

REVIEWER'S REPORT

Manuscript No.: IJAR-52782

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Title: An overview of preventive and curative aspects of Occupational hazards w.s.r to Shalakya Tantra

Recommendation:

Accept as it is

Accept after minor revision.....

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity			✓	
Significance		✓		

Reviewer Name: Dr Aamina

Reviewer's Comment for Publication.

1. Relevance and Scope:

This paper addresses a timely and significant issue in occupational health, focusing particularly on the sensory organs as understood in the Ayurvedic specialty of *Shalakya Tantra*. The scope of the paper is appropriately broad yet focused, encompassing the spectrum of occupational hazards and their impact on organs above the clavicle, while integrating Ayurvedic preventive and curative perspectives. The interdisciplinary approach linking occupational medicine with Ayurveda enhances the relevance of the study for contemporary healthcare systems.

2. Abstract:

The abstract is well-structured and offers a comprehensive summary of the study's focus and purpose. It defines key terms, outlines the nature and types of occupational hazards, and introduces the Ayurvedic framework—especially *Aushadh Chikitsa*, *Panchkarma*, *Kriya Kalpa*, *Yoga*, and *Pathyapathya*—as part of an integrative solution. The discussion about Ayurvedic contributions to workplace health is cogent and purpose-driven.

3. Introduction:

The introduction provides a clear contextual background, emphasizing the growing recognition of occupational health and the risks associated with modern work environments. It elaborates on the various types of occupational hazards and sets the stage for the relevance of Ayurvedic principles as a complementary solution. The framing of *Shalakya Tantra* in relation to occupational exposure affecting eyes, ears, nose, and throat is particularly apt.

4. Thematic Integration:

The paper effectively integrates traditional Ayurvedic practices with modern occupational health strategies. By highlighting both preventive and curative measures within Ayurveda, it underscores the

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value of a holistic approach. The role of detoxification, stress management, and resilience-building aligns well with both classical Ayurvedic doctrine and contemporary wellness paradigms.

5. Clarity and Coherence:

The narrative is logically organized and easy to follow. The definitions, categorization of hazards, and proposed solutions are clearly presented. The transition between modern and Ayurvedic perspectives is handled seamlessly, which enhances the readability and cohesion of the paper.

6. Contribution to Literature:

The study contributes to an emerging body of work exploring the integration of traditional health systems with occupational safety measures. The specific reference to *Shalakyta Tantra* distinguishes this paper from more general Ayurvedic approaches and underscores the paper's specificity and depth within traditional systems of medicine.

7. Language and Terminology:

The language is formal, clear, and precise, suitable for an academic audience. Ayurvedic terms are used appropriately and in context. The tone remains professional throughout, with consistent attention to detail and subject-specific accuracy.

Conclusion:

This paper offers a thoughtful and well-constructed overview of occupational hazards with a unique lens through *Shalakyta Tantra*. The inclusion of both modern and Ayurvedic paradigms reflects a comprehensive and culturally grounded approach to workplace health and safety. The emphasis on preventive strategies and holistic well-being underscores the value of integrative healthcare in modern occupational settings.