

PIONEERING ROLE OF INDIAN DRUGS IN WILLIAM BOERICKE'S MATERIA MEDICA

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1 **PIONEERING ROLE OF INDIAN DRUGS IN WILLIAM BOERICKE'S**
2 **MATERIA MEDICA**

3
4 **ABSTRACT**

5 William Boericke (1849–1929) was a distinguished American homeopath, educator and
6 publisher. Born in Austria, he migrated to the United States, where he studied medicine and later
7 became a professor at the Pacific Homoeopathic Medical College, San Francisco. With over five
8 decades of medical practice, he left a rich legacy for the homeopathic world.¹

9 His greatest contribution was the Pocket Manual of Homœopathic Materia Medica
10 (1901), a compact yet comprehensive book that remains widely used even today. Boericke
11 carefully compiled remedies from various parts of the world, combining classical knowledge
12 with clinical experience.²

13 Among these, he included several Indian remedies such as Acalypha indica, Azadirachta
14 indica, Abies indica, Cephalandra indica, Ocimum sanctum, and Nyctanthes arbor-tristis. These
15 medicines proved useful in conditions like fevers, dysentery, diabetes, skin eruptions, respiratory
16 complaints, and renal troubles, showing the global adaptability of Homeopathy and the immense
17 value of India's medicinal plants.¹

18
19 **INTRODUCTION**

20 In his Pocket Manual of Homeopathic Materia Medica, William Boericke gave special
21 place to several Indian remedies, showing how valuable they are in daily practice. Their presence
22 not only enriches Boericke's work but also highlights the important role of India's rich medicinal
23 plants in the worldwide growth of Homeopathy. It shows how India's rich medicinal flora has
24 enriched the homeopathic materia medica, bringing local healing traditions into a global
25 system.^{2, 8}

26 **KEY WORDS:** Pioneers, William Boericke, Indian Remedies, Endogenous Drugs,
27 Homoeopathy, Rich Medicinal flora, Local Healing traditions. Materia Medica Boericke.

28 **AIMS:**

29 1) To study the significance and therapeutic utility of Indian drugs as described in Boericke's
30 Materia Medica.

31 2) To highlight the unique contribution of Indian-origin remedies to homoeopathic practice.

32 **OBJECTIVES:**

33 1) To enlist the Indian drugs included in Boericke's Materia Medica.

34 2) To analyse the characteristic symptoms and keynotes of these drugs.

35
36 **MATERIALS AND METHODS:**

- 37 Primary Source – Boericke's Pocket Manual of Homoeopathic Materia Medica with Repertory
38 (latest edition).²
- 39 Reference Repertories – Kent's Repertory, Synthesis Repertory, or Hompath/Zomeo software for
40 cross-verification.¹²
- 41 Secondary Literature – Articles, journals, and research papers on Indian drugs in homeopathy.^{8,10}
- 42
- 43 **INDIANDRUGS**
- 44 **1. ABROMAAUGUSTA:**
- 45 **Abrom-a.**
- 46 Commonname–Olatkambal,Devil'scotton,OlatTambol.
- 47 N.O.:Sterculiaceae.
- 48 Clinical:Albuminuria;sleeplessness;amenorrhea;carbuncle;diabetesmellitusand
49 insipidus;debility;dysmenorrhea;weaknessofbrain.
- 50 Greatuneasiness;feelingofloveextremeprostration.Inabilitytodoanywork;
51 disinclinationtowork.Greatlossofflesh;rapidemaciation;parasiticweakness.
- 52 Burningsensationalloverthebodywiththirstforlargequantitiesofwater.
- 53 Dose:Mothersincture,2x,3x.¹
- 54 **2. ABROMAAUGUSTARADIX**
- 55 **Abrom-a-r**
- 56 Commonname:OlatKambalRoot,Olatkambalmul,devil'scotton.
- 57 N.O.:Sterculiaceae.
- 58 Clinical:Femaledisorders.
- 59 TheefficacyofAbrom-a-r.ismarkedinallfemalediseasesespeciallythoseconnected
60 withtheuterus.Alsousefulinsomecasesofallchlorosis.Mentalandothersymptoms
61 tallywiththoseofAbrom-a.
- 62 Dose:Mothersincture,2x,3x.¹
- 63 **3.ACALYPHAINDICA**
- 64 **Acal.**
- 65 Commonname:MuktajhuriorMuktabarshi, ArittaManjarie,Khokali, IndianAcalypha,
66 Kuppaimeni,HaritakiManjiri,VahchniKanto,IndraMaris.

