

REVIEWER'S REPORT

Manuscript No.: IJAR-53558

Date: 27/08/2025

Title: The Sacred Fruit Dates: A Divine Gift for Health and Healing. A Tibb-e-Nabvi Perspective

Recommendation:

Accept after major revision

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity		✓		
Significance		✓		

Reviewer Name: Dr. Zainuddin

Date: 27/08/2025

Reviewer's Comment for Publication.

This manuscript provides a comprehensive review of the nutritional, cultural, and medicinal significance of dates, especially from the perspective of Prophetic medicine (Tibb-e-Nabvi). The study successfully integrates historical, religious, and scientific insights. It highlights the therapeutic potential of dates in modern health contexts. However, certain sections need improvement in clarity, scientific rigor, and inclusion of more recent references

Detailed Reviewer's Report

1. Originality & Contribution

The content is largely descriptive and lacks critical comparison with contemporary biomedical findings. It reads more like a compilation than a critical scientific review.

2. Theoretical Framework & Methodology

- The study is based on literature review, with sources ranging from classical texts to modern research.
- The methodology section is weak; it only mentions online searches without explaining selection criteria, inclusion/exclusion parameters, or systematic approach.
- To strengthen academic rigor, a systematic or scoping review framework should be adopted.

3. Structure & Clarity

- The IMRAD format is generally followed, but the paper is lengthy and sometimes repetitive.
- Several sections (e.g., cultural history and nutritional values) are overly detailed, making it difficult to maintain focus.
- Language is clear but requires careful editing for grammar, consistency, and readability.

4. References & Literature Engagement

- The manuscript includes a fair number of references, some of which are recent (2020–2023).
- However, there is over-reliance on older sources (pre-2010) and religious texts without adequate integration of contemporary peer-reviewed studies.

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- To meet international journal standards, at least 8–10 additional recent studies (2018–2024) on the pharmacological and clinical applications of dates should be included.

5. Conclusion

- The conclusion is enthusiastic but somewhat informal.
- It should be reframed to emphasize the academic contribution, limitations, and directions for future research (e.g., clinical trials on date bioactive compounds).

Suggestions for Improvement

1. Strengthen the methodology section with clearer review criteria.
2. Edit the language for academic tone, conciseness, and clarity.
3. Reduce repetition in the historical and cultural sections.
4. Expand the literature review with recent studies on dates' biomedical applications.
5. Reframe the conclusion to highlight contributions, limitations, and research gaps.