

## REVIEWER'S REPORT

Manuscript No.: IJAR-53873

Date: 18-09-2025

**Title: A Review on Pharmacological Action of Single Herbs in Asrigdara w.s.r. Abnormal Uterine Bleeding.**

### Recommendation:

Accept as it is .....

**Accept after minor revision.....**

Accept after major revision .....

Do not accept (*Reasons below*) .....

Rating	Excel.	Good	Fair	Poor
Originality	✓			
Techn. Quality		✓		
Clarity		✓		
Significance	✓			

Reviewer Name: Dr.Aamina

### Reviewer's Comment for Publication.

#### .Overall Evaluation

This manuscript provides a comprehensive Ayurvedic perspective on the pharmacological actions of individual herbs used to manage *Asrigdara* (abnormal uterine bleeding). The topic is relevant and timely, offering valuable insights into herbal alternatives to hormone therapy and conventional pharmaceuticals.

#### Strengths

- Wide coverage of classical Ayurvedic sources, modern pharmacological studies, and clinical data.
- Clear focus on single herbs—such as *Ficus racemosa*, *Symplocos racemosa*, *Zingiber officinale*, and others—highlighting their anti-inflammatory, antispasmodic, and haemostatic properties.
- Strong contextualization of the clinical significance of abnormal uterine bleeding with global and Indian prevalence data.

#### Suggestions for Minor Revision

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### 1. Organization & Flow:

- A few sections (e.g., "Observation" and "Conclusion") would benefit from smoother transitions and consistent formatting.

### 2. Data Presentation:

- The "Observation" section mentions a table of herbs with Rasa Panchaka and chemical constituents, but the table appears incomplete. Ensure all data are fully included and properly formatted.

### 3. Language & Style:

- Minor grammatical and typographical edits are recommended for clarity and readability for an international audience.

## Conclusion

The review is a valuable contribution to integrative medicine and gynecological health research. After addressing the minor issues noted, the paper will be ready for publication.