

REVIEWER'S REPORT

Manuscript No.: **IJAR-53412**

Date: 18/07/2025

Title: The Development and Integration of Social Sports Resources in College Students' Health Education

Recommendation:

Accept as it is
☒ **Accept after minor revision.....**
 Accept after major revision
 Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity			✓	
Significance		✓		

Reviewer Name: Dr **Touseef Malik**

Date: 19/07/2025

Reviewer's Comment for Publication

The article presents a timely and contextually relevant study focusing on how local social sports resources can be leveraged to enhance health education among college students, taking Tai'an City as a case example. The manuscript is structured coherently, beginning with conceptual grounding, moving to resource analysis, and concluding with strategies for integration. Its strength lies in contextual richness and practical recommendations, though it could benefit from greater empirical grounding and comparative perspectives.

Recommendation: Accept after minor revision.

Detailed Reviewer's Report

Strengths

- Clear Focus:**
The study directly addresses the importance of social sports resources in higher education health programs, aligning with national educational priorities in China.
- Contextual Depth:**
The case study of Tai'an City is detailed, highlighting natural, cultural, venue-based, and human resources, which adds concreteness and cultural depth.
- Educational Relevance:**
The manuscript convincingly aligns Tai'an's sports resources with health education objectives (fitness, mental health, lifestyle, adaptability), offering a clear framework for universities.
- Structured Strategies:**
The proposed pathways, curriculum integration, activity diversification, staff development, cooperative mechanisms, and resource-sharing platforms are logically presented and practical for policy and institutional adoption.

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Weaknesses

1. **Lack of Empirical Data:**

The paper relies heavily on speculative and descriptive analysis. Case-based data (e.g., student surveys, participation rates, health outcomes) would strengthen its claims.

2. **Overgeneralization:**

While Tai'an's resources are elaborated in depth, the applicability of these findings to other regions is not discussed, limiting the paper's generalizability.

3. **Limited Literature Integration:**

Although references are cited, the literature review does not sufficiently connect international perspectives on health education and sports resource integration, which could enrich the theoretical grounding.

4. **Language and Style:**

The language, though formal, tends toward redundancy. Streamlining sentences could enhance clarity and conciseness.