

REVIEWER'S REPORT

Manuscript No.: IJAR-53873

Date: 16/09/2025

Title: A Review on Pharmacological Action of Single Herbs in Asrigdara w.s.r. Abnormal Uterine Bleeding

Recommendation:

- ✓ Accept as it is
 Accept after minor revision.....
 Accept after major revision
 Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity		✓		
Significance		✓		

Reviewer Name: Dr. S. K. Nath

Date: 17/09/2025

Reviewer's Comment for Publication:

The paper demonstrates a commendable effort to collate traditional Ayurvedic herbs used to manage abnormal uterine bleeding and attempts to link them with pharmacological actions. However, to elevate the quality and scholarly value of this work, significant revisions are necessary, especially in structure, language, citation consistency, and depth of analysis.

Reviewer's Comment / Report

Strengths:

- Relevance and Significance:** The paper addresses an important gynecological issue, abnormal uterine bleeding (Asrigdara), with a focus on herbal remedies based on Ayurveda, which is valuable for integrating traditional medicine into modern healthcare.
- Comprehensive Literature Compilation:** The work draws from classical Ayurvedic texts and modern studies, providing a good foundation of both traditional and contemporary perspectives.
- Focus on Single Herbs:** The detailed tabulation of single herbs used in the management of Asrigdara, including botanical names, parts used, and pharmacological actions, is useful for practitioners and researchers alike.
- Emphasis on Pharmacological Actions:** The paper attempts to connect traditional uses with pharmacological properties, which is essential for scientific validation of herbal practices.

Weaknesses:

- Structural Coherence:** The manuscript lacks clear section headings such as Introduction, Literature Review, Methodology, Discussion, and Conclusion, which impacts readability and logical flow.
- Language & Grammar:** Several grammatical errors and typographical mistakes are present throughout the document. For example: "willd" instead of "wild" (Page 12) Inconsistent punctuation (e.g., missing commas and periods) Repetitive phrasing and some awkward sentence constructions. The language quality requires refinement for clarity and professional presentation.
- Referencing and Citations:** Inconsistent citation format; some references lack proper numbering or are not uniformly formatted. Several references are cited without explicit connection to the relevant text or appear as placeholders.
- Methodology & Data Presentation:** The paper briefly mentions compilation methods but lacks detailed methodology, inclusion criteria, or data analysis procedures. The herbal table is incomplete; some entries are cut off or lack consistency in format.
- Discussion and Critical Analysis:** The discussion mainly summarizes herbs and their purported actions, without critical analysis or discussion of clinical efficacy, limitations, or potential adverse effects.

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6. **References:** The references list is somewhat disorganized, and some sources are outdated or lack proper publication details.

Recommendations for Improvement:

1. **Structural Revision:** Include standard sections: Abstract, Introduction, Materials & Methods, Results, Discussion, Conclusion, References.
2. **Language & Grammar:** Proofread the manuscript thoroughly to correct grammatical and typographical errors. Improve sentence structure for clarity and coherence.
3. **Methodology Clarity:** Clearly define the criteria for selecting herbs and sources. Detail the methods used for compiling and analyzing herbal data.
4. **Data Presentation:** Complete and format herbal tables consistently. Include explanations for the pharmacological actions cited.
5. **Deepen Analysis:** Discuss how traditional claims are supported or not supported by pharmacological evidence. Address limitations, potential side effects, and future research directions.
6. **Referencing:** Use a consistent citation style. Update and verify references for accuracy and completeness.