

REVIEWER'S REPORT

Manuscript No.: IJAR-53625

Date: 31/08/2025

Title: Effectiveness of Ayurvedic Interventions in the Treatment of Sarvasar Mukharog (Stomatitis): A Case Study

Recommendation:

Accept as it is ☐☐☐☐..

Accept after minor revision ☐☐ ✓ ☐☐

Accept after major revision ☐☐☐☐☐

Do not accept (*Reasons below*) ☐☐☐

Rating	Excel.	Good	Fair	Poor
Originality	✓			
Techn. Quality		✓		
Clarity		✓		
Significance			✓	

Reviewer Name: Sakshi Jaju

Date: 31/08/2025

Reviewer's Comment for Publication.

The article presents a case study on the management of Sarvasar Mukharog (stomatitis) using Ayurvedic interventions. A 72-year-old female patient was treated with a combination of herbal formulations, dietary modifications, and lifestyle recommendations. Assessment tools such as VAS, OHIP-14, Xerostomia Inventory, and Taste Assessment Scale were used. Post-treatment, significant improvement was observed in pain relief, oral health-related quality of life, reduction in dry mouth, and taste perception.

Strengths:

1. Well-structured presentation of Ayurvedic and modern perspectives.
2. Use of validated assessment scales.
3. Integration of Ayurvedic pathogenesis with clinical outcomes.
4. Detailed therapeutic protocol with outcome measures.

Weaknesses:

1. Single case study; lacks statistical significance and generalizability.
2. Limited laboratory and imaging data.
3. Heavy reliance on subjective outcomes rather than objective biomarkers.
4. Need for larger clinical trials to validate findings.

Overall Assessment:

The study highlights the potential of Ayurvedic interventions for stomatitis and demonstrates promising outcomes in symptom relief and quality of life improvement. However, as it is a single case study, broader clinical trials are essential to confirm efficacy and reproducibility.

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Manuscript accepted for the publication after minor corrections.