



# International Journal of Advanced Research

# Publisher's Name: Jana Publication and Research LLP

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#### REVIEWER'S REPORT

**Manuscript No.:** IJAR-54624 Date: 3/11/2025

Title: Ferritin Without Fibrosis: Asymptomatic Hyperferritinemia in Primary Care (Case Report)

Recommendation:	Rating _	Excel.	Good	Fair	Poor
✓ Accept as it is	Originality		✓		
Accept after minor revision  Accept after major revision	Techn. Quality		<b>√</b>		
Do not accept ( <i>Reasons below</i> )	Clarity		<b>✓</b>		
Do not accept (Reasons below)	Significance	<b>√</b>			

Reviewer Name: Dr. S. K. Nath

Date: 4/11/2025

#### **Reviewer's Comment for Publication:**

This case report effectively highlights the importance of considering metabolic-associated fatty liver disease as a cause of hyperferritinemia in primary care settings. Its educational value lies in reinforcing the differentiation between iron overload syndromes and metabolic causes to prevent unnecessary interventions.

#### Reviewer's Comment / Report

#### **Strengths:**

- 1. Clinical Relevance: The paper addresses a common yet often under-investigated clinical scenario hyperferritinemia in asymptomatic patients highlighting the importance of primary care providers recognizing metabolic causes.
- 2. Clear Case Presentation: The case is well-detailed, with thorough documentation of laboratory results, imaging studies, and follow-up data, which enhances the case's educational value.
- 3. **Literature Integration:** The discussion effectively integrates recent and relevant literature, emphasizing the distinction between hereditary hemochromatosis and metabolic-related ferritin elevation.
- 4. **Educational Contribution:** The manuscript emphasizes the role of primary care physicians in early detection and differentiation of metabolic hyperferritinemia, promoting evidence-based management strategies.

#### Weaknesses:

# 1. Structural and Clarity Issues:

The manuscript contains minor typographical and grammatical errors, such as inconsistent spacing and occasional awkward phrasing, which can slightly hinder readability. The organization of sections could be improved; for example, the abrupt jump from case presentation to discussion may benefit from subheadings for clarity.

# 2. Limited Depth in Pathophysiology:

While the paper mentions the association between metabolic syndrome and ferritin elevation, a deeper explanation of the underlying mechanisms would strengthen the scientific rigor.

# 3. Lack of Visual Aids:

Inclusion of relevant figures or tables summarizing the laboratory trends, imaging findings, or diagnostic algorithms would enhance understanding.

# 4. References and Citations:

Some references are incomplete or improperly formatted in the provided extract (e.g., inconsistent numbering and reference styles). Ensuring proper citation formatting and updating references to include the most recent data would improve credibility.

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#### **Recommendations for the Author:**

- Correct typographical and grammatical errors to improve readability.
- Enhance the manuscript's structure with clear subheadings and logical flow.
- Expand on the pathophysiological mechanisms linking metabolic syndrome, fatty liver, and ferritin elevation.
- Incorporate visual aids, such as graphs or tables, to illustrate key data points.
- Standardize references and cite recent relevant literature to reinforce the discussion.