

## REVIEWER'S REPORT

Manuscript No.: IJAR-52782

Date: 12/07/2025

Title: An overview of preventive and curative aspects of Occupational hazards w.s.r to Shalakyta Tantra

### Recommendation:

- ✓ Accept as it is .....  
 Accept after minor revision.....  
 Accept after major revision .....  
 Do not accept (*Reasons below*) .....

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity		✓		
Significance	✓			

Reviewer Name: Dr. S. K. Nath

Date: 13/07/2025

### Reviewer's Comment for Publication:

The paper underscores the significance of an integrative approach that combines Ayurveda's preventive and curative strategies with conventional occupational safety measures to protect sensory organs against workplace hazards. It advocates the potential of traditional practices like herbal therapies, detoxification, and lifestyle modifications in enhancing resilience, reducing disease incidence, and promoting overall worker well-being. The conclusion emphasizes the importance of adopting such holistic methods for sustainable occupational health management, although it notes the need for further empirical validation.

### Reviewer's Comment / Report

#### Strengths:

- Holistic Approach:** The paper adopts an integrative perspective by merging traditional Ayurvedic practices with contemporary occupational health strategies, offering a comprehensive approach to hazard management.
- Detail on Sensory Organ Hazards:** It thoroughly discusses various occupational risks related to sensory organs, including physical, chemical, ergonomic, and environmental factors.
- Emphasis on Prevention and Cure:** Highlights both preventive measures (Dinacharya, Ritucharya, lifestyle modifications) and curative therapies (Panchkarma, herbal treatments, yoga), providing a balanced view.
- Practical Recommendations:** Suggests specific Ayurvedic procedures like Tarpan, Nasya, and Kriya Kalpa for managing occupational conditions.
- Recognition of Modern and Traditional Synergy:** Acknowledges the importance of combining traditional wisdom with modern safety practices like PPE, safety training, and risk assessments.

#### Weaknesses:

- Lack of Empirical Evidence:** The paper primarily relies on textual references and theoretical concepts without presenting empirical research or clinical trial data to substantiate the efficacy of Ayurvedic interventions.
- Limited Methodological Detail:** It lacks detailed methodology on how Ayurvedic treatments could be systematically integrated into occupational health protocols.
- Clarity and Structure:** The presentation of references and certain sections could be more organized for clearer understanding; some portions seem repetitive or fragmented.
- Specificity in Application:** While it discusses broad preventive strategies, it does not specify particular occupational settings or delineate protocols tailored for different industries.
- Language and Editing:** Some grammatical and typographical inconsistencies might hinder comprehension.