- 67 N.O: Euphorbiaceae.
- 68 Clinical: cough; diarrhea; flatulence; hemoptysis; phthisis.
- 69 It has a marked influence on the alimentary canal and respiratory organs. It is employed in
70 the beginning of phthisis with hemoptysis and arterial hemorrhage, but no febrile disturbance. Burning
71 sensation in the pharynx, esophagus, stomach and intestine.
- 72 Dryness of mouth and throat. Weak in the morning. Gain strength during the day. It is of
73 great importance in progressive emaciation and all pathological hemorrhages, having a
74 morning aggravation.
- 75 Dose: Mother tincture, 3x, 6x.¹
- 76 **4. ACHYRANTHES ASPERA**
- 77 **Achy-a.**
- 78 Common name: Apamarga; Apang; Latjira; Aghada; Kutri; Na-yuivt; Apa-kharevazhun.
- 79 N.O: Amaranthaceae.
- 80 Clinical: Astringent; diarrhea; diuretic; dysentery; menorrhagia; bad effects of dog and snake bites;
81 burns.
- 82 Dose: Mother tincture, 3x, 3c, 6c.¹
- 83 **5. AEGLEFOLIA**
- 84 **Agle-f.**
- 85
- 86 Common name: Belfruit, Sripala, Bilwa, Bengal-quince, Bilinu-phal, Vilwa-pazhan, Bilwa-pandu
- 87 **N.O.: Rutaceae.**
- 88 **Clinical:** Bleeding piles; diarrhea; dysentery; fever with dropsy; impotence.
- 89 It is in useful remedy in dropsy, bleeding piles, diarrhea and dysentery.
- 90 Acts as a mild stimulant to the intestinal mucous membrane. A full, regular and strong pulse is the characteri-
91 stic symptom of this drug. An excellent remedy for dropsy and beri-
92 beri with decreased urine. Pain in all the limbs is aggravated after 4pm.
- 93 Dose: Mother tincture, 3x, 6c, 30c, 200c.¹
- 94
- 95 **6. ANDERSONIA Or AMOORAROHITAKA**
- 96 **Anders.o**
- 97 Common name: Rohitaka, Royna, Rohera, Rohido, Harinhara, Pitaraja.

- 98 N.O:Mediaceae.
- 99 Clinical:Chronicfever;generaldebility;enlargedglands;liverandspleendisorders;
100 leucorrhoea.Asplendedremedyforhepaticandsplenicdisorders,especiallyifassociatedwithchronic
101 malarialfevers.Hepato-
102 splenomegalywithtenderness.Constipationisacharacteristicsymptom.Particularlyusefulinpatient's
103 withbilious temperament
- 104 Dose:3x,6x,30c,etc.¹
- 105
- 106 **7.ANDROGRAPHISPANICULATA**
- 107 **Androg-p.**
- 108 Commonname:Kalmegh,Mahatekta,Kiryat,Kirata,TheGreatBhunimba,Kalpanath,
109 Kiryato,Olenkirayet,Nalavemu,Nilavambu,Nilavoepu,TheGreatKingofBitters.
- 110 N.O.:Acantheceae.
- 111 Clinical:Firststageofcoldandcough;convalescenceafterProlongedfever;general
112 debility;infantileliver;jaundice.
- 113 Ahighlyefficaciousremedyinalltypesofliverdisorders.Generalburningsensationespeciallyinthepalms
114 isakeynotesymptom.Washeshandsandfeetwithcoldwaterin
115 ordertorelievetheburningsensation.Inslowfeversofchildrenwithaderangedor
116 enlargedliver.Infantilejaundice.Efficaciousinkalaazarofinfants
- 117 Dose:Mothersincture,3x,6x,30c.¹
- 118 **8.ATISTAINDICAOrGLYCOSMISPENTAPHYLLA**
- 119 **Atis.**
- 120 Commonname:Ash-sheora,Bannimbu,Vanamenibuka,Keimira.
- 121 N.O.:Rutaceae.
- 122 Clinical:Biliarycolic;diarrhea;flatulence;tinnitus;scurvy;scorbuticteeth.
- 123 Anexcellentreedyinbreakingandstoppingfeverswhichappearonalternatedaysoron
124 everythirddaywithorwithoutmalarialinfection,especiallyduringautumn.Indiseasesof
125 childrenwithsignsandsymptomsofworms.Convulsionsduetoworms.Biliarycolicand gastric colic
126 .
- 127 Dose:Mothersincture, 2x,3x,6c. ¹
- 128 **9.ATISTARADIX**
- 129 **Atis-r.**
- 130 Commonname:RootofAsh-sheora,Bannimbu,Vanamenibuka.

