

REVIEWER'S REPORT

Manuscript No.: IJAR-53774

Date: 11/09/2025

Title: Dhoopana Review (Ayurvedic fumigation): Traditional practices and modern evidences.

Recommendation:

Accept as it is
 Accept after minor revision.....
 Accept after major revision
 Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality				
Techn. Quality				
Clarity				
Significance				

Reviewer Name:

Date:

Reviewer's Comment

The manuscript presents a narrative review of *dhoopana* (Ayurvedic fumigation), combining classical references with modern scientific evidence. The subject is timely, as interest in natural, eco-friendly disinfection methods is growing, particularly in healthcare settings. The article is well-organized, with clear use of tables summarizing ingredients, types, and evidence from studies.

Detailed Reviewer's Report

Strengths

- Integrates classical Ayurvedic sources with recent experimental studies.
- Provides practical categorization (ingredients, modalities, and applications).
- Summarizes immunomodulatory and antimicrobial effects of herbs effectively.
- References are wide-ranging, covering both ancient texts and recent research.

Limitations

- The review is largely descriptive and could benefit from a more critical evaluation of study methodologies.
- Some claims (e.g., systemic immune effects) rely on small or animal studies, these should be more clearly contextualized.
- The discussion could address possible risks (smoke inhalation, respiratory irritation) and contraindications.
- The referencing style is inconsistent and should follow the journal's format uniformly.

International Journal of Advanced Research

Publisher's Name: Jana Publication and Research LLP

www.journalijar.com

REVIEWER'S REPORT

Suggestions for Improvement

1. Strengthen the methodology section by detailing the search strategy, inclusion/exclusion criteria, and number of studies reviewed.
2. Critically appraise the quality of modern evidence (sample size, study design, reproducibility).
3. Discuss limitations and potential biases in both traditional sources and contemporary studies.
4. Add a short subsection on safety concerns, standardization of formulations, and regulatory perspectives.
5. Ensure all references are consistently formatted and updated to include recent peer-reviewed articles.

Recommendation

Minor revision: The manuscript makes a valuable contribution and should be considered for publication after minor revision. Addressing methodological rigor, safety concerns, and referencing will improve its clarity and impact.