

## REVIEWER'S REPORT

Manuscript No.: IJAR-50686

Date: 18-03-2025

**Title: Pancha Gavyam**

### Recommendation:

Accept as it is.....**YES**.....  
 Accept after minor revision.....  
 Accept after major revision .....  
 Do not accept (*Reasons below*) .....

Rating	Excel.	Good	Fair	Poor
Originality	√			
Techn. Quality		√		
Clarity		√		
Significance			√	

**Reviewer's Name:** Dr Aamina

**Reviewer's Decision about Paper:** **Recommended for Publication.**

**Comments** (*Use additional pages, if required*)

### Reviewer's Comment / Report

**Introduction** The manuscript titled "Pancha Gavyam: A Miraculous Ayurvedic Formulation" provides a well-structured and insightful overview of the traditional Ayurvedic formulation, Pancha Gavyam. The study effectively highlights its historical significance, composition, and therapeutic applications. The abstract succinctly summarizes the key aspects of the formulation, making it easily comprehensible for the reader.

**Content and Organization** The manuscript is well-organized into clearly defined sections, beginning with an introduction that establishes the significance of Ayurveda and the role of Pancha Gavyam in holistic healing. The introduction effectively conveys the cultural and medicinal importance of this formulation, setting a strong foundation for the subsequent discussion.

The section on composition systematically describes the five core components—cow milk, curd, ghee, urine, and dung—elaborating on their individual contributions to health and wellness. Each component is clearly explained in terms of its Ayurvedic relevance and scientific properties.

# International Journal of Advanced Research

Publisher's Name: Jana Publication and Research LLP

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**Therapeutic Benefits** The discussion on therapeutic benefits is detailed and well-articulated, covering detoxification, immunity enhancement, digestive health, neurological benefits, anti-cancer properties, and skin healing. Each benefit is supported with explanations that connect traditional Ayurvedic wisdom with modern scientific perspectives. The inclusion of potential antimicrobial, anti-inflammatory, neuroprotective, and chemoprotective properties adds depth to the discussion.

**Scientific Relevance** The manuscript acknowledges scientific studies that support the claimed benefits of Pancha Gavyam, reinforcing its credibility. The references to its antioxidant and antimicrobial properties align with contemporary research, bridging the gap between traditional and modern medicine.

**Conclusion** The manuscript successfully presents a comprehensive review of Pancha Gavyam, emphasizing its significance in Ayurveda and its potential health benefits. The logical flow and clarity of presentation make it accessible to both academic and general audiences. The study effectively integrates traditional knowledge with scientific insights, making it a valuable contribution to Ayurvedic literature.