131 **N.O.:**Rutaceae.

132 **Clinical:**Dysentery;Wormcomplaints.

133 Dose:Motheertincture,3x,12x, 30c.¹

134 **10.AZADIRACHTAINDICAOrMELIA**

135 **Aza.**

136 Commonname:Nim,Nimba,MargosaTree,Vembaka,Bal-nimb,Vembu,Vepa,TheNeem

137 N.O.:Meliaceae.

138 Clinical:Ozena;pemphigus;scabies;leprosy;helminthiasis;gonorrhoea;glossitis.It
139 iswellknown tonic,antiseptic,astringent and anantiperiodicremedy ofgreat usein
140 ophthalmia,asthma,cough,catarrh, constipation,uterinedebilityandhelminthiasis.

141

142 It is grandremedyinchronicfever.Locally,ithelps intheremovalofsloughandpromotes
143 healthygranulationandhealing.

144 Dose:6c,30c,200c.¹

145 **11. BLUMEAODORATA**

146 **Blum-o.**

147 Commonname:Kuksima,Kukundar,Kukurmota.

148 N.O.:Compositae.

149 Clinical:cough;fever;hemorrhage;hoarseness.

150 It hasgotreputationinbleedingpiles;diarrheaordysenteryassociatedwithblood;
151 excellentresultsinmiscarriagewhenhemorrhageisprofuse;inbloodyleucorrhoeaand
152 menorrhagiaitexertsapowerfulinflucetoarrestbleeding.

153 Dose:Motheertincture,2x,3x.¹

154

155

156

157

158 **12.BOERHAAVIADIFFUSA**

159 **Boerh-d.**

160 Commonname:Punarnava,Sothaghni,Sant,Ghetuli,Itsit,Mukukrattai.

161 N.O.:Nyctagineae.

162 Clinical: Asthma; beri-beri; dropsy; jaundice; gonorrhoea; heart problems; hypertension;
163 bites of venomous animals, etc.; ascitis;
164 cirrhosis. Has marked diuretic properties. Dropsy associated with healthy kidneys and early liver and
165 peritoneal conditions. Ascitis due to cirrhosis of liver. Kala Azar. Swelling of eyelids, hands and feet.
166 Dose: Mother tincture.¹

167 **13. BRAHMI**

168 **Brahmi**

169 Clinical: impaired memory; whooping cough.
170 It is mostly used as a tonic for absent-mindedness and for a short, weak memory. It is also used for whooping
171 cough.
172 Dose: Mother tincture.¹

173

174 **14. CAESALPINA BONDUCELLA**

175 **Caesal-b.**

176 Common name: ¹ Nata, Kubera kshi, Nata-karanja, Sugar-ghota, Fever Nut, Physic nut,
177 Bonduc Nut, Devil's Testicle, Kazhar-shikkay.

178 N.O.: Leguminosae.

179 Clinical: Fever; headache.

180 Of great value in chronic intermittent fever and hepatosplenomegaly. Dose: Mother tincture, 2x, 3x.¹

181

15 .CALOTROPISGIGANTEA

Calo.

Commonname: Akanda, Arka, Mandara, Gigantic Swallow-woop, Ekke, Jellude, Badabadam, Madar, Mudar, Akadu.

N.O.: Asclepiadeae.

