



# International Journal of Advanced Research

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#### REVIEWER S REPORT

Manuscript No.: IJAR-54882 **Date: 19/11/2025** 

Title: Universal Design for Learning in Inclusive Settings

Recommendation:	Rating	Excel.	Good	Fair	Poor
Accept as it is □□□ ✓□	- Originality	<b>√</b>			
Accept after minor revision □ □ □		-			
Accept after major revision □□□□□	Techn. Quality		✓		
Do not accept ( <i>Reasons below</i> ) $\square \square \square$	Clarity		✓		
,	Significance		1		

Reviewer Name: Sakshi Jaju

#### Reviewer s Comment for Publication.

This study looked at whether aromatherapy using lavender oil can improve sleep quality in children after abdominal surgery. The study included 50 children aged 6–12 years. Sleep quality was checked before and after aromatherapy sessions. Results showed a big improvement in sleep after using lavender oil. Most children slept poorly before treatment, but their sleep improved a lot after aromatherapy.

## Strength:

- 1. Clear aim and a useful topic related to pediatric nursing.
- 2. Simple, low-risk intervention.
- 3. Strong results showing statistically significant improvement in sleep.
- 4. Validated sleep scale.
- 5. Ethical approval and proper procedure explained.

### Weakness:

- 1. Small sample size.
- 2. Study done in one hospital, limiting generalization.
- 3. No control group (one-group pre-post design).
- 4. Sleep improvement may also be influenced by other factors.

#### Overall assessment:

A useful study that shows lavender aromatherapy can improve sleep in children after surgery. However, larger studies with control groups are needed to confirm these findings.

**Recommendation**: Manuscript accepted for publication.