

## REVIEWER'S REPORT

Manuscript No.: IJAR-53943

Date: 19/09/2025

**Title:** *Relationship between anthropometric profiles and level of psychological resilience of elite Para-Badsites of sub-Saharan Africa*

### Recommendation:

Accept as it is .....  
**√Accept after minor revision.....**  
 Accept after major revision .....  
 Do not accept (*Reasons below*) .....

Rating	Excel.	Good	Fair	Poor
Originality		√		
Techn. Quality		√		
Clarity			√	
Significance		√		

Reviewer Name: Dr Anam Zehra

**Date:** 19/09/2025

### Reviewer's Comment for Publication.

This manuscript investigates the interplay between anthropometric profiles and psychological resilience among para-badminton players in sub-Saharan Africa. The study is original in its regional focus and contributes to the underexplored area of resilience research in para-sport contexts. The findings highlight both physical and psychological aspects of athlete development, though some methodological clarifications and structural improvements are necessary.

**Recommendation:** Accept after minor revision

## Detailed Reviewer's Report

### Strengths

- Original Contribution:** Addresses a niche but important area in para-sport research, with implications for athlete well-being, training, and policy in Africa.
- Clarity of Objectives:** Clearly defines the purpose: to analyze correlations between anthropometric profiles and psychological resilience.
- Methodological Transparency:** Provides details on study design, inclusion/exclusion criteria, ethical considerations, and tools (CD-RISC-25).
- Comprehensive Data Presentation:** Tables clearly summarize anthropometric measures, resilience levels, and correlations.
- Balanced Discussion:** Links results with prior studies in physiology, psychology, and sports science, showing awareness of international literature.

### Weaknesses

- Sample Size Limitation:** Only 20 players were included, reducing generalizability. Authors should acknowledge this limitation more explicitly.

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2. **Statistical Analysis:** The correlation findings are weak and not statistically significant; the interpretation should emphasize caution to avoid overstating results.
3. **Redundancy:** Some explanations (e.g., BMI and wingspan interpretations) are repeated across Results and Discussion.
4. **Language and Grammar:** While generally clear, the manuscript has occasional grammatical issues and awkward phrasing (possibly due to translation from French). Proofreading is needed.
5. **Formatting and Referencing:** References require consistent formatting (e.g., spacing, capitalization, and journal style). Tables could be streamlined for readability.