Clinical: Asthma; ascites; cough; catarrh; chronic rheumatism; diarrhea; dysentery; elephantiasis; pneumonic tuberculosis; poisonous snake bite; leprosy; intestinal worms; skin disease; syphilis; splenomegaly; otalgia; piles. An excellent remedy for skin and eye affections. Sensation of warmth in the scrobiculous cord is the characteristic symptom of this remedy. In severe and advanced cases of syphilis with thickening of the ends of nails. Decreases obesity while the muscle mass becomes harder and firmer.

Dose: Mother tincture, 2x, 3x, 6c.¹

16 .CALOTROPISLACTLACTUM

Calo-l.

Commonname: glue of calotropis, Akanda, Madar, Gigantic Swallow-woop, Arka.

N.O.: Asclepiadeae.

It is prepared from milk juice or glue of Calotropis gigantea and usually the cases which are not benefited by the employment of Calotropis gigantea yield to the therapeutic properties of Calotropis lactum. Clinical: Purging; vomiting; toothache; splenomegaly; diseases of eye and skin are successfully treated by this drug.

Dose: 3x, 6x.¹

17 .CARICAPAPAYA

Asim.

Commonname: penpay, popaiya, papend, aranda, kharguza, poppayi, boppaiya, papaya, kappalam, pappayam, panutn, melonenbum.

N.O.: Passifloreae. Clinical: Abortion, dyspepsia, hepatomegaly, splenomegaly, uterine disorders, jaundice. An efficacious remedy helping digestion in very weak patients.

Dose: Mother tincture, 1x, 3x.¹

18 .CEPHALANDRAINDICA

Cephd-i.

Commonname:Telakucha,bimba.Kanduriki-bill,korai,kabare-

hindiN.O.:Cucurbitaceae.

Clinical:Diabetesmellitusandinsipidus;skinaffections;jaundice;dropsy;dysentery; sunstroke;boils; abscesses; carbuncles.Thegrandmedicinefordiabetesmellitusandinsipidus;glycosuria.Intolerableburning sensationalloverthebody,especiallyadaptedtothepeople,oversensitiveto noiseand externalimpressions .

Dose:Mothers tincture,1x,3x.¹

19.CLERODENDRONININFORTUNATUM

Clerod-i.

Commonname:Bhat,Bhanta,Ghantakarna,Bhandira,Karo.

N.O.:Leguminosae.

Clinical:Gastricproblems,worms.

Aremedyforgastricderangementsandchronicfevers.

Dose:Mothers tincture,3x,6c,30c.¹

20 .COLEUSAROMATICUS

Coleus-a.

Commonname:Pashandhedi,Himsagara,patharkuchi,patheer-chu. Clinical :

Gonorrhoea, Urinary problems.

Actiononthe genito-urinaryorgans,howeverrequiresextensivetrial. Dose : Mother tincture, 2x.¹

21 .CYNODONDACTYLON

Cyn-d.

Commonname:Durba,Hurialeegrass,Granthi,Doorva,Garika,Arugu,Talla.

N.O.:Gramineae.

Clinical:Haemorrhages;dysentery;dropsy;leucorrhoea;scabies.

Anexcellenthemorragicremedyinhematemesis,epistaxis,hemoptysis,bleedingfrom

cutsorwoundsorbleedingpiles.Inthelatertwoitcanbeusedinternallyandlocally.

UNDER PEER REVIEW IN IJAR

Dropsy and general anasarca. Dose: Mother tincture, 3x.¹

22 .**DESMODIUM GANGETICUM**

Desm-g.

Common name: Shalpani, Sarivan, Shalaparni, Gitanaram.

N.O.: Leguminosae.

Clinical: Fever; headache; meningitis; typhoid; wryneck.

A neuralgic remedy, pain all over the body, cannot sit straight due to spinal pain, neuralgic pain in stomach and knee joint. Burning sensation in hands and feet.

Dose: Mother tincture, 3x, 6x, 30c.¹

23. **EMBELIARIBES**

Emb-r.

Common name: Biranga, beberang, vidanga, baburung, karkannic, yayuvilamgan.

N.O.: Myrsineae.

