

REVIEWER'S REPORT

Manuscript No.: IJAR-51561

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Title: Analyse des stratégies de coping chez les conducteurs professionnels de bus à Casablanca: Comparaison de la conduite pendant et hors du mois de Ramadan

Recommendation:

Accept as it is.....YES.....

Accept after minor revision.....

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		√		
Techn. Quality	√			
Clarity		√		
Significance		√		

Reviewer's Name: Mir Jaffar

Reviewer's Decision about Paper: **Recommended for Publication.**

Comments (*Use additional pages, if required*)

Reviewer's Comment / Report

Résumé Review:

The abstract effectively captures the essence of the research, presenting the religious, psychological, and sociological relevance of Ramadan as a unique temporal framework for behavioral observation. The study's focus on professional bus drivers in a congested urban context, and the comparison between periods during and outside of Ramadan, offers a compelling perspective on stress perception and adaptive strategies. The methodological approach—direct observation of 100 drivers—adds an empirical dimension that enhances the credibility of the findings. The summary ends with a clear indication of results, emphasizing increased aggression and impulsivity during Ramadan, which is critical for both scientific and public interest.

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Introduction Review:

The introduction provides a strong contextual and theoretical foundation. It begins with a brief historical and religious framing of Ramadan, linking it to broader monotheistic traditions, and then transitions into the psychological implications of fasting during this period. The integration of theoretical models, particularly the transactional model of stress by Lazarus and Folkman and the complementary model by Florence Gélie-Cousson, demonstrates a well-grounded conceptual basis. The introduction clearly states the research aim: to understand how Ramadan influences stress perception and coping strategies among professional drivers, especially under the challenge of traffic congestion.

Theoretical Framework and Methodology Review:

The study is anchored in a well-established psychological framework, applying cognitive and behavioral theories of stress management in a culturally specific context. The selection of a sample composed of 100 professional drivers, evenly split between Ramadan and non-Ramadan periods, reflects a balanced comparative approach. The use of direct observation ensures ecological validity, as it allows for real-time behavioral analysis without reliance on self-reported data. The thematic analysis approach is suitable for identifying patterns in coping behavior, particularly in relation to stress induced by environmental pressures such as traffic.

Results Review:

The results are summarized with clarity and thematic coherence. The finding that driving behavior during Ramadan tends to be more aggressive and impulsive than outside of Ramadan is significant and thought-provoking. It offers insight into the psychological impact of fasting, fatigue, and altered daily routines. The research contributes to understanding how spiritual obligations may intersect with professional demands, especially in high-stress environments such as urban transportation.

Interpretative Value and Relevance:

This study is highly relevant, both in applied psychology and transport policy contexts. By examining how coping strategies shift under religious and physical constraints, the research opens avenues for culturally informed stress management training for transport workers. It also provides valuable data for municipal authorities and transport planners in predominantly Muslim

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regions. The article's originality lies in its intersectional approach, blending religious studies, occupational health, and behavioral psychology.

Writing Style and Academic Rigor:

The language used is clear, formal, and appropriate for academic discourse. The text demonstrates good coherence, and the logical flow from the theoretical model to empirical observation is well maintained. Terminology is accurate, and the tone is both analytical and respectful of cultural and religious sensitivities.

Ethical Considerations:

While not explicitly stated, the observational nature of the research suggests a non-intrusive methodological approach. Given the context of professional settings, ethical considerations likely pertained to anonymity and non-disruption of work conditions.

Overall Assessment:

This study offers a well-constructed, meaningful contribution to the field of occupational stress and behavioral adaptation in a culturally specific framework. It combines empirical observation with robust theoretical modeling to deliver insights of both academic and practical value. The comparative angle, focused on Ramadan, provides a rich contextual background that enhances the study's relevance and originality.
