



# International Journal of Advanced Research

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#### REVIEWER'S REPORT

Manuscript No.: **IJAR-53112** Date: 04-08-2025

Title: SHOULDER SLAP LESIONS IN NON-ATHLETIC INDIVIDUALS: TREAT IT OR LEAVE IT? A COMPARATIVE STUDY OF CONSERVATIVE MANAGEMENT VERSUS ARTHROSCOPIC SLAP REPAIR IN 50 PATIENTS

Recommendation:	Rating	Excel.	Good	Fair	Poor
Accept as it is	Originality		⋖		
Accept after minor revision	Techn. Quality			<	
Accept after major revision	Clarity		8		
Do not accept (Reasons below)	Significance			<	

Reviewer Name: Dr Aamina

Reviewer's Comment for Publication.

#### **Abstract Evaluation:**

The abstract is clearly structured, providing a concise background that contextualizes the clinical uncertainty regarding SLAP lesion management in non-athletic individuals. The objective—to compare conservative management with arthroscopic repair—is clearly stated, along with the study design, patient population, and diagnostic criteria (MRI-confirmed Type II SLAP lesions). The methods section details the allocation of patients into two equal groups, the specific surgical technique used (suture anchors), and the primary outcome measures (ASES and VAS scores, return-to-activity time, complications, and satisfaction), along with the follow-up period of 24 months. The statistical analysis tool (SPSS v26.0) is noted, ensuring methodological clarity.

The results are presented with precise statistical data, showing a significant advantage for surgical intervention in functional and pain outcomes, albeit with higher complication rates. Return-to-activity times are quantified, reinforcing the comparative analysis.

The conclusion is balanced, recognizing the superior statistical results of surgery while highlighting the acceptability, safety, and cost benefits of conservative management. It also presents a clear clinical recommendation—conservative therapy as first-line treatment in non-athletic patients, with surgery for persistent cases—rooted in both ethical and clinical reasoning.

#### **Overall Assessment:**

The abstract is comprehensive, evidence-based, and clinically relevant. It integrates statistical rigor with practical recommendations, making it valuable for orthopedic surgeons, sports medicine practitioners, and physiotherapists. The comparative approach provides meaningful insights for decision-making in managing SLAP lesions in non-athletic populations.

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