Clinical: Children's remedy; Worm killer; diarrhea; dyspepsia and flatulence due to worms.

Dose: Mother tincture, 3x, 6c, 30c.¹

24 .**FICUS INDICA Or BENGALENSIS**

Opun-f.

Common name: Bot, Bor, banyan tree, vata, bar, mari. N.O.:

Urticaceae.

Clinical: Haemorrhages.

It possesses greater anti-hemorrhagic properties than *Ficus religiosa*.

Hemorrhage from the throat or mouth due to any cause, when the color of blood is purered, hemorrhage before any evacuation, bloody leucorrhoea, etc.

Successful arrest of hemorrhage from piles, and in chronic bloody dysentery, hemorrhage during menses.

Dose: Mother tincture, 3x, 6c.¹

25 .FICUSRELIGIOSA

Fic-r.

Commonname:ashwatta,pippala,pipal,sacredfig.,arshemaran,areyal,jeri

N.O.:Urticaceae.

Clinical:Hemorrhagearrester;breedingpiles;epistaxis,dysentery;hemoptysis;hematemesis;hematuria;menorrhagia;metrorrhagia;typhoid.

Agreatanti-hemorrhagicremedy,brightredbloodispassedfromallorifices.Hasbeen usedsuccessfullyinphthisicalhemoptysis,wereotherremedieshavefailed.Patientis very weak and restless .

Dose:Mothers tincture,3x,6c,30c.¹

26. GENTIANACHIRATAOrSWERTIACHIRATA

Gent-ch.

Commonname:chirata,nela-verun,kirata-tikla.

Clinical:Anti-pyreticorfebrifuge(feverkiller);dyspepsia;hyperacidity;functional inactivityoftheliver;flatulence;anorexia;worms;chronicfever.Anoted'feverkiller',inbothacuteand chronicmalarialfevers.Thekeynotesymptom accompanyingthefeverisburningintheeyesforaslongasthefeverlasts.Kalaazar,withhepatomegalyandsplenomegaly.Wardsofdebilityafterfever.

Dose: Mother tincture, 3x,6c.¹

27. GYMNEMASYLVESTRE

Gymne.

Commonname:meshasingiorgurmar,mesha-sringa(Ram'shorn),Chotta-dubhilata, shirukuranja,kavali.

N.O.:Asclepiadeae.

Clinical:'Sugarkiller':diabetesmellitus;poisonoussnakebite.

Isalmostspecificfordiabetesmellitus.Diminishessugarinurine,patientputsonflesh andweight,appetiteimproves,assumesahealthylook.Improveshismental,physicaland sexualfaculties.Isabletoworkhard,isnotexhaustedafteralittleexertionasbefore.Prolongsadiabeticpatientslife.Allsymptomsaccompaniedwithaburningsensationall overthebody.Relaxationofallmuscles.

Dose:Mothers tincture,3x,6c.¹

28. HOLARRHENA ANTIDYSENTERICA Or WRIGHTIATINCTO

Kurch.

Commonname: kurchi, kutaji, kaluoga, indrayava, indrajaveru, pandrakura, kurchi- conessi, tellicherry bark.

N.O.: Apocynaceae.

Clinical: Acute and chronic dysentery. Indicated in Acute or chronic dysentery with profuse mucus and blood; associated with pinching, griping colic around the navel, prostration, emaciation, loss of appetite and a bitter taste in the mouth. Tenesmus, eructations and proctalgia with a constant urging to stools

Dose: Mother tincture.¹

29. HYDROCOTYLE ASIATICA

Hydr.

Commonname: Thankuni, Indian pennywort, kurivana, Valla-rai, Tholkuri.

N.O.: Umbelliferae.

Clinical: Dysentery; jaundice; gonorrhoea; dropsy; leprosy; secondary syphilis; elephantiasis; gangrene after amputation; acnes rosacea; Gout; leucorrhoea; lupus; ringworm.

The skin and female generative organs are the chief centers of attack. Also in intestinal inflammation and cellular proliferation, there is hypertrophy and induration of connective tissue; scleroderma. Affections of the trigeminal nerve. A great tonic to keep up strength and memory.

