

REVIEWER'S REPORT

Manuscript No.: IJAR-53986

Date: 22/09/2025

Title: Efficacy of VamanaKarma in Ekkustha: A Case Report

Recommendation:

- ✓ Accept as it is
 Accept after minor revision.....
 Accept after major revision
 Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality		✓		
Clarity		✓		
Significance	✓			

Reviewer Name: Dr. S. K. Nath

Date: 22/09/2025

Reviewer's Comment for Publication:

The paper provides valuable insights into the Ayurvedic management of Ekkustha (psoriasis) using Vamana Karma. Its detailed description of the treatment process and outcomes offers a beneficial foundation for further research. However, to enhance its scientific validity and readability, addressing the weaknesses particularly around data quantification, reference consistency, and language clarity is recommended.

Reviewer's Comment / Report

Strengths:

- Holistic Approach:** The paper effectively integrates Ayurvedic concepts with modern scientific understanding, providing a comprehensive perspective on Ekkustha and its management.
- Case Specificity:** The detailed case presentation, including clinical signs, investigations, and treatment protocols, enhances the credibility and replicability of the study.
- Clear Explanation of Ayurveda Principles:** The descriptions of the pathogenesis, Nidana, and treatment rationale demonstrate a strong grasp of Ayurvedic pathology and therapeutics.
- Potential Clinical Relevance:** The study highlights Vamana Karma as a promising intervention, which could encourage further research and integration into dermatological practice.

Weaknesses:

- Limited Sample Size:** As a single case report, the findings lack generalizability. Future studies with larger sample sizes are needed.
- Absence of Quantitative Data:** The report mainly provides qualitative observations. Incorporating standardized scoring systems for symptom severity (e.g., PASI score for psoriasis) would strengthen the outcome assessment.
- Lack of Long-term Follow-up:** The report mentions immediate and short-term outcomes but does not provide data on the durability of the treatment effects.
- Reference Formatting Issues:** The referencing style is inconsistent and sometimes incomplete, which affects the paper's scholarly rigor. For example, the references from and are not uniformly cited.
- Language and Formatting:** Minor grammatical errors, typographical mistakes, and inconsistent formatting (e.g., spacing, font styles) are present throughout the document.

Author Instructions for Revision:

- Enhance Data Presentation:** Incorporate quantitative severity scores for symptoms before and after treatment, along with statistical analysis if possible.
- Expand on Follow-up Data:** Include information on the patient's condition during longer-term follow-up to assess recurrence or sustained benefits.

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3. **Standardize References:** Use a consistent citation style throughout the manuscript, following journal guidelines.
4. **Proofreading:** Correct grammatical errors and typos. For instance, ensure correct spacing, punctuation, and sentence structure.
5. **Formatting:** Maintain consistent formatting for headings, subheadings, and tables to improve readability.
6. **Include Footnotes or Clarifications:** Provide explanations for any technical terms or abbreviations for clarity.