

REVIEWER'S REPORT

Manuscript No.: IJAR-50611

Date: 11/2/2025

Title:

The Significance of Rasaushadhis in Ayurveda

Recommendation:

Accept as it is

Accept after minor revision

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		Good		
Techn. Quality		Good		
Clarity		Good		
Significance		Good		

Reviewer Name: Dr. Sumathi

Date: 11/2/2025

Reviewer's Comment for Publication.

(To be published with the manuscript in the journal)

The reviewer is requested to provide a brief comment (3-4 lines) highlighting the significance, strengths, or key insights of the manuscript. This comment will be Displayed in the journal publication alongside with the reviewers name.

Ayurveda is a traditional Indian system of medicine that originated over 3,000 years ago. It is based on the belief that health and well being are achieved through maintaining a balance between the body, mind, and spirit.

Detailed Reviewer's Report

- In the context of ayurveda, Rasaushadhis refers to herbo mineral or metal based formulations used for therapeutic purposes, often considered due to their quick action and smaller doses.**
- Rasayana is a branch of ayurvedic medicine that focuses on rejuvenation and health restoration. It uses plant derived medicines , diet, and behavior to promote health.**

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- 3. Rasashastra, a specialized branch of ayurveda, focuses on the study and use of metals and minerals, especially mercury, for medicinal purposes, including their purification, processing, and therapeutic applications.**
- 4. Ayurveda meaning knowledge of life is a holistic system of medicine from India emphasizing balance in the body, mind, and spirit through diet, lifestyle, and natural treatments, aiming for overall well-being and disease prevention.**
- 5. This ayurvedic research points are medically very valued one.**
- 6. Seems like only given theoretical points. Review points are given good with meaningful.**
- 7. There is no results and tables.**
- 8. Flow charts of review points can be given it would be good to understand.**
- 9. References should be in alphabetical order.**
- 10. Can be taken this research to next level with in vivo experiment to explore more about medicinal values.**