Dose: Mother tincture, 3x, 6x.¹

30. HYGROPHILIA SPHINOSA

Hydroph-s.

Commonname: Kulekhara, Kokilaksha, Talmakhana, Gokshura, Tolimkhana, Nirguviveru, Gokhulajana.

N.O.: Acanthaceae. Clinical: Anasarca and dropsy; gonorrhoea; insomnia; impotency; rheumatism; leucorrhoea; skin problems; renal calculus; hepatic obstruction. Useful in skin affections which are worse by warmth and ameliorated by cold applications in gonorrhoea; urinary affections, rheumatism and insomnia.

Dose: Mother tincture, 3x, 6x, 30c.¹

31. JANOSIA Or JOANESIA A SOCA Or SARACA INDICA

Joan.

Commonname: The Asoka Tree, Asoka, Kankeli, Asok, Ashopalava.

N.O.:Leguminosae. Clinical:uterinedisorders;menorrhagia.

An ancient medicine of great repute for menstrual and uterine disorders. A sovereign remedy for amenorrhoea and scanty menses with intolerable pain and burning sensation during micturition. A uterine tonic, giving strength to uterus which has been weakened by chronic ailments.

Dose: Mother tincture, 2x, 3x.¹

32. JUSTICIA ADHATODA

Just.

Common name: Vasaka, Baidyamata, Arusha, Adhatodai, Malabar-nut.

Clinical: Cough; Coryza; bronchitis; pneumonia; phthisis; hemoptysis; jaundice; vomiting; constipation. Excellent in all sorts of coughs and cold. It is proclaimed that no death can take place from cough of any kind, if vasaka and its healing properties are displayed.

Dose: 3x, 6x, 30c.¹

33. JUSTICIARUBRUM

Just-r.

Common name : Rakta vasta

Clinical : Hemoptysis; hematemesis.

Justiciarubrum is highly efficacious where justicia adhatoda fails; used where there is more hemoptysis and hematemesis.

Dose: Mother tincture, 3x, 6c.¹

34. LEUCAS ASPERA

Leucas-a.

Common: Drona, Dronapushpi, dandakalasa, Guldera, kulannaphul, kumki. N.O.: Labiatae.

Clinical: Intermittent fever; asthma; cough; dysentery; jaundice; hepatomegaly; splenomegaly; bite of venomous animals;

Skin problems. Useful in cases of snake bites; mother tincture is applied both externally and internally; 10–15 drops per dose, at 15–20 minute interval, till the patient feels better. In case of scorpion bites also, its action is noticed the burning pain disappears within a short period. Also useful in intermittent fevers, asthma, nasal catarrh, scabies and complaints due to bilious disorders like jaundice. Bloody dysentery; splenic affections, induration and enlargement.

Dose: Mother tincture, 2x, 3x.¹

35. LUFFA AMARA

Luf-am.

Commonname :Titpolla,

dhamarjobN.O.:Cucurbitaceae.

Clinical:splenomegaly;fever;hepaticcongestion.

Oftenusedinloosestoolsandvomitingwithmarkedburningsensationalloverthebody. Sometimeschillsarefelt.Thepulseisweakandfeeble,faceispaleandtheextremitiesare cold with clammy Perspiration.

Dose:Mothers tincture,3x,6x.¹

36. LUFFABINDAL

Lub-b.

Commonname:Ghosalata,Debdali,Koshataki.

N.O.:Cucurbitaceae.

Clinical:Chronicmalarialfever;gallstonecolic;dropsy;Acuteandchronicnasalcatarrh; enlargedliverandspleen(Someauthorsalsorecommenditsuseexternallyoverpiles).

Dose:Mothers tincture,3x,6c.¹

37. MENISPERMUMCOCCULUS

Menis.

Commonname:Raktakanthalia,

Clinical: Menorrhagia.

Agreatremedyforuterinehemorrhages.

Dose:Mothers tincture,3x,6x.¹

38. NYCTANTHESARBORTRISTIS

Nyct.

Commonname:shephalika,siuli,harsinghar,paghalamalli.

N.O.:Jasminaceae.

Clinical:Remittentfever;rheumatism;sciatica;constipation;headache.

