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Date: 13-06-2025

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**Manuscript Number: IJAR-52200**

**Article Title: A quasi experimental study to assess the Knowledge regarding Pre-menstrual Syndrome and its management among early adolescent girls in selected govt. school in Jalandhar, Punjab, India**

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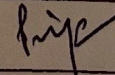
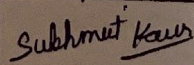
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