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REVIEWER'S REPORT

Manuscript No.: IJAR-52322

Date: 16/6/2025

Title:

The Great Revert of Uncontrolled Type 2 Diabetes Mellitus with Diabetic Neuropathy by *Ayurvedic* Intervention: A Case Study Relating To *Pittaj Prameha*- Subtype *Haridra meha*

Recommendation:	Rating	Excel.	Good	Fair	Poor
Accept as it is	Originality	Excellent			
Accept after minor revision Accept after major revision	Techn. Quality		Good		
Do not accept (<i>Reasons below</i>)	Clarity	Excellent			
	Significance	Excellent			

Reviewer Name: Dr.Sumathi

Reviewer's Comment for Publication.

(To be published with the manuscript in the journal)

The reviewer is requested to provide a brief comment (3-4 lines) highlighting the significance, strengths, or key insights of the manuscript. This comment will be Displayed in the journal publication alongside with the reviewers name.

Diabetes mellitus, commonly known as diabetes, is a group of metabolic disorders characterized by high blood sugar levels.

Detailed Reviewer's Report

- 1. Diabetic neuropathy is nerve damage caused by diabetes that can affect sensory, motor, and autonomic nerves. It is the most common cause of neuropathy, impacting up to half of people with diabetes.
- 2. Ayurvedic interventions refer to the various treatments and practices used in ayurveda and an ancient Indian system of medicine.

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- 3. Ayurvedic therapies aim to restore balance within the body and mind by addressing individual needs and imbalances. They involve a variety of techniques like diet, herbal medicine, massage, yoga, meditation and detoxification practices.
- 4. Uncontrolled diabetes mellitus is a condition where blood sugar levels remain persistently high, leading to various short term and long term complications.
- 5. This can be due to inadequate insulin use, poor adherence to a diabetes diet, or other factors.
- 6. Informations are given good and understandable. Significant points and pictures are excellent!
- 7. This research findings are medicinally very valued one. Results part can be made graphs for tables.
- 8. Summary parts can be included.
- 9. References should be in alphabetical order.

After small corrections it is good to publish in your journal.