1 CU-SIL Dentures for Partial Edentulism: Preserving Function and Teeth – A Clinical Report Series

# 2 **INTRODUCTION:**

3 MM DeVan has rightly said that "Perpetual preservation of what is remaining is more important than the meticulous reconstruction of what is lost".(1) The primary goal of contemporary 4 dentistry is to preserve teeth in order to maintain the integrity of the alveolar ridge and the 5 periodontium's proprioceptive capabilities.(2) Alveolar ridge height can be preserved even in cases 6 7 where an arch has one healthy tooth. Studies by Va Crum and Rooney have demonstrated that, in comparison to edentulous patients, there is comparatively much less alveolar bone resorption when 8 some teeth are present.(3) Additional benefit of maintaining natural teeth means keeping your 9 proprioceptive sense intact of periodontium and this offers the patient psychological advantages. The 10 11 remaining natural teeth are treated with overdentures, transitional dentures, or immediate dentures. However, Cu-Sil dentures are the most straightforward kind of partially edentulous treatment 12 accessible during the transitional period for patients who are afraid of full extractions.(4) 13 Rehabilitation of patients with Cu-Sil denture for the maxillary partially edentulous arch and a 14 15 removable partial denture for the mandibular arch is covered in this clinical report.

### 16 CLINICAL REPORTS:

17 *Case 1* 

A 56-year old male patient reported to our department with chief complaint of difficulty in 18 19 chewing and also complaints of poor esthetic appearance and wanted replacement of missing teeth. 20 On intra-oral examination the patient had a Kennedy's class I edentulous space in maxilla with presence of only 11 (Fig. 1) and Kennedy's class II modification 2 edentulous space in mandibular 21 22 arch (Fig. 2) with missing 31, 32, 35, 36, 37, 41, 42, 43, 46 & 47. On examination of individual teeth 11 had gingival recession and the mandibular teeth were supra-erupted with a full metal crown in 45 23 24 and amalgam restoration in 47. A brief dental history stated that the missing teeth were extracted due 25 to caries. It was planned to fabricate a transitional denture (CU-SIL denture) for maxillary arch and a 26 removable partial denture in mandibular arch as the patient was not willing for extraction of his 27 remaining teeth.



Fig. 1- Pre-operative maxillary arch



Fig.2- Pre-operative mandibular arch

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Treatment Procedure: In the first appointment, diagnostic impression of maxilla and mandible were 34 35 made using irreversible hydrocolloid (Zhermack Tropicalgin alginate impression material). Followed 36 by fabrication of custom tray with full coverage spacer design on the diagnostic cast on maxilla using autopolymerizing acrylic resin was done (DPI RR Cold cure, DPI India). In the second appointment, 37 border molding using green stick compound (DPI pinnacle tracing sticks, DPI India) and secondary 38 39 impression was made with light body impression material (HUGE PERFIT Elastomeric Impression Material, Light Body- Type 3). Master cast was prepared (Fig. 3) and occlusal rims fabricated on 40 41 which bite registration was recorded on the third appointment.



Fig. 3- Maxillary master cat



Fig. 4- Maxillary final prosthesis

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Fig. 5- Maxillary and Mandibular final prosthesis; A- Left view, B- Front view, C- Right view

The wax try-in was done in both maxillary and mandibular arch, evaluation of occlusion, dental esthetics, facial esthetics were examined and proceed with acrylization. The denture was finished, polished and insertion was done in maxillary and mandibular arch. (Fig. 5) the patient was recalled on a periodic review (1<sup>st</sup> week, 1 month, 3 week, 1month, 3<sup>rd</sup> month& 6<sup>th</sup> month) which showed that the patient was comfortable in using the denture.

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## 60 *Case 2*

A 50-year old female patient reported to our department with chief complaint of difficulty in chewing and also complaints of poor esthetic appearance and wanted replacement of missing teeth. On intra-oral examination the patient had a Kennedy's class I modification 1 edentulous space in maxilla with presence of only 13, 21 (Fig. 6) and Kennedy's class I edentulous space in mandibular arch (Fig. 7). On examination of individual teeth 13 & 21 had gingival recession. It was planned to fabricate a transitional denture (CU-SIL denture) for maxillary arch and a removable partial denture in mandibular arch as the patient was not willing for extraction of his remaining teeth.