Biliousandobstinate,remittentfever,sciatica,rheumatismandconstipationinchildren

Dose : Mother tincture.¹

39.OCIMUMCARYOPHYLLATUM

Oci-car.

Commonname:DulalThulasi.

Clinical:spermatorrhea;gonorrhoea;hematuria;bloodydysentery;nephritis;pyuria.

Frequentmicturition;extremeburningmicturition,passageofpuswithurine;hematuria.

Hasdecidedactionuponthekidney,bladderandurethra.Inflammationandcongestionof kidneys.Ingonorrhoea,inthefirststagewhenthereisexcessiveburningduringmicturition whichismixedwithpus.Spermatorrhea;bloodydysentery.Fevermayaccompanyall complaints.

Dose:Mohtertincture,3x,6x.¹

40. OCIMUM GRATISSIMUM

Oci-g.

Commonname:RamThulasi

Clinical:Gonorrhoea;pyuria;dysuria;nasalcatarrh;cough;fever.

The therapeutic properties that are attributed to Oci-sa. are present in this variety of Tulsi also. Nasalcatarrh, cough and fever in children. Also used in gonorrhoea with difficulty in micturition, burning while micturating and pyuria.

Dose:Mohtertincture,3x,30c.¹

41. OCIMUM SANCTUM

Oci-sa.

Commonname:Tulsi, Vishnupriya, Tulasi, Divya, Bharati, Krishna-mul, Kala Tulasi, Shiva Tulasi, Holy Basil.

N.O.:Labiaceae.

Clinical:Asthma;catarrh;cold;opthalmiaeonatorum;typhoid;wormaffections; tonsillitis;pleurisy.

Inremittentfeverassociatedwithcold,coughordiarrhea,pneumonia,bronchitisand asthma.Remittentfeverinchildduringdentition,diarrheaorwormcomplaints.Gastric andintestinalcatarrhwithfeveranddiarrhea.

Dose:Mohtertincture,3x

42 OLDENLANDIA HERBACEA

Olden-h.

Commonname:Khatpapara,Kshetra-parpata,Daman-papar,Veno-nelaVemy,Poriengo, Kazuki,TwoFloweredIndianMadder.

N.O.:Rubiaceae.

Clinical:Lowformoffevers;gastricproblems;nervousdepressions;jaundice. Dose:Mohtertincture ,3x, 6x, 30c.¹

43 PSORALEACORYLIFOLIA

Psoral-c.

Commonname:Babchi,Vakuchi,Latakasturi,Bavachi,Bawachi,Karpo-karishi,KaniBogi.

N.O.:Leguminosae.

Clinical:Leucoderma ,streptococci,

Hasapowerfulactionagainsttheskinstreptococci.Locallybeneficialinthetreatmentof leucodermaanon-syphiliticorigin.Itdilateshearteriolesofthesubcapillaryplexus; plasmacontentintheareaisincreasedanditbecomeshyperemic,themelanoblastsare stimulatedleadingtopigmentformation;itdiffusesintothedecolourisedleucodermic patches.

Dose: Mother tincture. ¹

44 RAUWOLFIASERPENTINA

Rauw.

Commonname:Chandra,Sarpagandha,Chandrika,Chandra,Chotachand, Dharmarna,Dhanbarua, Covanmilpori, Patalagandhi.

N.O.:Apocynaceae.

Clinical:Hypertension;mania.Dose:

Mother tincture. ¹

45 SOLANUMXANTHOCARPUM

Sol-x.

Commonname:kantikari,Nidighika,katele,Bhuringni,Warumlea,kandankattiri,pinna- mulaka.

N.O.:Solanaceae.

Clinical:Hoarseness;aphonia;bronchitis; pneumonia;bronchopneumonia;asthma;fever;suppression ofurine;renalcalculi.Anextellentremedyforhoarsenesswithcough.Respiratorydiseaseswithaphonia. Catarrhalfever.Asurepreventiveagainstmallpox .

Dose:Mohtertincture,2x,3x.¹

46SYZYGIUMJAMBOLANUM

Syzyg.

