

REVIEWER'S REPORT

Manuscript No.: IJAR-53723

Date: 09/09/2025

Title: Eating Disorders as a complication of bariatric surgery: A cross sectional study in Saudi Arabia.

Recommendation:

Accept as it is
 Accept after minor revision.....
 Accept after major revision ...**YES**.....
 Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality	YES			
Techn. Quality		YES		
Clarity		YES		
Significance	YES			

Reviewer Name: Emmanuel KUBANA

Date: 09/09/2025

Reviewer's Comment

The study explores an important and under-researched area the psychological complications of bariatric surgery, particularly eating disorders and body image concerns among patients in Saudi Arabia. The large sample size (n=1175) is a notable strength, and the use of a standardized tool (EDE-Q 6.0) provides credibility to the findings.

Detailed Reviewer's Report

Strengths

- Addresses a timely and relevant public health issue with regional significance.
- Large, diverse sample enhances generalizability within Saudi Arabia.
- Clear statistical methods with appropriate tests used.
- Findings highlight gender and regional differences that add depth to the analysis.

Areas for Improvement

1. **Clarity and Language:** Some sections need careful editing for grammar and flow to improve readability.
2. **Methods:** More detail is needed on sampling strategy (how participants were recruited, inclusion/exclusion criteria) to assess representativeness.
3. **Results Presentation:** The tables are comprehensive but could be simplified for clarity; figures should be labeled more clearly.
4. **Discussion:** While the discussion connects findings to literature, it would benefit from deeper analysis of cultural factors in Saudi Arabia that might influence eating behaviors and body image.

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5. **Limitations:** The study should explicitly acknowledge potential biases (self-reporting, online questionnaire distribution, cross-sectional design).
6. **References:** Minor formatting inconsistencies need to be corrected to match journal style.

Recommendation

Major revision: With revisions focused on strengthening methodological transparency, improving language, and sharpening discussion, this paper would provide valuable insight into the psychosocial outcomes of bariatric surgery in the region.