

REVIEWER'S REPORT

Manuscript No.: IJAR-52032

Date: 02-06-2025

Title: A Prevalence study on coping behaviours of wives of husband with alcohol dependence in a Tertiary care Hospital of North Eastern Region of India."

Recommendation:

Accept as it is.....**YES**.....
 Accept after minor revision.....
 Accept after major revision
 Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		√		
Techn. Quality			√	
Clarity		√		
Significance			√	

Reviewer's Name: Dr Aamina

Reviewer's Decision about Paper: **Recommended for Publication.**

Comments (*Use additional pages, if required*)

Reviewer's Comment / Report

Research Focus:

The study aims to assess the prevalence of different coping behaviors among wives of husbands with alcohol dependence, an area with limited prior research especially within the socio-cultural context of North Eastern India.

Abstract and Content Clarity:

The abstract clearly outlines the background, objectives, methodology, and key findings. It effectively conveys the focus on maladaptive coping strategies among affected spouses and summarizes prevalence rates of specific coping behaviors.

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Methodology:

The study employs a cross-sectional design conducted at a tertiary care hospital psychiatry department. The inclusion and exclusion criteria are clearly specified, using DSM-IV criteria for alcohol dependence diagnosis, which adds rigor to subject selection. The use of Orford Guthrie's 'Coping with Drinking' Questionnaire (1976) provides a validated tool to assess coping behaviors.

Data and Results:

The reported prevalence rates for various coping behaviors—discord, avoidance, special actions, anti-drink measures, sexual withdrawal, and others—are presented in a clear, quantifiable manner. The data show a high prevalence of maladaptive coping behaviors among the study population, with discord being the most frequent.

Interpretation and Conclusion:

The conclusion reflects the study's findings by emphasizing the predominance of maladaptive coping behaviors among wives of alcohol-dependent husbands, highlighting a gap in social support. The study also positions itself in the broader literature by noting that most previous research has focused on alcohol use disorder itself rather than the coping mechanisms of spouses.

Relevance and Contribution:

This research contributes valuable data on coping strategies in a specific and under-studied population, providing insight for mental health professionals working with families affected by alcohol dependence in similar cultural contexts.

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Language and Organization:

The manuscript is structured logically, with clear sections and a coherent flow of information.

The language is appropriate for an academic and clinical audience.

Overall Assessment:

The manuscript presents an important exploration of coping behaviors among spouses of alcohol-dependent individuals in North Eastern India. Its methodological clarity and focus on a neglected research area make it a meaningful addition to the field of addiction psychiatry and family mental health.
