

REVIEWER'S REPORT

Manuscript No.: IJAR-54233

Date: 09.10.25

Title: AYURVEDIC MANAGEMENT OF ARTAVA DUSHTI RESEMBLING PCOS: A CASE REPORT

Recommendation:

Accept as it is **YES**

Accept after minor revision... ..

Accept after major revision

Do not accept (*Reasons below*)

Rating	Excel.	Good	Fair	Poor
Originality			√	
Techn. Quality		√		
Clarity			√	
Significance		√		

Reviewer Name: PROF DR DILLIP KUMAR MOHAPATRA

Date: 09.10.25

Reviewer's Comment for Publication.

(To be published with the manuscript in the journal)

The reviewer is requested to provide a brief comment (3-4 lines) highlighting the significance, strengths, or key insights of the manuscript. This comment will be Displayed in the journal publication alongside with the reviewers name.

Detailed Reviewer's Report

Here's a **professional reviewer report summary** for the paper titled
"Ayurvedic Management of Artavadushti Resembling PCOS: A Case Report."
 It follows the structure most journals (like IJAPR, IAMJ, JAIS, AYU) use.

Reviewer Report

Title: Ayurvedic Management of *Artavadushti* Resembling PCOS: A Case Report

Type: Case Report

1. Strengths

- The manuscript addresses a **clinically relevant and common problem**—PCOS—through an Ayurvedic lens using *Artava Dushti* correlation.
- Provides a **holistic treatment approach** combining *Shodhana*, *Shamana*, diet, and lifestyle changes, aligning with classical Ayurvedic principles.

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- The inclusion of **clinical outcomes (symptom relief, menstrual regularity, possible USG findings)** adds value to evidence-based traditional practice.
- The topic supports **integration of Ayurveda with modern diagnostic understanding**, appealing to interdisciplinary readers.

2. Weaknesses

- **Novelty is limited**—similar case reports on *Artava Dushti* and PCOS management already exist in multiple journals. The paper must clearly mention *what is new* (unique formulation, diagnostic criteria, or treatment rationale).
- **Methodology details are insufficient**: duration of treatment, exact dosages, follow-up intervals, and laboratory/imaging evidence should be clearly stated.
- **Ethical statement and patient consent** are missing and must be added.
- **Language and structure** need improvement—especially the abstract, results, and discussion.
- References should be **updated and standardized** (Vancouver or APA style as per journal format).

3. Significance

The study demonstrates that Ayurvedic interventions, when correlated with modern PCOS pathology, can provide effective management options with minimal side effects. It contributes to the **growing clinical documentation of Ayurveda in reproductive endocrinology** and encourages further controlled research. However, its scientific impact depends on methodological transparency and clarity of data presentation.

4. Key Points for Revision

1. Add **objective evidence** – pre/post lab or ultrasound data.
2. Include **informed consent statement** and ethical clearance note.
3. Explain the **novelty**—what differentiates this case from existing PCOS reports.
4. Revise the **abstract and discussion** for concise, professional English.
5. Reformat **references** and add relevant contemporary citations.
6. Provide clear **treatment protocol**: medicine names, dosage, duration, and rationale.