

REVIEWER'S REPORT

Manuscript No.: IJAR-52984

Date: 26-07-2025

Title: Exploring the Personality on Well-Being Among Depressive Patients.

Recommendation:

Accept as it isYES.....

Accept after minor revision.....

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality			✓	
Techn. Quality			✓	
Clarity			✓	
Significance			✓	

Reviewer Name: Dr Aamina

Reviewer's Comment for Publication.

Title Evaluation

The title effectively conveys the primary focus of the research, which is to examine how personality traits relate to well-being in individuals experiencing depression. It is specific and addresses both psychological constructs central to the study.

Abstract Evaluation

The abstract is concise and clearly outlines the objective, methodology, sample, instruments, and analytical techniques used. The choice of tools—NEO Five Factor Inventory and Personal Well-Being Inventory—is appropriate given their known psychometric strengths. The key finding, a significant correlation between personality traits and well-being, is clearly stated, indicating a meaningful relationship between these variables in the studied population. The use of quantitative analysis methods, such as Pearson correlation and t-test, is also relevant for the research design.

Introduction Evaluation

The introduction provides a comprehensive overview of personality as a psychological construct. It distinguishes between different theoretical frameworks—trait-based and behavioral—and introduces major personality assessment tools. The emphasis on psychometric reliability and validity demonstrates a sound understanding of psychological measurement, which supports the study's methodology. The inclusion of multiple recognized instruments helps position the study within a broader psychological research context.

Research Design and Methodology

The study uses a correlational research design, which is well-suited to examining relationships between variables without manipulating them. The sample of 124 depressive patients, with a clear age range and

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gender breakdown, offers a sufficient basis for statistical analysis. The selection of the NEO Five Factor Inventory is suitable for assessing personality, and the Personal Well-Being Inventory provides a focused measure of the dependent variable. This combination ensures relevance to the study's aims.

Data Analysis and Statistical Tools

The use of Pearson Correlation is appropriate for measuring the degree of association between continuous variables. The mention of t-tests suggests comparative analysis, likely between subgroups (e.g., gender), which enhances the depth of the findings. Although the abstract does not detail specific results, it confirms the presence of significant relationships.

Theoretical and Practical Relevance

This study holds both theoretical and practical significance. Theoretically, it contributes to the understanding of how enduring personality traits influence subjective well-being in a clinical population. Practically, the findings may inform psychological assessment and personalized treatment approaches for depressive patients, potentially aiding in therapeutic planning and mental health interventions.

Language and Structure

The manuscript is written in clear academic English with proper use of terminology relevant to psychology and mental health. The flow from the abstract to the introduction is logical, and the arguments are presented in a coherent manner.

Overall Assessment

This paper addresses an important topic at the intersection of personality psychology and clinical mental health. It is conceptually sound, methodologically appropriate, and clearly written. The research design, use of validated instruments, and statistical analyses are all aligned with the study's objectives. The results, while briefly presented, underscore a meaningful relationship that warrants attention in both research and clinical practice.