

REVIEWER'S REPORT

Manuscript No.: IJAR-55036

Date: 02/12/2025

Title: A COMPARATIVE STUDY TO ASSESS STRESS AND COPING PATTERN AMONG ADOLESCENT STUDENTS IN SELECTED CBSE AND STATE BOARD SYLLABUS SCHOOLS

Recommendation:

Accept as it is ☐☐☒☐☐

Accept after minor revision ☐☐☐☐

Accept after major revision ☐☐☐☐

Do not accept (*Reasons below*) ☐☐☐

Rating	Excel.	Good	Fair	Poor
Originality		✓		
Techn. Quality	✓			
Clarity		✓		
Significance		✓		

Reviewer Name: Sakshi Jaju

Date: 02/12/2025

Reviewer's Comment for Publication.

This study compared stress levels and coping patterns of 100 students (50 CBSE, 50 State Board) aged 15–16 years. A stress scale and coping scale were used. Most students in both groups had moderate stress (CBSE 74%, State Board 70%). Most students had good coping skills (CBSE 82%, State Board 80%). Statistical results showed no significant difference between CBSE and State Board students in stress or coping levels.

Strength:

1. Covers an important topic student stress.
2. Uses a clear comparison design.
3. Adequate sample size .
4. Tools used are structured and validated.

Weakness:

1. Too much descriptive data; results could be more concise.
2. No discussion of why stress levels are similar.
3. Limited to one city; results cannot be generalized widely.
4. No qualitative insights or student feedback included.

Overall assessment:

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A useful and well-organized comparative study showing that CBSE and State Board students experience similar stress and coping levels.

Recommendation: Manuscript accepted for publication.