

REVIEWER'S REPORT

Manuscript No.: IJAR-53412

Date: 20-08-2025

Title: The Development and Integration of Social Sports Resources in College Students' Health Education

Recommendation:

Accept as it isYES.....

Accept after minor revision.....

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality			✓	
Techn. Quality		✓		
Clarity		✓		
Significance			✓	

Reviewer Name: Shafiya Akhter

Reviewer's Comment for Publication.

The manuscript titled “The Development and Integration of Social Sports Resources in College Students' Health Education” presents a timely and relevant investigation into the role of social sports resources in strengthening health education within Chinese universities, with Tai'an City serving as a case study.

The **abstract** effectively conveys the central focus of the research, highlighting the necessity of integrating social sports resources into higher education health programs. It outlines the analytical trajectory of the study — beginning with an examination of the characteristics and educational value of Tai'an's sports resources, followed by the alignment of these resources with the objectives of university health education, and culminating in the exploration of strategies for development and integration. The objectives are clearly articulated, emphasizing both theoretical significance and practical applicability for advancing health education innovation in higher education institutions.

The **introduction** situates the study within a broader national and social context, underscoring the pivotal role of college students in the nation's development and rejuvenation. It draws attention to the growing emphasis on health education in Chinese universities while

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acknowledging the existing challenges in resource sufficiency, program formats, and overall effectiveness. Within this framework, the manuscript positions social sports resources as a crucial and underutilized element of the public service system. The description of these resources — characterized by richness, openness, and practicality — provides a clear rationale for their integration into college students' health education.

The paper demonstrates strong **contextual grounding** by linking local resource conditions in Tai'an City with the broader objectives of health education in universities. The focus on both connotative characteristics and practical pathways indicates a balanced methodological approach that combines theoretical exploration with application-oriented analysis.

Overall, the manuscript makes a **valuable contribution** to the academic discourse on health education in higher education institutions, highlighting the potential of social resources in addressing existing challenges and enriching the scope and effectiveness of student health programs.