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Fig. 6- Pre-operative maxillary arch



Fig. 7- Pre-operative front view of maxilla & mandible at occlusion

75 Treatment Procedure: In the first appointment, diagnostic impression of maxilla and mandible were 76 made using irreversible hydrocolloid (Zhermack Tropicalgin alginate impression material). Followed by fabrication of custom tray with full coverage spacer design on the diagnostic cast on maxilla using 77 autopolymerizing acrylic resin was done (DPI RR Cold cure, DPI India). In the second appointment, 78 79 border molding using green stick compound (DPI pinnacle tracing sticks, DPI India) and secondary impression was made with light body impression material (Fig. 8) (HUGE PERFIT Elastomeric 80 Impression Material, Light Body- Type 3). Master cast was prepared and occlusal rims fabricated on 81 82 which bite registration was recorded on the third appointment.

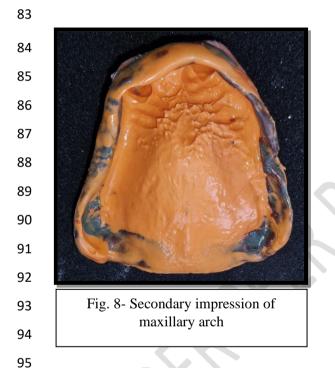




Fig. 9- Post-operative image with denture in maxillary and mandibular arch with CUSIL denture

96 The wax try-in was done in both maxillary and mandibular arch, evaluation of occlusion, dental 97 esthetics, facial esthetics were examined and proceed with acrylization. The denture was finished, 98 polished and insertion was done in maxillary and mandibular arch (Fig. 9). The patient was recalled 99 on a periodic review (1<sup>st</sup> week, 1 month, 3 weeks, 1month, 3<sup>rd</sup> month& 6<sup>th</sup> month) which showed that 100 the patient was comfortable in using the denture.

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#### 103 **DISCUSSION:**

The case report describes a treatment modality for partially edentulous patient with few 104 105 remaining teeth. It describes the use of an innovative technique for fabrication of transitional partial dentures based on the design for Cu-sil dentures. The vertical height of bone and proprio-sensitivity is 106 107 preserved. There is no requirement of a special armamentarium and main advantage is that if a tooth is 108 lost in future the existing denture can be modified accordingly.(2) They should be avoided in patients 109 with bruxism, severe undercut areas and patient with high smile line.(5) soft liners are used as a 110 relining in cu-sil denture. Due to its viscoelastic properties, they provide cushion like effect which can 111 distribute forces more evenly by absorbing energy.(6) Thus, the use of soft liner cushions and splints the remaining teeth which provide added stability. Moreover, it is also easy to manage a smooth 112 transition to edentulousness. As teeth are lost, the existing prosthesis can be modified to replace them. 113 It is thereby the simplest, gentlest way to postpone or eliminate total loss of mobile, isolated, 114 115 elongated or periodontally involved teeth.(1) However, such transitional partial dentures can be used in selected cases only. Its use in patients with too many teeth and/or those exhibiting unfavourable 116 undercuts would hinder with its fabrication and placement. Creating too many holes to accommodate 117 natural teeth would compromise the strength of the denture, especially the mandibular one. Severe 118 119 undercuts like those surrounding some natural teeth would also warrant the use of a thin denture flange and a resultant weak denture, more prone to fracture. Last, but not the least, in patient with 120 121 retained maxillary anteriors and a high smile line, esthetic needs to be inadvertently compromised. 122 Lip fullness due to the underlying flange can also result in such patients.(7)

### 123 CONCLUSION:

124 Cu-Sil dentures offer a conservative, patient-friendly approach to managing partial 125 edentulism, especially in individuals unwilling or unsuitable for full extractions. By preserving the 126 remaining natural teeth, they maintain proprioceptive feedback, contribute to better alveolar ridge 127 preservation, and provide psychological benefits to the patient. This clinical report series highlights 128 the practical utility and adaptability of Cu-Sil dentures as an interim solution, enabling comfortable

- 129 function and esthetics while delaying or avoiding complete edentulism. However, careful case
- 130 selection, regular follow-up, and meticulous hygiene maintenance are vital for long-term success.

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