REVIEWER'S REPORT

Manuscript No.: **IJAR-52537**   Date: 30-06-2025

Title: EKSAR GANA : A REVIEW

Recommendation:
Accept as it is ....YES.....................
Accept after minor revision.................
Accept after major revision ....
Do not accept (*Reasons below*) ....

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity			✓	
Significance		✓		

Reviewer Name: - Dr Aamina

Reviewer's Comment for Publication.

General Overview

The manuscript presents a concise yet informative review of *Eksara Gana*, a traditional Ayurvedic grouping of eighteen medicinal herbs noted for their *Vishaghna* (anti-toxic) properties. The effort to synthesize classical Ayurvedic knowledge with contemporary pharmacological insights is commendable and offers value to scholars and practitioners of both traditional and integrative medicine. The paper aligns with the goals of interdisciplinary scholarship by attempting to bridge ancient medical wisdom with modern scientific frameworks.

Strengths of the Manuscript

1. **Topical Relevance and Niche Focus**
   The focus on *Eksara Gana* addresses a relatively underrepresented yet clinically important area of Ayurvedic pharmacology. The specificity of the review allows for a

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targeted and potentially impactful contribution to the body of knowledge in traditional medicine and herbal toxicology.

2. **Clear Structuring and Scholarly Intent**

   The structure of the abstract and introduction reflects a logical progression of ideas—from classification in Ayurveda to therapeutic application. The intent to synthesize classical textual knowledge with modern interpretations is clearly articulated.

3. **Interdisciplinary Value**

   By attempting to relate *Vishaghna* herbs with modern anti-toxicological applications, the review positions itself within the growing field of integrative medicine. This approach enhances the translational value of the paper for both Ayurvedic researchers and biomedical professionals.

4. **Use of Classical Sources**

   Reference to foundational Ayurvedic texts such as *Charaka Samhita* and *Sushruta Samhita* lends classical authority to the review. This connection reinforces the scriptural authenticity of the grouping under discussion.

5. **Focused Keywords**

   The choice of keywords—*Eksara Gana, Vishaghna, Ayurveda, Anti-toxic Herbs, Medicinal Plants*—is appropriate and enhances the searchability and thematic clarity of the article.

Conclusion

The manuscript effectively sets the stage for a detailed academic review of *Eksara Gana*. It maintains a clear focus, articulates its objectives well, and demonstrates scholarly relevance across Ayurvedic and modern pharmacological domains. The combination of classical textual grounding and contemporary relevance makes this work a valuable contribution to the literature on Ayurvedic toxicology and herbal medicine.