

REVIEWER'S REPORT

Manuscript No.: IJAR-53701

Date: 06/09/2025

Title: Stress Levels and Associated Factors among Working Mothers in Meerut: A Cross-Sectional Study

Recommendation:

Accept as it is

✓Accept after minor revision.....

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		√		
Techn. Quality		√		
Clarity			√	
Significance		√		

Reviewer Name: Dr Anam Zehra

Date: 06/09/2025

Reviewer's Comment for Publication.

This manuscript examines the prevalence and determinants of stress among working mothers in Meerut using a cross-sectional design. It applies Role Theory and the Transactional Model of Stress and Coping, supported by quantitative analysis through the Perceived Stress Scale. The topic is timely, contextually relevant, and contributes to understanding psychosocial challenges faced by women in semi-urban India. The manuscript is methodologically sound, well-structured, and provides valuable policy-level implications. However, refinements in discussion depth, referencing consistency, and clarity of language would enhance its academic quality.

Recommendation: Accept after minor revision

Detailed Reviewer's Report

Strengths:

- Relevance & Importance:** Focuses on stress among working mothers in semi-urban India, a relatively underexplored area.
- Theoretical Grounding:** Strong conceptual basis using Role Theory and the Transactional Model of Stress and Coping.
- Methodology:** Employs stratified random sampling and a standardized instrument (PSS), ensuring reliability and validity.
- Results Presentation:** Well-organized tables and statistical analyses (t-test, ANOVA) strengthen findings.
- Contribution:** Provides actionable implications for family, workplace, and policy-level interventions.

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Weaknesses:

1. **Discussion Depth:** Requires stronger comparative analysis with international and metropolitan Indian studies.
2. **Referencing:** While comprehensive, some recent references could be expanded; formatting inconsistencies need correction.
3. **Language & Style:** Minor grammatical and stylistic issues affect flow; editing will improve readability.
4. **Limitations:** Study limitations (sample size restricted to Meerut, cross-sectional nature) should be explicitly acknowledged.
5. **Figures/Tables:** More graphical representations (bar charts/graphs) of stress levels could improve clarity for readers.