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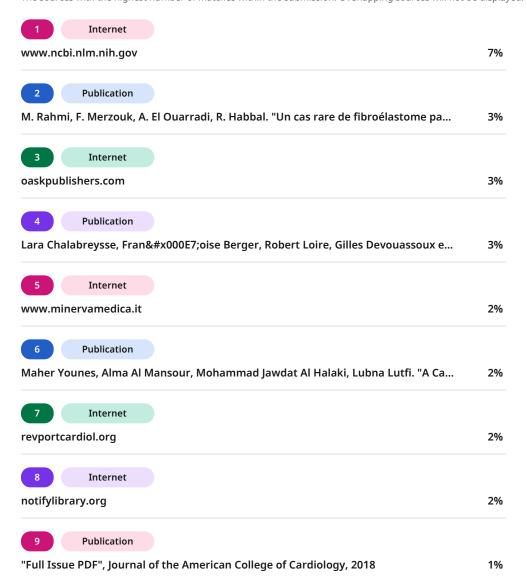
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Incidental discovery of cardiac myxoma

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4 Introduction:



- 5 Myxomas are the most common cardiac tumors, located in more than 80% in the left
- 6 atrium. Although benign from a histological point of view, its location can put the
- 7 patient's prognosis at risk. Its insidious symptoms often make it difficult to diagnose
- 8 until the stage of complications.

9 Case report:

- 58-year-old patient, with a cardiovascular risk factor of type 2 diabetes under oral
- antidiabetic medication and a history of atrial fibrillation under direct oral
- anticoagulant, admitted for the management of dyspnea stage III NYHA. The clinical
- examination on admission was unremarkable, the ECG was in rhythm with atrial
- 14 fibrillation. Transthoracic echocardiography found a dilated left atrium containing a
- large sessile pedunculated mass of 17 cm2 with an implantation base on the left side
- of the interatrial septum. Cardiac MRI was performed, suggesting a cardiac myxoma.
- 17 The patient underwent surgical resection of the left atrial mass with
 - anatomopathological examination of the surgical specimen showing a histological
 - 19 appearance in favor of a cardiac myxoma.

20 Discussion:



- 21 Although myxoma is the most common primary cardiac tumor in adults, it remains
- rare, representing only 0.25% of heart diseases [1]. The benign histological nature of
- myxoma is accepted by all authors. It is a tumor developed from embryonic remnants
- sequestered mainly in the oval fossa of the interatrial septum [2,3]. Hence the clear
- 25 predominance of the implantation site at the interatrial septum, with the preferred
- location: the left atrim (75%) followed by the right atrium (18%) [4]. The
- 27 manifestations of left heart failure associated with signs of mitral valve disease can
- reach 70% of clinical manifestations in some series [5]. Echocardiography has
- become the essential examination for the diagnosis of myxoma. However, the use of
- magnetic resonance imaging with injection of contrast agent can be interesting,
- particularly in the case of atypical location, to decide between thrombus and
- myxoma. However, contrast enhancement is not a pathognomonic sign of myxoma
- and can be seen in cases of neovascularization of a chronic thrombus and in cases
- of other cardiac tumors (sarcomas). Surgical resection most often allows definitive
- treatment and must be performed quickly given the risks of sudden death and
- 36 embolism.

37 Conclusion:



- Myxoma, although a benign mass, can induce dramatic symptoms and put the
- 39 patient's prognosis at risk. In case of suspicion, it must be diagnosed early and
- 40 managed, in particular by surgical means.

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Images:

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Figure 1: Apical four chambers view showing the myxoma in the left atrium



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Figure 2 :Surgical view of the cardiac myxoma

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