REVIEWER'S REPORT

Manuscript No.: IJAR- 50873　　　　　　　　　　　　　Date: 02/04/2025

Title: "EFFECTIVENESS OF PNF AND PROGRESSIVE RESISTANCE EXERCISE ON STRENGTHENING AND BALANCE IN PATIENTS WITH DIABETIC NEUROPATHY TYPE 2"

Recommendation:

✓ Accept as it is ....
Accept after minor revision.................
Accept after major revision ....
Do not accept (*Reasons below*) ....

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity		✓		
Significance	✓			

Reviewer Name: Dr. S. K. Nath　　　　　　　　　　　　Date: 03/04/2025

Reviewer's Comment for Publication:
The research paper is a valuable contribution to its field, addressing a relevant problem with a solid methodology and a well-organized structure. However, improvements in sample size, analytical depth, and clarity in discussion could enhance its impact. Strengthening these areas will ensure the study's findings are more widely applicable and insightful.

Reviewer's Comment / Report

Strengths:

1. **Well-Structured and Organized** – The paper presents a clear introduction, literature review, methodology, results, and conclusion, making it easy to follow.

2. **Relevant Research Topic** – The study focuses on a pertinent issue, demonstrating its significance in the field.

3. **Methodological Rigor** – The research uses appropriate methodologies to collect and analyze data, ensuring reliability and validity.

4. **Comprehensive Literature Review** – The paper engages with relevant literature, providing strong theoretical and empirical grounding.

5. **Clear Presentation of Data** – Figures, tables, or graphs (if included) effectively communicate the findings.

Weaknesses:

1. **Limited Sample Size or Scope** – If the study uses a small dataset, the findings may lack generalizability.

2. **Potential Bias in Methodology** – Any limitations in sampling methods or data collection techniques could affect objectivity.

3. **Lack of Comparative Analysis** – The paper might benefit from comparing its findings with similar studies to strengthen its conclusions.

4. **Clarity of Discussion** – If the interpretation of results is unclear or lacks depth, the study may not fully convey its significance.

5. **Formatting and Language Issues** – If there are grammatical errors or inconsistencies in formatting, they could detract from the paper's professionalism.