

## REVIEWER'S REPORT

**Manuscript No.:** IJAR-53343

**Date:** 15.08.2025

**Title:** Extended Reality (XR) Technologies in Mental Health Assessment and Treatment

### Recommendation:

Accept as it is

Accept after minor revision

**Accept after major revision**

Do not accept

Rating	Excel.	Good	Fair	Poor
Originality			✓	
Techn. Quality				✓
Clarity			✓	
Significance			✓	

**Reviewer Name:** Dr. Divyaparvathy J

### Reviewer's Comment:

This review article explores the applications of Extended Reality (XR) including Virtual Reality (VR), Augmented Reality (AR), and Mixed Reality (MR) in the diagnosis and treatment of mental health disorders. This review is substantive, well-researched, and valuable, especially in bridging mental health care and immersive technology. With clearer structure, reduced redundancy, more critical synthesis, and a more concise introduction, this could become a go-to reference for clinicians and digital health innovators alike



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### Detailed Reviewer's Report

1. The abstract is well written. I would suggest a one-sentence conclusion/future direction beyond "careful development".
2. Introduction addresses disparities in a well-organized manner. Statistics related to the study are well researched, yet condensing the details of regional and global statistics could be of more benefit to the readers.
3. Adding subheadings can clear confusion and improve comprehension in introduction part.
4. Add a clear Methods section stating databases searched, inclusion/exclusion criteria, time period covered, number of studies reviewed (even if semi-systematic)
5. Remove the unused abbreviations in the article. Visual summaries need more clarity to improve understanding.
6. Ensure all numbered citations are accurately and consistently formatted.
7. On a Public Health Focus, the article clearly highlights disparities, access issues, and cost burdens in valuable context.