Commonname: Kalajam, Nilaphala, Jaman, Jambudo, Nacraedu, Navil, Nagum, Naval, Sittalchini,

Blackplum. N.O.: Myrtaceae

Clinical: Diabetes mellitus and insipidus; prickly heat; diarrhea; dysentery; scorbutic Gums. The most powerful remedy in diabetes mellitus; causes a marked diminution and disappearance of sugar in the urine; polydipsia; polyuria; profound prostration and emaciation. In cases of sore throat and spongy gums, a decoction of its bark is used as a gargle. Especially suited to patients who suffer from chronic dyspepsia.

Dose: Mother tincture, 2x, 3x.¹

47. TERMINALIA ARJUNA

Term-a.

Commonname: Arjuna, Vellaimarudamarum, Shardul, Sajadan

N.O.: Combretaceae.

CLINICAL: Angina pectoris, fractures; ecchymosis; gonorrhea; spermatorrhea; vertigo.

Diseases of heart, both organic and functional; angina pectoris; suffocation; vertigo. In fractures, pains all over the body owing to a fall and all sorts of ecchymosis, the action of this drug in such cases is supreme. It is also efficacious in spermatorrhea and in gonorrhea.

Dose: Mother tincture, 3x.¹

48. TERMINALIA CHEBULA

Term-c

N.O.: Combretaceae

Commonname: Haritaki, Abhaya, Pathya, Har, Harara, Harrar, Hirda, Harda, Kadakai, Kadut-key (tree), Kadut-Kaypinji (fruit), Karaka, Kurka (tree).

Clinical: Bleeding piles; diarrhea; chronic dysentery; constipation; biliary colic; headache; vertigo; dropsy; skin diseases; glossitis. Remedy for piles, constipation, chronic dysentery, dropsy, chronic diarrhea and some skin diseases.

Dose: Mother tincture, 3x, 6x, 30c.¹

49. TINOSPORA CORDIFOLIA

Tinas.

N.O.: Menispermaceae.

Common name: Gulancha, Ninjara, Guluchee, Guruchi, Gilo, Gularich, Gulwali, Gharol, Gula-
veli, Shindil, Kodi, Tippitige, Guluchi, Amritvel, Heart-leaved.

Clinical: Seminal debility, fevers; intermittent fevers; jaundice; splenic affections; leprosy; leucorrhoea; rheumatism; skin diseases; secondary syphilis; genito-urinary problems; gonorrhoea; dysuria; pyuria; etc.

Atonic patient is extremely weak owing to repeated attacks of fever and exhausted seminal emissions. An excellent remedy for intermittent fevers, jaundice, torpidity of the liver, bilious vomiting and leprosy.

Dose: Mother tincture, 2x, 3x, 6x.¹

50. TRICHOSANTHES DIOICA

Trich.

Common name: Patal, Patola, Parver, Palwal, Kombu-pudalai, Kammu-potla, Wild-Snakegourd.

N.O.: Cucurbitaceae.

Clinical: Chronic and acute malarial fevers, Kala-azar, nausea and vomiting; chlorea; dysentery; hepatomegaly; jaundice; splenomegaly. Burning sensation all over the body with thirst and desire for cold things. In all kinds of fever with predominance of biliary symptoms. Extreme weakness, restlessness and sleepiness.

Dose: Mother tincture, 3x, 6x, 30c.¹

51. VERNONIA ANTHELMINTICA

Vern-a.

N.O.: Compositae.

Common name: Somaraja, Somraj, Bakchi, Kalu-jiri, Kadvo-jiri, Kattu-Shiragam, Adavi-jilakara.

Clinical: Anti-helminthic; threadworms; Worm problems. It has a remarkable anti-helminthic property and it is distinctly effective in threadworm infection. It is also useful in problems arising as a consequence to Worm problems; nocturnal enuresis, grinding of teeth at night, etc.

Dose: Mother tincture, 3x.¹

CONCLUSION:

The Indian remedies mentioned in Boericke's Materia Medica show how Homeopathy has drawn strength from the rich medicinal heritage of India. These drugs, suited to local diseases and climates, not only widen the scope of treatment but also demonstrate the global and adaptable nature of Homeopathy. Their inclusion is a testimony to the scientific efforts of both Indian and international homeopaths who proved and verified them for practical use.

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