

REVIEWER'S REPORT

Manuscript No.: IJAR-50611

Date: 13-03-2025

Title: The Significance of Rasaushadhis in Ayurveda

Recommendation:

Accept as it is.....**YES**.....

Accept after minor revision.....

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality	√			
Techn. Quality		√		
Clarity		√		
Significance			√	

Reviewer's Name: Dr Aamina

Reviewer's Decision about Paper: **Recommended for Publication.**

Comments (*Use additional pages, if required*)

Reviewer's Comment / Report

The article, *The Significance of Rasaushadhis in Ayurveda*, presents a well-researched and comprehensive analysis of herbo-mineral and metal-mineral formulations in Ayurvedic medicine. It effectively highlights the therapeutic advantages of Rasaushadhis, emphasizing their rapid onset of action, enhanced bioavailability, and rejuvenating properties. The discussion on Samskaras and their role in improving absorption and assimilation adds valuable insight into the scientific foundation of these formulations.

The classification of Rasaushadhis, particularly the distinction between mercurial and non-mercurial preparations, provides a structured understanding of their composition and use. The detailed explanation of Khalviya Rasa, along with the process of its preparation, adds depth to the discussion. The inclusion of classical references, such as Acharya Charaka's perspective on the importance of proper drug knowledge, strengthens the credibility of the article.

Additionally, the paper effectively conveys the historical and contemporary significance of Rasaushadhis in Ayurveda. The emphasis on their role in immunization, rejuvenation, and disease management underscores their enduring relevance. The mention of factors such as patient nature (Prakruti) and dietary considerations (Pathya-Apathya) highlights the nuanced approach required in Ayurvedic therapeutics.

International Journal of Advanced Research

Publisher's Name: Jana Publication and Research LLP

www.journalijar.com

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The article maintains a balanced perspective, acknowledging both the benefits and considerations necessary for the safe use of Rasaushadhis. The discussion on their role in nanomedicine and holistic disease management aligns with modern scientific advancements, further establishing the relevance of these formulations in contemporary healthcare.

Overall, the article provides a well-structured, informative, and academically rigorous exploration of Rasaushadhis in Ayurveda. It successfully conveys their significance while maintaining a scholarly tone throughout.
