

REVIEWER'S REPORT

Manuscript No.: IJAR-53481

Date: 21/08/2025

Title: Impostor Phenomenon and its Effect on Students' Self-Esteem of a North Indian Health University: A Cross-Sectional Survey

Recommendation:

Accept as it is ☐☐☒☐☐

Accept after minor revision ☐☐☐☐

Accept after major revision ☐☐☐☐☐

Do not accept (*Reasons below*) ☐☐☐

Rating	Excel.	Good	Fair	Poor
Originality	✓			
Techn. Quality		✓		
Clarity		✓		
Significance		✓		

Reviewer Name: Sakshi Jaju

Date: 21/08/2025

Reviewer's Comment for Publication.

This study explored how impostor phenomenon (IP) affects dental students' self-esteem at a North Indian university. A total of 332 students answered online questionnaires using the Clance Impostor Phenomenon Scale (CIPS) and Rosenberg Self-Esteem Scale (RSES). The study concludes that impostorism is common among dental students and may harm their mental health, so support systems and curriculum changes are needed.

Strengths:

1. Large sample size (332 students) with good response rate.
2. Used standardized and validated scales.
3. Covered multiple academic levels (UG to PG).
4. Highlights an important mental health issue in education.

Weaknesses:

1. Limited to one dental college in North India.
2. Convenience sampling may cause bias.
3. No practical intervention or follow-up was studied.
4. Relies only on self-reported data.

Overall Assessment:

This is a useful study showing how impostorism lowers self-esteem in dental students. It stresses the need for academic and emotional support. However, results are limited by single-center design and lack of intervention.

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Manuscript accepted for the publication.