



REVIEWER'S REPORT

Manuscript No.: **IJAR-50770**

Date: 25/03/2025

Title: The Struggle Within: How Emotion Regulation Difficulties Affect Teenagers' Academic Motivation

Recommendation:

Accept after minor revision...✓

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality			✓	
Clarity			✓	
Significance		✓		

Reviewer Name: **Dr. Jude Ifeanyichukwu Nnadozie**

Date: 25/03/2025

Reviewer's Comment for Publication.

(To be published with the manuscript in the journal)

The article examines how emotional regulation difficulties affect teenagers' academic performance. It unveils the relationship between challenges in managing emotions such as frustration, anxiety, or sadness and academic motivation, highlighting how these difficulties can affect a teenager's academic tasks. It offers valuable insights and meaningful contribution to scholarly discourse in this area, and underscores the need for further research.

Detailed Reviewer's Report

Below are my comments:

1. The objective of the study needs to be briefly and clearly stated in the abstract. This is obviously missing. I suggest the author/s include this in the abstract.
2. I suggest you avoid including citations in the abstract as abstract is author's brief summary of her/his work. I suggest you consider removing the citations and rephrase the entire paragraph.
3. For APA referencing style, remove initials in all in-text citations. For instance, in line 31 you cited (Jaworska, N., & MacQueen, G., 2015). Remove initials – put only surnames and the year of publication.
4. In line 56, 'Cuceloglu (2005) (as cited in Uyulgan, Melis & Akkuzu Güven, 56 Nalan, 2014)'. I suggest you remove "as cited in Uyulgan, Melis & Akkuzu Güven, Nalan, 2014".
5. The literature/sources cited in the study are quite insufficient. There are a lot more sources to engage with to give the study more depth. A study of this nature requires a good assemblage of relevant literature to support ideas and findings and for stronger theoretical background.
6. The study relies mostly on sources over 5 years. This is not very satisfactory for a study of this nature. There have been numerous recent developments/studies in this area of interest It is important that a study of this nature relies majorly on recent studies and theoretical insights.

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7. Author/s need to clearly explain what criteria informs the choice of age of the teenagers (15-18). Also, why the choice of purposive sampling over other sampling methods.
8. The author/s need to explain why the choice of private schools and exclusion of government schools.
9. The author/s should explain clearly what informs the methodological orientation of the study as this is not strongly stated.
10. It will be important as well to highlight any methodological gap in previous studies in this area. In line with the above, author/s should crosscheck and restructure the methodology section of the study.
11. The pages of the manuscript are not numbered. This makes reading the manuscript a bit difficult. The author/s need to consider inserting page numbers.
12. Author/s should crosscheck style, citation, (reference/bibliography) according to Author Guidelines for formatting, citing, and referencing provided by the journal.