

REVIEWER'S REPORT

Manuscript No.: IJAR-53050

Date: 30/07/2025

Title: The Comorbidity of Depression and Anxiety among Saudi Board Residents in Different Health Training Programs in Al-Ahsa, Saudi Arabia, 2024

Recommendation:

Accept as it is ☐☐☐☐..

Accept after minor revision ☐☐ ✓ ☐☐

Accept after major revision ☐☐☐☐☐

Do not accept (*Reasons below*) ☐☐☐

Rating	Excel.	Good	Fair	Poor
Originality	✓			
Techn. Quality		✓		
Clarity		✓		
Significance	✓			

Reviewer Name: Sakshi Jaju

Date: 30/07/2025

Reviewer's Comment for Publication.

Abstract:

The abstract summarizes the study well. It explains the growing problem of depression and anxiety among healthcare professionals and clearly states the study's aim, method, and main results. It effectively presents the seriousness of mental health concerns in training doctors.

Introduction:

The introduction highlights how depression and anxiety are widespread among healthcare providers. It shows how these conditions can affect not only the personal lives of residents but also their work performance and patient care. Introduction should be shortened for better readability.

Material and Methods:

This is a descriptive cross-sectional study involving 221 out of 471 training physicians in Al-Ahsa, Saudi Arabia. Data was collected through a validated, self-administered questionnaire. The use of SPSS for statistical analysis is appropriate. The methodology is simple, clear, and properly described. Ethical consent need to mentioned.

Result and Discussion:

The result highlights that Orthopedics and Psychiatry had the highest rates of severe anxiety. Comorbidity was most common in Orthopedics, followed by OBGY, Internal Medicine, and Pediatrics. The discussion is comprehensive but can be shortened and made more reader-friendly.

Relevance and Contribution:

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The study is significant because it focuses on the mental health of future doctors, which directly affects healthcare delivery. This can help institutions design better support systems.

Clarity and Writing:

The language is simple and the article is well-structured. The article needs to be shortened for easy readability and better understanding. Ethical consent should be mentioned, reference should be formatted as per journal format.

Recommendation:

Manuscript accepted for the publication after minor corrections