:

- Accept as it is.....**YES**.....
- Accept after minor revision.....
- Accept after major revision .....
- Do not accept (*Reasons below*) .....

Rating	Excel.	Good	Fair	Poor
Originality	√			
Techn. Quality		√		
Clarity		√		
Significance			√	

**Reviewer's Name:** Mr Bilal Mir

**Reviewer's Decision about Paper:** **Recommended for Publication.**

**Comments** (*Use additional pages, if required*)

### Reviewer's Comment / Report

#### Abstract Review:

The abstract provides a comprehensive overview of the study, highlighting the multifactorial nature of Shwasa Roga and its increasing global burden. It effectively introduces the socioeconomic factors influencing healthcare accessibility and emphasizes the study's objective of offering cost-effective Ayurvedic management. The abstract is well-structured and conveys the importance of a systematic approach in diagnosing and managing Shwasa Roga using Ayurvedic principles.

#### Introduction Review:

The introduction effectively sets the stage for the research by defining Shwasa Roga as a respiratory disorder encompassing various symptoms. It outlines the increasing prevalence of respiratory diseases due to environmental changes and lifestyle factors. The statistical reference to WHO data regarding asthma prevalence strengthens the argument for alternative and accessible treatment options. The study's focus on simplifying treatment protocols using mono-therapy or bi-therapy is clearly stated, aligning with the objective of reducing dependency on expensive medications.

#### Material and Methods Review:

The study relies on Ayurvedic texts such as Charak Samhita and Bhaisajya Ratnawali, as well as peer-

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reviewed research articles. The methodology is well-structured, indicating a thorough exploration of formulations associated with Shwasa Roga. The selection of classical texts provides a strong foundation for the study, ensuring that the findings are rooted in traditional Ayurvedic knowledge.

### Results and Observations Review:

The study presents a well-organized classification of causative factors contributing to Shwasa Roga. The categorization into environmental, physical, dietary, disease-related, and other causes provides a clear framework for understanding the complexity of the condition. The listing of specific Ayurvedic formulations corresponding to each causative factor is extensive and systematically arranged. The inclusion of classical references further validates the authenticity of the suggested treatments.

### Discussion Review:

The discussion section consolidates the findings by analyzing the interrelationship between systemic disorders and Shwasa Roga. It effectively demonstrates how certain non-respiratory conditions can lead to respiratory distress. The discussion reinforces the importance of holistic disease management by integrating Ayurvedic formulations for both primary and secondary causes of Shwasa Roga.

### Conclusion Review:

While the conclusion is not explicitly stated, the discussion leads to the logical inference that Ayurvedic management, based on classical formulations, offers a viable approach to treating Shwasa Roga. The study successfully emphasizes the necessity of identifying specific systemic disorders contributing to respiratory illnesses and provides a well-documented treatment framework.