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REVIEWER'S REPORT

Manuscript No.: IJAR-53188 Date: 07.08.2025

Title: PHARMACODYNAMICS OF NAVAYAS CHURNA: A DETAILED EXPLORATION OF ITS

THERAPEUTIC MECHANISMS AND APPLICATIONS,

Recommendation:	Rating	Excel.	Good	Fair	Poor
Accept as it is	Originality				
Accept after minor revision	T 1 0 10		. /		
Accept after major revision	Techn. Quality				
Do not accept (Reasons below)	Clarity				
,	Significance				

Reviewer Name:Dr.Suvarna Raagavendaran **Date:** 07.08.2025

Reviewer's Comment for Publication.

(*To be published with the manuscript in the journal*)

The reviewer is requested to provide a brief comment (3-4 lines) highlighting the significance, strengths, or key insights of the manuscript. This comment will be Displayed in the journal publication alongside with the reviewers name.

This manuscript provides a comprehensive and well-structured analysis of the pharmacodynamics and therapeutic efficacy of Navayas Churna, a classical Ayurvedic formulation. The integration of traditional Ayurvedic principles with modern pharmacological understanding makes the paper significant and valuable for both academic and clinical research in Ayurveda. The detailed breakdown of ingredients and their mechanisms offers clarity and scientific relevance.

Strengths of the Manuscript:

- 1. The paper effectively compiles classical and contemporary references, presenting the formulation's pharmacodynamics in a logical, evidence-based manner.
- 2. The tables (ingredients, properties, therapeutic actions) are well-organized and contribute significantly to understanding the formulation.
- 3. The discussion on Samprapti Vighatana in multiple diseases demonstrates a deep integration of Ayurvedic pathology with pharmacological insight.
- 4. Language and structure are overall clear, with good scholarly value.

Suggestions for Minor Revisions:

1. Clarify citations: Use consistent referencing style (e.g., square brackets throughout or superscripts).

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- 2. **Proofreading:** Minor grammatical corrections are needed in some sections (e.g., remove repetitive phrases like "as mentioned before", and ensure verb tenses are consistent).
- 3. **Conclusion:** Add a short paragraph suggesting future research directions or clinical validation trials to strengthen the conclusion.

Detailed Reviewer's Report