

REVIEWER'S REPORT

Manuscript No.: IJAR-53462

Date: 22-08-2025

Title: Anxiety Disorders and Homoeopathic Approach"

Recommendation:

Accept as it isYES.....

Accept after minor revision.....

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality			✓	
Clarity		✓		
Significance			✓	

Reviewer Name: Mir Zahoor

Reviewer's Comment for Publication.

Abstract Evaluation:

The abstract provides a concise and informative overview of the subject matter. It clearly defines anxiety disorders as a prevalent mental health condition, briefly explains their clinical manifestations, and contextualizes the significance of the problem. It also notes conventional treatment methods while positioning homeopathy as an alternative therapeutic approach. The focus on both the disorder and its management through homoeopathy is effectively introduced, and the keywords selected accurately represent the scope of the article.

Strengths:

1. The abstract highlights the global prevalence of anxiety disorders, establishing the importance of the study.
2. The clinical description of symptoms (e.g., palpitations, restlessness, difficulty concentrating) enhances clarity and relevance.
3. The positioning of homeopathy as an alternative therapy is stated directly, aligning with the article's theme.
4. Keywords are precise, aiding in searchability and thematic identification.

Introduction Evaluation:

The introduction successfully establishes the universal nature of anxiety by linking it to common life situations, thereby making the topic relatable to a wide audience. It underscores the distinction between normal anxiety and pathological anxiety disorders, providing a useful framework for understanding the

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scope of the paper. The historical perspective, particularly the reference to the late 19th century and Sigmund Freud's conceptualization of anxiety, enriches the background discussion. Freud's interpretation of anxiety as both a signal and an adaptive mechanism provides depth and theoretical grounding to the introduction.

Observations on Content and Presentation:

- The introduction offers both a practical and historical context, balancing accessibility with scholarly content.
- The narrative flow from everyday anxiety experiences to psychiatric classifications and then to psychoanalytic theories is coherent and logical.
- The inclusion of Freud's perspective on anxiety emphasizes the evolution of the concept in psychiatry, lending credibility and depth to the paper.
- The style is clear, concise, and accessible to both academic and general audiences.

Overall Assessment:

The manuscript offers a well-structured examination of anxiety disorders, combining clinical, historical, and theoretical perspectives. It introduces homeopathy as a complementary approach within the broader discussion of anxiety management. The balance of practical examples, psychiatric classification, and psychoanalytic theory makes the study both informative and engaging.

Recommendation:

The paper demonstrates clarity, relevance, and interdisciplinary engagement, making it a useful contribution to discussions on alternative approaches to managing anxiety disorders.