

REVIEWER'S REPORT

Manuscript No.: IJAR-51943

Date: 29-05-2025

Title: Utility of mental state in prescribing homoeopathic medicine □ A case report of tension type headache

Recommendation:

Accept as it is.....**YES**.....
 Accept after minor revision.....
 Accept after major revision
 Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality			√	
Techn. Quality		√		
Clarity		√		
Significance			√	

Reviewer's Name: Dr Aamina

Reviewer's Decision about Paper: **Recommended for Publication.**

Comments (*Use additional pages, if required*)
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Reviewer's Comment / Report

Abstract:

The abstract clearly introduces the prevalence of headache, particularly tension-type headache (TTH), and its impact on quality of life. It effectively outlines the clinical characteristics of TTH and introduces the concept of “mental state” as significant in homeopathic prescribing. The inclusion of Dr. Hahnemann's perspective provides a classical homeopathic foundation to the approach. The abstract succinctly conveys the rationale for focusing on mental state to achieve similimum in challenging cases with few characteristic physical symptoms.

Keywords:

The keywords—Mental state, Homoeopathy, Tension type headache—are relevant and representative of the core elements of the study, facilitating proper indexing and topic identification.

Introduction:

The introduction reiterates the importance of headache as a common health issue and differentiates between primary and secondary headaches using established criteria from the International Headache Society. It clearly defines tension-type headache as the most common primary headache and contextualizes its epidemiology. The text appropriately classifies types of TTH and introduces diagnostic

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criteria, which helps in setting the clinical background for the case report. The inclusion of epidemiological data and diagnostic classification provides a solid framework for the study.

Overall Evaluation:

The article presents a well-structured introduction to the clinical and theoretical aspects of tension-type headache and its relevance in homoeopathic practice. The emphasis on mental state as a diagnostic and therapeutic clue aligns with classical homeopathic methodology. The discussion reflects both clinical relevance and philosophical grounding within the discipline of homoeopathy. The writing maintains a consistent focus on the integration of conventional diagnostic criteria with individualized homeopathic analysis, offering a bridge between modern diagnosis and traditional therapeutic approaches.